

SACHET - Pakistan

Society for the Advancement of Community, Health, Education & Training



Progress Report 2008

SACHET operates on the deep conviction that it is here to give optimism to the disadvantaged in society. Therefore Faiz's stirring; poetic salute to the socially marginalized serves as an appropriate poetically articulated vision statement for our organization.

We Shall live to see

We Shall live to see,
so it is written,
We shall live to see,
The day that's been promised,
The day that's been ordained;
The day when the mountains of oppression
Will blow away like wisps of cotton;
When the earth will dance
Beneath the feet of the once enslaved;
And heavens'll shake with thunder
Over the heads of tyrants;
And the idols in the House of God
Will be thrown out;
We the rejects of the earth,
Will be raised to a place of honour.
All crowns'll be tossed in the air,
All thrones'll be smashed,
And God's word will prevail,
He who is both present and absent
He who's beheld and is the beholder.
And truth shall ring in every ear,
Truth which is you and I.,
We, the people will rule the earth
which means I, which means you.

(Faiz Ahmed Faiz)
Translated by Khalid Hassan

"Faiz Ahmed Faiz (1911-1984) was one of the leading, if not foremost, poets of the Indian subcontinent during the greater part of the last century. Listed four times for the Nobel Prize for Poetry, he was often compared to his friend Pablo Neruda, a Chilean revolutionary poet and Nobel prize winner. Of Faiz's multifaceted talents, which led him to become, amongst other things, an activist for human rights and liberties, a famous journalist and editor of literary magazines (Urdu and others), trade unionist and film song writer, it is his poetry which will, no doubt, best survive the test of time." (Dr. Sarvat Rahman, editor and translator of 100 poems by Faiz Ahmed Faiz, 2002 [translated from Urdu]).

ہم دیکھیں گے

ہم دیکھیں گے
لازم ہے کہ ہم بھی دیکھیں گے
وہ دن کہ جس کا وعدہ ہے
جو لوحِ ازل میں لکھا ہے
جب ظلم و ستم کے کوہِ گراں
روٹی کی طرح اُڑ جائیں گے
ہم محکوموں کے پاؤں تلے
جب دھرتی دھڑ دھڑ کے گی
اور اہل حکم کے سر اُپر
جب بجلی کڑکڑ کرے گی
جب ارضِ خدا کے کعبے سے
سب بُت اٹھوائے جائیں گے
ہم اہلِ صفا، مرد و وِرم
مسند پہ بٹھائے جائیں گے
سب تاج اُچھالے جائیں گے
سب تخت گرائے جائیں گے
بس نام رہے گا اللہ کا
جو غائب بھی ہے حاضر بھی
جو منظر بھی ہے ناظر بھی
اور راج کرے گی خلقِ خدا
جو میں بھی ہوں اور تم بھی ہو
(فیض احمد فیض)

Dedication

This report is dedicated to the marginalized and destitute community of Pakistan who is deprived of the basic necessities of life and still has a strong belief in the goodness of struggle in tough and unfavourable circumstances.

Acknowledgments

A very special thanks to the community and SACHET team members for making this report possible.

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We are because we dream!

We at SACHET have a dream of a just and prosperous society where everyone enjoys self esteem; can exercise freedom of choice; must have equitable access to opportunities; and does demonstrate tolerance of the divergent opinion, outlook, life style and life choices.

We pledge to help realize this dream in collaboration with other partners, with a positive preference for women, the marginalized and the disadvantaged.

In our passionate pursuit, we carry empathy, integrity, commitment, gender sensitivity and social sensibility at the back of our mind.

We invite you to share our dream. While reading this report, understand our small but significant efforts in the context of the huge but inevitable challenge we are facing, and do offer a bit of your passion in the form of a suggestion, an advice, a few hours in the form of volunteerism, or come forth and be part of our 'adopt a student' initiative.

Let us all make this world a better place to be; let's start with our immediate sphere of influence: our heart and mind; our home, our neighbourhood, our village, town, city and soon we shall see that our immediate environment has become different: far better, far brighter, far peaceful and far prosperous! Provided we keep our efforts afloat, very soon we shall have a new Pakistan – far better, for brighter, far prosperous and far more plural. Dreaming and endeavoring for the better are contagious. Spread this affection infection for a change!

Happy Reading!

About this report

This report covers the programmatic activities of SACHET from 1st July 2007 to 30th June 2008. SACHET has completed its nine years in May 2008. We are aiming to bring out a 10 year report by way of the next annual report.

This report is a mix of hard and soft contents. The contents are concise supported by references to web-based detailed documents which can be accessed by those who need it. In case, a reader does not have access to web and needs some documents, those can be obtained from AGEHI Resource Centre.

The report has four parts. Part One is about the organization, its vision, mission, goal and objectives; the board of directors and the Team who helps translate its dreams to reality. Part Two is about what we do: our efforts, our contributions to development and our accomplishments in the reporting year. Part Three is about our partnerships with other NGOs, government agencies, international development partners (donors & I-NGOs), and the communities we work with and for. Part Four presents the information we deem essential to share: our financial information audited reports; budgetary information; addresses of our offices; and links to our public interest resources.

Several people have contributed to the making of this report. While Executive Director is responsible for the final outcome, the process entails contributions of many, at several levels. It starts with the periodical reports of field activities; contribution of the unit heads, programme executives, programme managers, volunteers, the Board Members and the technical advisors.

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Part One

The Organisation

SACHET - Pakistan

Society for the Advancement of Community, Health, Education & Training



Section 1

What inspires and guides us!

Our vision, mission and goal provide the road map; our objectives guide us about major milestones and our values give us the road sense in our journey. They are:

Vision

We strive in partnership with community, public & civic society organizations to develop a society based on three core values of sustainable human development, self esteem, freedom of choice and tolerance; a society where all have equal access to opportunities and justice irrespective of gender, color, race and status.

Mission

Promoting Human Development of the disadvantaged in Gender Perspectives.

Goal

Providing (cultural, financial and geographical) access to health, education and livelihood opportunities irrespective of gender, religion and social class.

Objectives

- To promote gender sensitivity media advocacy on development issues especially HIV & AIDS, youth and gender based violence.
- To promote awareness regarding Reproductive Health & Family Planning for women and men.
- To promote awareness sensitivity about ASRH (Adolescents Sexual and Reproductive Health) rights, information, education and services.
- To promote gender awareness and sensitivity in Pakistan.
- To narrow gender gaps in health education and economic participation.
- To promote economic empowerment of the disadvantaged.
- To promote social investment in the development of the Pakistani youth.

Values

Our values viz. empathy, tolerance, loyalty, integrity, peace, gender sensitivity and dedication keep our road sense intact in our journey.

Section 2

The Board of Directors

SACHET is lucky to have committed, prominent and respected body of board of directors in the following persons.

Dr. Abdul Qadeer Khan (NI & Bar & HI), President

Mr. Muhammad Faheem (ndc), Secretary General

Dr. Riaz Ahmad Chauhan – HI (M) (Member)

Mr. Sajawal Khan (Member)

Prof. Dr. Mushtaq Khan (Member)

Dr. Nilofer Mehdi (Member)

Prof. Dr. Khalida Waheed (Member)

Dr. Azra Iftikhar (Member)

Dr. Razia Rauf (Member)

Dr. Rakhshinda Perveen, Executive Vice President

Section 3

Message from the President, SACHET-Pakistan

Pakistan needs concrete actions against hunger, illiteracy, disease and violence and injustices against all disadvantaged communities particularly women and girls. Our organization is struggling to make a difference in Pakistan - despite all odds and difficult circumstances. Our contribution at grass root level goes beyond service delivery in health and training. We are endeavoring to educate a generation who is prepared to look at the issues that add to human development appreciatively, and the ones that retard it critically. We are hoping they would challenge the centuries old patriarchy, structural discrimination and silence on violence, constructively and through non-violent means.



SACHET Pakistan has earned its distinctive presence among the hundreds of non-state developmental actors in Pakistan through a sustained zeal and by adhering to the principles of cultural sensitivity and community partnerships. Concurrently, we work with different organs of state like media, judiciary and legislators by contributing to their capacity to understand the issues more realistically and solve them more thoughtfully. This we do by sharing information and insights springing from our work with different communities.

For us the key indicator of success and growth is the social acceptance of our services and visible expansion of skilled human resources in the areas we work. Therefore, our constituency remains people whose human development we aspire to add to.

Today - while remaining fully cognizant of the facts that many a barriers have stymied our progress and hampered us from achieving our mission as we had aspired at the inception - I feel proud of the genuine success of SACHET Pakistan. I would like to sincerely thank my colleagues in the Board of Directors, our volunteers, our executive team members, well wishers and donors from different aid and development agencies for helping us in our achievements. I look forward to their continued support and cooperation and pray that our team remains vibrant and on course.

A handwritten signature in black ink, appearing to read 'Dr. Abdul Qadeer Khan', written over a horizontal line.

Dr. Abdul Qadeer Khan (NI & Bar, HI)
1st December 2008



Part two

We are nothing; what we do is everything!

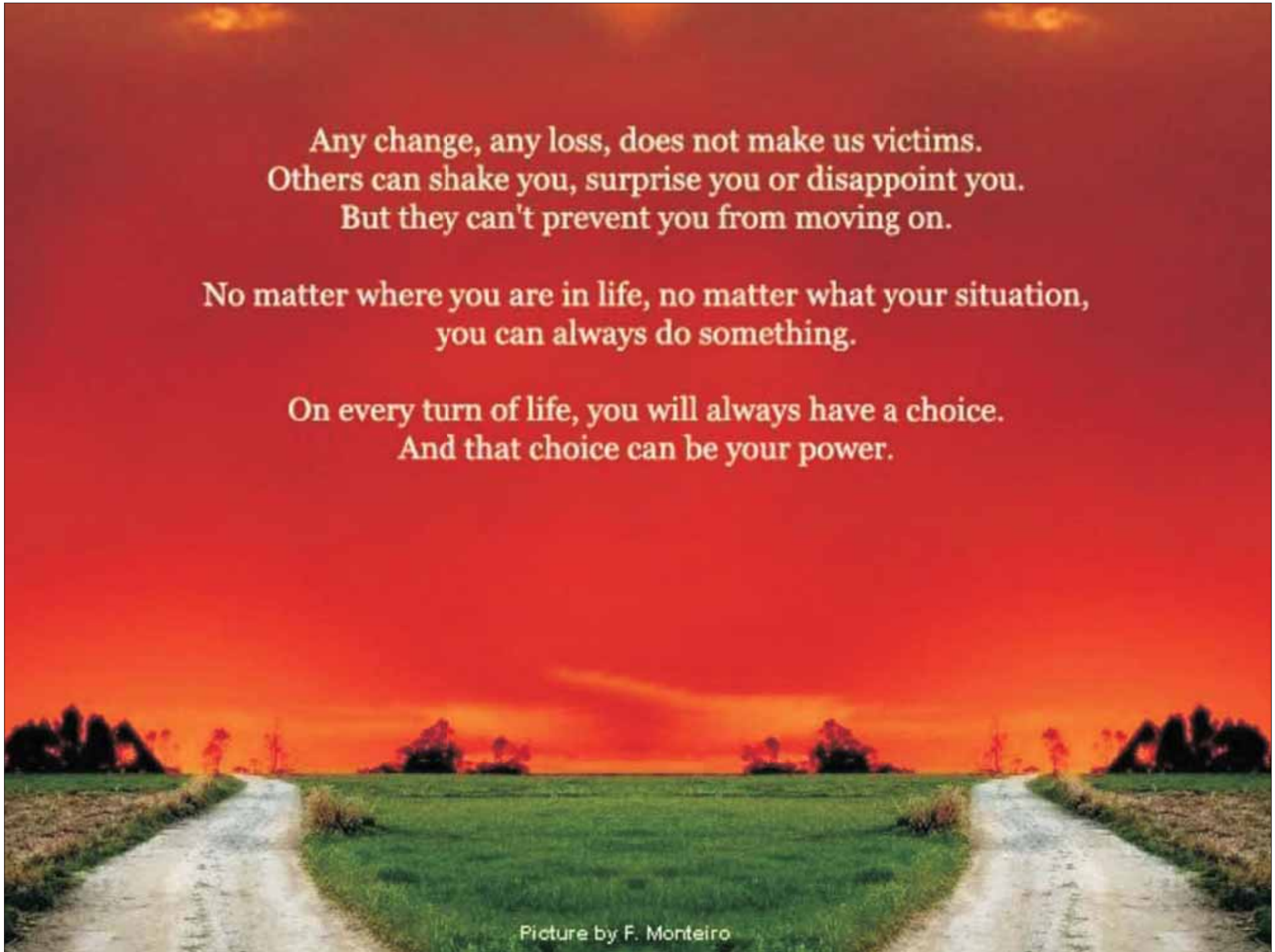
The summary of our struggle

Any change, any loss, does not make us victims.
Others can shake you, surprise you or disappoint you.
But they can't prevent you from moving on.

No matter where you are in life, no matter what your situation,
you can always do something.

On every turn of life, you will always have a choice.
And that choice can be your power.

Picture by F. Monteiro



Steady walks are A Note by the EVP

We walk steadily because we consistently overcome slips & falls; not because there are none!

The time between July 2007 and June 2008 have been very important to Pakistan in many ways: In Pakistan, the lawyers' movement showed the way to Civil Society in how activism can be aligned with political and democratic goals for change of scale. Judiciary evinced public interest activism, made us proud albeit paid heavy price for that. Dictatorship ended through democracy; though it would be a while before the democracy seeps into nooks and corners of social and political system of Pakistan. Extremism and intolerance touched new heights. Violence against women remained unabated, and in our view, its deplorable worst was the killing of Mohtarma Benazir Bhutto.



Elsewhere, the most significant event has been the nomination of an African American as Presidential candidate by a major political party in the USA; and his subsequent election in the popular voting. That incidence tells us that tings take time, and attitudinal changes take far longer than many of us wish and hope. That also tells us consistent and sustained efforts do bear fruits, if not for those who struggle, then perhaps for the next generation or the generation after that. That is one realization which inspires us at SACHET and strengthens our belief in a mega change, somewhere down the road, as result of our apparently small but actually very significant efforts in our fight against dowry, in our struggle for gender harmony, in our passion for equitable participation, and in our dream of ending discrimination against the weaker.

Development also suffered both in its output & outcome. Both economic marginalization and poverty increased, in magnitude and severity. However, SACHET kept walking steadily; not because we walked less, walked slowly or walked in circles. But because we walked with more knowledge of the difficult socio-traditional terrain, holding each other's hands, with higher determination and against all odds.

This year may not have been greater that previous years in numbers; but it has been very significant – for us - in maturity of interventions, depth of engagement, and substance of partnerships.

I would like to thank those who trusted us either as community partners or I-NGOs or donors; and I would commend the SACHET Team who demonstrated tireless efforts and infallible belief in the potential and goodness of collective action.

Rakhshinda
Dr. Rakhshinda Perveen
17th November, 2008
Islamabad, Pakistan

WALK FOR PAKISTAN
SACHET
AN ORGANIZATION FOR PAKISTANIS BY PAKISTANIS
پاکستانیوں کی تنظیم پاکستانیوں کیلئے



Section 1- The purpose and philosophy of our work

SACHET's inception is result of trust in a dream. The journey started in May 1999, when trusting the worth of the dream and idea presented by Dr. Rakhshinda Perveen, Dr. A Q Khan, reached out to his friends and philanthropists to initiate a Pakistani organisation by Pakistanis. Thus SACHET came to being. Ever since, the SACHET Team, like its President and the Executive Vice President have weathered many storms to steer its through thick and thin and bring SACHET where it is today.

When SACHET started the themes and resolutions adopted at CEDAW, ICPD & +5 and Beijing's Platform for Action were gaining popular currency amongst activists and CSOs. It was also a time when the service delivery models were being rethought and rights based approaches to development were being considered.

SACHET combined advocacy and service delivery in an optimal and prudent manner. We chose to work with communities because we believed that is – and ought to be – the fundamental constituency of engagement for development, change and progress. We chose health, education, and poverty alleviation as arenas of priority action and engagement because these are critical in enabling or disabling a person or a group to move up and forward in life and society. We took the path of capacity development through imparting training and skills because they are the possessions which increase in value with more use. Then, above all of this, we built our advocacy programmes because we wanted our advocacy efforts to have the voice of real women and men we worked with and learnt from and about the real life issues they lived with in their daily, cruel reality and routine.

Two cross-connecting considerations were that we would seek positive action for the lesser visible gender (women) and the beneficiaries of all our efforts would be selected without any prejudice or bias.

Starting with one clinic, in a small but surefooted way, today SACHET is a known name amongst the national NGOs. It is because of our philosophy, that is, trust in your own and others' dreams; design purposeful partnerships; and look at the potential impact more than the possible profile of an effort.

Our presence in Islamabad has been auspicious for our close working with government agencies both as an informed partner, and reliable voice for lobbying for the right causes at the right time.

To conclude, the purpose and philosophy of our approach is that development intending social transformation is result of collective action based on trust and an idea of mutual benefit. Both the efforts and results in this endeavour do not flow in a linear manner, but they run in a dynamic confluence in many directions. This means, in this endeavour there are no binaries of givers and takers; every giver is a taker also, and every taker, ends up giving a lot.

Section 2 – A summary of efforts and results

Integrated initiative leading to comprehensive engagement in the areas of operation is the way we can describe our programmatic outreach and presence. SACHET has several operational arms and functional forms that translate its vision, mission, goal and objectives into tangible activities, events, engagements, steps and outputs that together lead to measurable impact and traceable outcome.

This report records our efforts and their results in thematic order of health; education & training; economic empowerment; advocacy; and networking & alliance building. The next part also reports about our partners and partnerships.

Health –RAH (Responsible Actions for Health) Program

This is SACHET's largest service delivery programme, and about 70% resources are allocated to activities in this area. Our efforts under this theme have various integrated forms under the umbrella title of RAH – Responsible Action for Health.

RAH (راہ) is an Urdu word for way, and this programme serves the communities in two ways: A, by showing (sensitizing) them about healthy life styles and life choices through preventive health education; and B, by obviating financial, cultural and geographical hurdles in the way of community in accessing health services.



During the reporting year, SACHET continued to serve communities through its four major clinics at four locations. It also operated seven Primary Health Care (PHC) outlets in seven slums of Islamabad as part of a project with Plan international. Besides, as part of its awareness raising activities about adolescence and reproductive health, it ran several periodical but regular health corners in areas of its operations (Rawalpindi, Islamabad, Chakwal, Attock and Mansehra). SACHET also managed a charity hospital in Village Sirmik of Baltistan, Northern Areas.

During the reporting year, SACHET freely distributed medicines worth Rs. 1.3 million to about 27,000 patients at its OPD facilities. The average turn over per day comes to 672.

SACHET also managed a project 'Promoting Responsible & Healthy Behaviours (PRHB)' in partnership with Plan Pakistan. Almost 70,000 inhabitants of eight targeted slums (66 Quarters, 100 Quarters, 48 Quarters, Shakrial, Ali Pur Farash, Faisal Colony, Hansa Colony, France Colony) benefited from the project. A detailed report of this project can be seen at www.sachet.org.pk/PRHB.

SACHET also managed Reproductive Health Initiative for Adolescent (RHIA) in partnership with Plan International in Chakwal. This project witnessed huge outreach and it tested engaging models of involving youth. It formed youth peer groups, who acted as enablers in disseminating the healthy messages. The project convened 771 workshops. It also operated youth friendly centres (YFCs) where about 45,000 young persons visited and benefited. Detailed and desegregated data regarding this can be accessed at www.sachet.org.pk/RHIA.

"I am 16 years old girl studying in 1st year of college. One day my parents told me their decision of getting me married with a boy. I was mentally prepared to give my arguments against early marriage to my parents as I was sensitized about the early marriage problems by our Youth Friendly Center manager and SACHET Team.

Because of my exposure at YFC, I strictly stopped my family from taking any further step towards my marriage, told them about the benefits of education and about the problems related to early marriages. I ultimately became successful in convincing them on my viewpoint and am now enjoying my college life!"

<YFC member from District Chakwal>

SACHET and UNFPA joined hands in the implementation of a project in Mansehra, titled 'Pakistan Programme for Adolescent and Reproductive Health (PPARH). Under this project, besides other engagements, an interesting and successful experiment was done under the title of 'women friendly spaces'; which provided women with an avenue to interact and share knowledge about their physical, social and reproductive health and healthy choices in the strict traditional environments of Mansehra. The project phased out in June 2008.

Ansa's mother used to beat her as she had found sperm like stains on her Shalwar and due to which she used to believe that Ansa was involved in sexual activities with her uncle. The torture continued for quite a few days when a neighbor came to know about the situation, she asked Ansa's mother to come to her house and also invited SACHET's master trainer.

The trainer convinced Ansa that the stain which she found on her daughter's Shalwar were not of sperm but of leucorrhoea which is a sign that her daughter's reproductive system is functioning properly and that she had not done anything wrong.

After meeting the trainer, mother relationship with her daughter improved to a significant extent and now Ansa is living a peaceful life with her family.

<A survivor's story>

One day we came to know that one of our fellow villagers was going to get her 13 years old daughter married with a 50 years old man as he had not enough money to pay back a loan amounting Rs40,000/- to the old man. We the peers went to the girl's house and requested him not to do so but he did not listen to us. Then we all approached our village's Advisory Committee formed by SACHET and took them to the girl's father. The committee members tried their level best to convince her father so that he changes his decision but he refused to act on their advice.

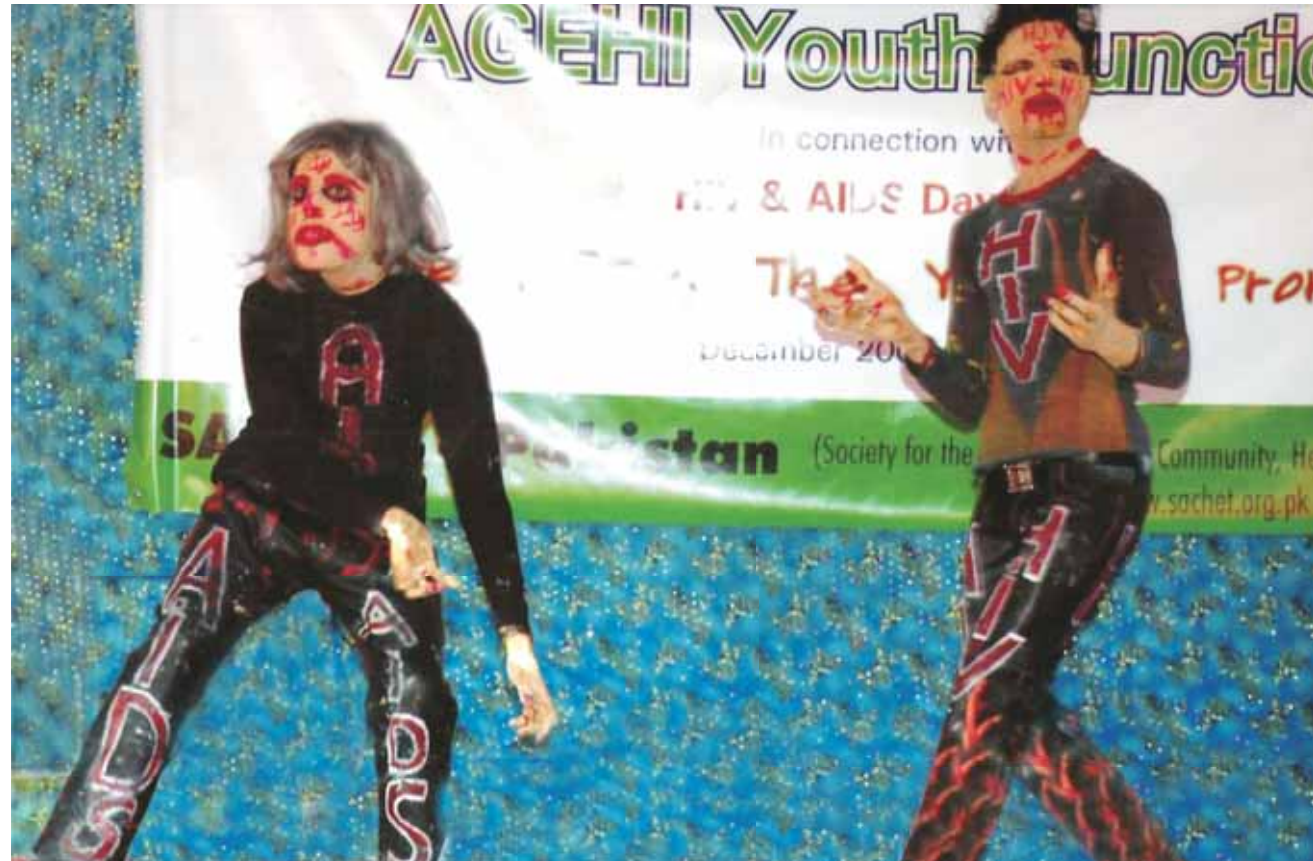
Resultantly, the old man with his friends came to marry the little girl, at that time we the peer educators stopped them on their way to the girl's house. The old man and his companions agreed not to marry the girl provided that he was given back the money which the girl's father had borrowed from him. The advisory committee members and the area UC Nazim arranged the money for him and this was how the girl was released from the mental torture which she was going through.

<A story shared by a girl peer educator>

As part of two initiatives of SACHET i.e., RAH (Responsible Action for Health) and ARH (adolescent & reproductive health), the organisation kept special focus and gave specific preference to the issue of HIV/AIDS in its work with communities.

SACHET views HIV/AIDS as modern reincarnation of plague, which causes unmatched psychological scare, physical maiming, stigmatisation and social exclusion. Therefore, in its programmatic approach, SACHET does not tackle HIV/AIDS considering it merely a clinical or a health challenge. These two also have social, psychological, attitudinal and cultural connotations also.

In the reporting year, SACHET reached out to community through two tools of engagement: awareness raising workshops and sessions; and through theatrical performances. SACHET organised 73 sessions for young persons in Chakwal, Rawalpindi and 8 slums of Islamabad. Out of these 73 sessions, 31 sessions were for women and 42 for men. A total of **1520** persons attended these sessions; out of them **970** were men and were women.



SACHET arranged 35 theatrical performances for the communities during the reporting year. Out of these, 15 performances for female audiences and 20 for male audiences, which were attended by **2852** persons, which included **1102** women and **1750** men.

Education and Training – Khazeena and Survival Kit Training Program

Education, as the folk wisdom holds, is termed as a treasure which neither anyone can steal, nor it depletes with usage. It rather increases in value with more usage and application. That is the insight behind naming one part of our education programme as Khazeena, which means a treasure. The other face of education programme is technical training at SACHET's computer centre.

Under Khazeena-Education Program, three projects are being implemented i.e Dr. A.Q Khan Scholarship, Computer Training and Documentation Center. Dr. A. Q Khan Scholarship is being provided to the deserving students through out the country irrespective of religion, colour, race and ethnicity. In the reporting year, about Rs. 84,000 were disbursed to 15 students by way of scholarships which ranged from Rs. 200 to Rs. 4,000 per month. The amount of scholarship varied with the expressed needs of the deserving students according to their age and the level of education they were engaged at.

The computer training centres trained 252 students in the reporting year (134 girls; 118 boys), who paid a nominal fee also to ensure they had ownership of the facility and thus valued the services seriously. The fees thus collected amounted to Rs. 85,200.

The Documentation Center is well equipped with books, manuals, research studies and reports from the other organization/donor agencies and is used as a reference material for the academia, development professionals, journalists and students.



Internship, in-house/external capacity building for staff and training for the other organizations is being carried out under Survival Kit Training Program. During the reported period 38 fresh graduates were inducted as interns whereas three team members of SACHET participated in international training program of South Asian Fund Raising Workshop at Agra, India and 16 employees were provided with the opportunity of enhancing their Knowledge, Skill and Attitude at the National level Training Workshops.

SACHET convened a two-day national workshop for print media professionals from all over Pakistan. The workshop participants deliberated on the 'Communicating Gender in Print Media' which was held in Islamabad on 12-13 December 2007. For detailed report visit www.sachet.org.pk/WhatsNew



Economic Empowerment

SACHET's economic empowerment programme is titled 'Poverty Alleviation Cum Income Generation (PACIG)', which has its roots in an earlier initiative 'Women's Vision' with Hawwa Crafts in 1999. Over the years it has matured, and now there are three projects under this programme viz. Shop for a Cause; SACHET Gallery; and Learn to Earn.

At Shop for a Cause, visitor purchased goods worth Rs. 77,596 in the reporting year benefiting an average of 22 deserving and talented artisans per month ; whereas, 266 persons obtained skills under the 'Learn to Earn' initiative, at SACHET's Craft Training Centre. Their contribution to fee was Rs. 27,800. SACHET Gallery displayed crafts of deserving and talented persons throughout the year at no charge to them. The worth of their consignments was close to one million Pak Rupees.

To see details of products & artisans at work, please visit www.sachet.org.pk/PACIG



Advocacy

SACHET since its inception has carried out numerous research based advocacy initiatives with two fold purpose viz. informing the perspectives of policy makers in the government, and sharing field based learning with the practitioners.

SACHET believes that an active sharing of right knowledge is probably the most potent catalyst of socio-political transformation and change. With that aim and spirit in view, SACHET set up its knowledge generation & knowledge sharing wing AGEHI (Advocates of Gender, Education and Health Information) in 2006.

AGEHI (آگہی) is Urdu word for knowledge, awareness, perception and insight. The objective of AGEHI is to advocate for gender sensitization, education and health promotion by disseminating technically exact and culturally sensitive information in a sensible manner.



AGEHI Resource Centre is thus the in-house research and reference entity which informs and carries out advocacy activities. It also provides support not only to programme team but also to other researchers and partners as and when a demand is communicated.



Networks and local alliance building

SACHET generated and initiated several youth networks in the reporting year. In 2003, SACHET had started Youth Advocacy Network (YAN) but later when World Fund for Population – Who were one of the partners in an initial activity, an international conference which caused YAN - also started a network with the same title, SACHET renamed the network as DoSTI-YAN (Dare to Sensitize and Train Information-Youth Advocacy Network). This network acts as a watch dog for youth development issues at the local level, and keeps holding its regular meetings.

In the reporting year, SACHET, supported and engaged with following networks:

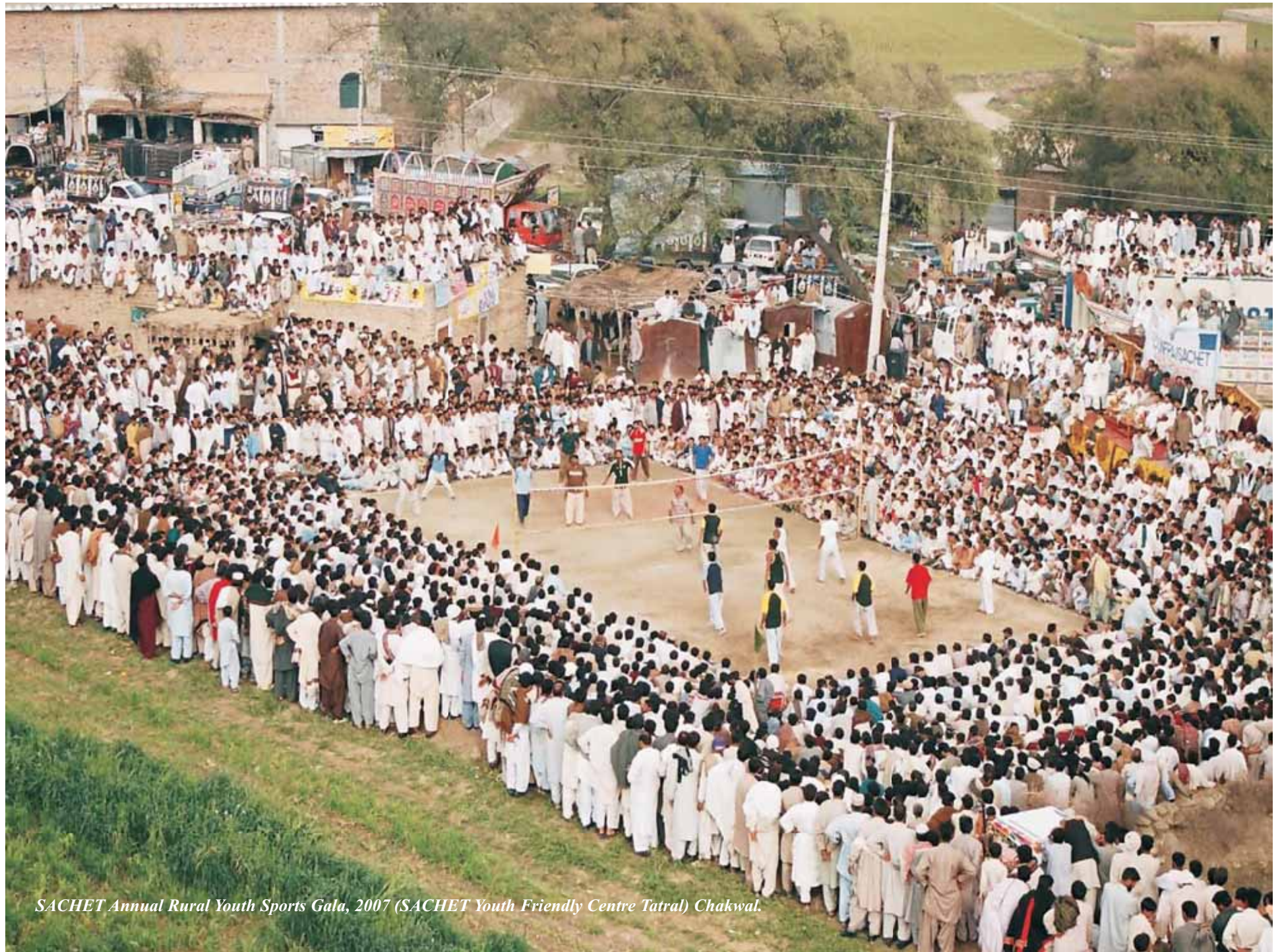
- **PRHN**
(Pakistan Reproductive Health Network)
- **IHI**
(Insani Haqooq Itehad)
- **EVAW**
(Ending Voilence Against Women)
- **Homenet South Asia**
- **PAC**
(Panjab AIDS Consortium)
- **PNAC**
(National AIDS Control Federation)
- **PAP**
(Population Association of Pakistan)
- **NATPOW**
(National Trust for Population Welfare)

- NGOs Management Committee- of
Shaheed Benazir Bhutto Women Center-
Islamabad.



This year Gender Justice through Musalihat Anjuman¹ has extended the membership of SACHET in MenEngage Pakistan Alliance thus endeavoring the contribution of SACHET in involving men to end Gender Based Violence at National level.

¹A Project implemented by GoP-M/o Local Govt. & Rural Development and sponsored by UNDP,DFID and SDC.



SACHET Annual Rural Youth Sports Gala, 2007 (SACHET Youth Friendly Centre Tatral) Chakwal.

Sustainability is the second thing after impact that SACHET looks for in an initiative. However, to kick start and sustain new ideas, SACHET set up MiRAS – Mobilization of resources & sustainability, aimed at providing sustainability to SACHET's programmes.

Small initiatives face a herculean task in accessing seed money or run up finances to start a new idea. Donors usually are reluctant to invest in experimentation however valuable and viable that may be. To overcome such issues SACHET-Pakistan envisaged a strategic move to strengthen the existing programs by identifying new venues of funding opportunities for its geographic and programmatic expansion through this concept.

MiRAS – raised about Rs. 2 million funding during the reporting year from various windows of opportunity.



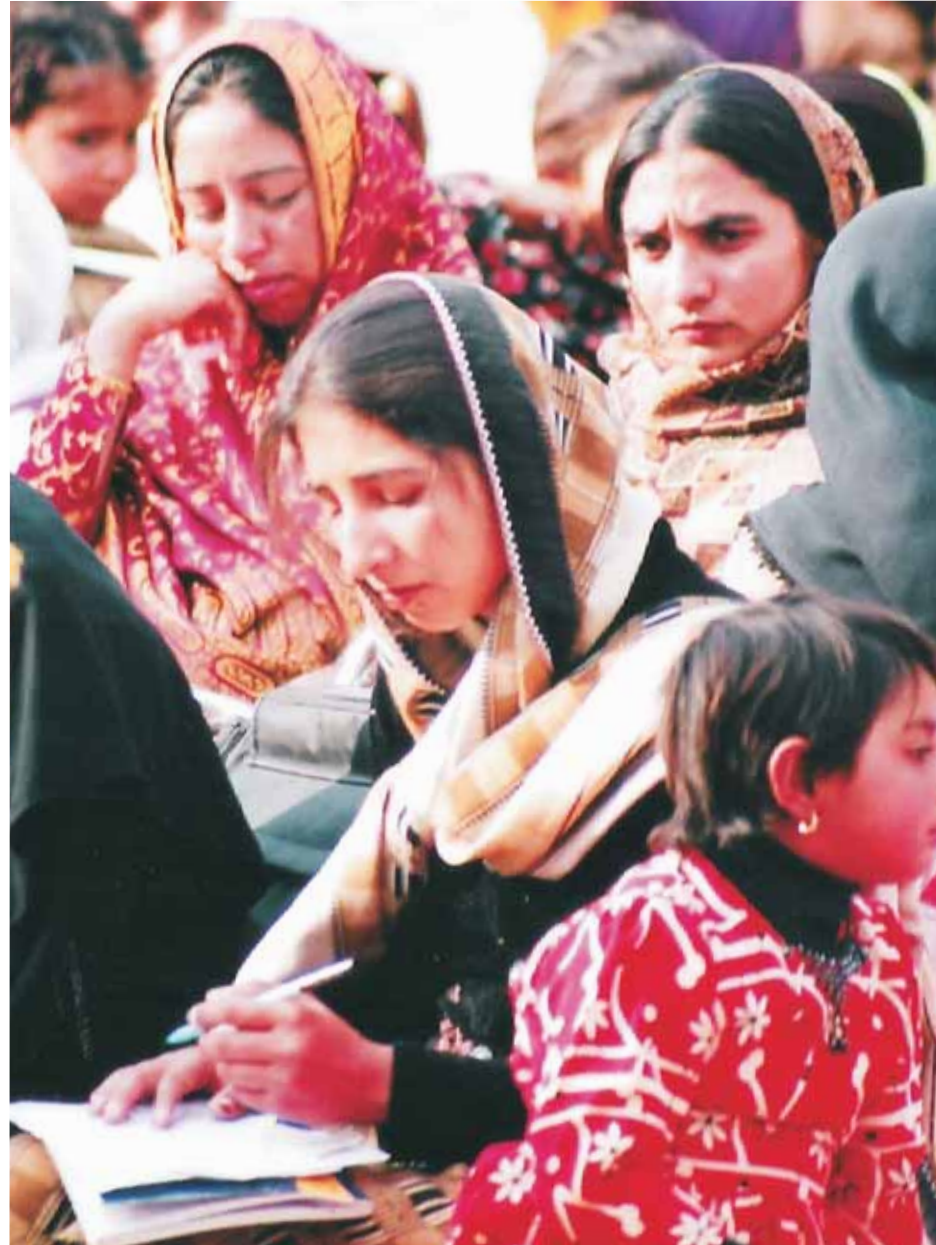
Section 3

The spillover over contribution

SACHET since its inception has been contributing in the form of what we call a spillover contribution, which is positive externality of its efforts and initiatives.

One contribution is in the form of trained human resource comprising young persons who joined the organisation as interns and leave as confident and competent workers. The other is SACHET Alumni, that is, the people who worked with us for an extended time, got exposure and training because of SACHET's enabling, staff friendly policies and non-binding job conditions, and then moved on with I-NGOs, International Donors or other government or non-government national organisations.

SACHET is planning to convene an alumni meeting of its former colleagues on the 10th year celebrations in May 2009.



Part Three

The Partners

An organization is appreciated for the company it keeps!

An organisation is appreciated for the company it keeps!

SACHET's real strength is that it is well grounded – both literally and metaphorically - in the communities it works with. It believes that the sum total of a team's work is more than the individual players can plan. Our approach premises on the folk wisdom of *aik akella do gyara* (One is one; two are eleven); therefore, we believe in pooling resources, and joining hands with other NGOs, development players and government agencies.

SACHET carried out its development work through its own resources for the first five years, and after having demonstrated sustainability and impact, it entered into partnership and collaboration with funders (I-NGOs and donors) on the issues we would have worked any way. These partnerships exhibit a local level public interest action based on a global understanding. We can also call it 'thinking global, acting local'.

we believe in pooling resources and joining hands with other NGOs, development players and government agencies.

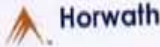
Similarly, SACHET worked with government agencies with an understanding that supporting government in a particular initiative does not mean endorsing government's all action. Secondly, working with government agencies promises impact of scale. In our periodical but regular association, we have informed the leadership, the decision makers, and the public policy efforts on issues of gender and youth, and government's efforts in curbing violence and discrimination against women under this stream.

Following is the list of our partners we associated with in the reporting year.

- Plan-Pakistan
- UNFPA-Pakistan
- UNIFEM-Pakistan

Part Four
Sharing is index of transparency!

The Financial Statements & Audited Report



Established Since 1987

Horwath Hussain Chaudhury & Co.
Chartered Accountants

147-A, Adamjee Road,
Rawalpindi-46000 Pakistan
Tel: (92-51) 5548480-5544892
Dl: (92-51) 5581678
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www.horwath.pk

**AUDITORS' REPORT
OF
SOCIETY FOR THE ADVANCEMENT OF COMMUNITY HEALTH,
EDUCATION AND TRAINING - PAKISTAN.**

We have audited the annexed Balance Sheet of **Society for the Advancement of Community Health, Education and Training-Pakistan (SACHET)** ("the Trust") as at June 30, 2008 and related statement of income and expenditure and cash flow statement together with the notes forming part thereof, (here-in-after referred to as the financial statements for the year then ended).

It is the responsibility of the organization's management to prepare and present the above said financial statements. However, we only assisted the management to prepare the financial statements from the record maintained. Our responsibility is to express an opinion on these statements based on our audit.

We conducted our audit in accordance with the auditing standards as applicable in Pakistan. These standards require that we plan and perform the audit to obtain reasonable assurance about whether the above said statements are free of any material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the above said statements. An audit also includes assessing the accounting policies and significant estimates made by management, as well as, evaluating the overall presentation of the above said statements. We believe that our audit provides a reasonable basis for our opinion and after due verification.

In our opinion and to the best of our information and according to the explanations given to us, we have found the balance sheet of **Society for the Advancement of Community Health, Education and Training-Pakistan (SACHET)** ("the Trust") as at June 30, 2008 and related statement of income and expenditure Account for year then ended to be in order and in accordance with the record provided to us.

Place: Rawalpindi,
Dated: **23 DEC 2008**


(HORWATH HUSSAIN CHAUDHURY & CO.)
CHARTERED ACCOUNTANTS

AR-REG-0108

**SACHET-PAKISTAN
SOCIETY FOR THE ADVANCEMENT OF COMMUNITY HEALTH,
EDUCATION AND TRAINING - PAKISTAN
BALANCE SHEET AS AT JUNE 30, 2008**

	Notes	2008 Rupees	2007 Rupees
ASSETS			
NON CURRENT ASSETS			
Operating fixed assets	3	34,174,651	35,519,191
Investments	4	98,713,500	98,351,232
		132,887,951	133,870,423
CURRENT ASSETS			
Inventory	5	368,699	198,130
Loan and advances	6	16,697	6,997
Trade deposits and short term prepayments	7	264,062	198,135
Other receivables	8	314,893	115,145
Accrued Income	9	1,114,770	371,962
Withholding tax	10	810,000	-
Cash and bank balances	11	3,370,793	2,880,886
		6,259,914	3,771,255
TOTAL ASSETS		139,147,865	137,641,678
FUNDS AND LIABILITIES			
FUNDS			
General fund	12	110,322,026	107,729,606
DEFERRED INCOME	13	27,286,901	29,131,612
CURRENT LIABILITIES			
Credits, accrued and other Liabilities	14	1,538,938	780,460
CONTINGENCIES AND COMMITMENTS	15	-	-
TOTAL FUNDS AND LIABILITIES		139,147,865	137,641,678


PRESIDENT


EXECUTIVE VICE-PRESIDENT


SECRETARY GENERAL 16 Dec 08



SACHET-PAKISTAN
SOCIETY FOR THE ADVANCEMENT OF COMMUNITY HEALTH,
EDUCATION AND TRAINING - PAKISTAN
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED JUNE 30, 2008

	Notes	2008 Rupees	2007 Rupees
INCOME			
Donations and voluntary contributions	16	998,747	1,298,724
Profit on investments	17	8,780,755	7,987,111
Amortization of deferred income		1,844,711	1,844,711
Profit on bank deposits	18	8,868	108,753
Other income	19	2,924,692	710,891
Income from short term projects	20	3,039,575	5,154,122
		<u>17,597,748</u>	<u>17,104,312</u>
EXPENDITURE			
Direct Program Cost			
Health Program	21	4,278,917	3,887,254
Education Program	22	666,987	484,065
AGEHI Resource Centre	23	1,134,091	1,078,121
SACHET Gallery-PACIG	24	553,811	516,421
Short term projects	25	2,294,132	2,410,797
Information Technology	26	647,917	545,867
Khazeeza	27	46,529	102,473
		<u>9,622,294</u>	<u>9,024,999</u>
Executive vice president	28	956,112	1,023,722
Management and support services cost	29	5,230,571	3,852,005
		<u>6,186,383</u>	<u>4,875,727</u>
Financial charges	30	(6,250)	(6,380)
Net surplus/(deficit) for the year		<u>1,782,421</u>	<u>3,197,206</u>

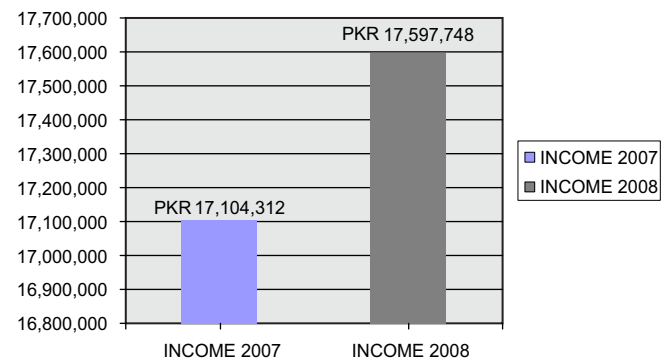
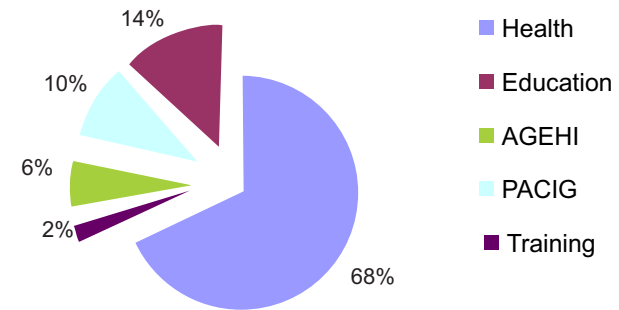
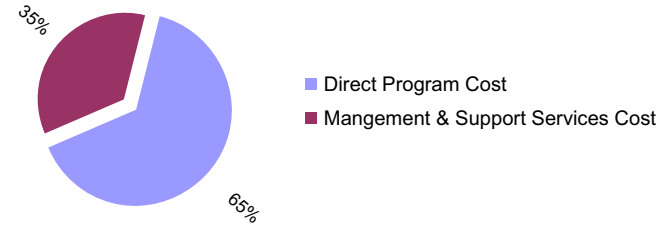
M. Iqbal
 PRESIDENT

Rashid Akbar
 EXECUTIVE VICE PRESIDENT

J. Iqbal
 SECRETARY GENERAL



Page 2



What's New (July 2008 - December 2008)

▪ PROGRAMS

Title: RHIA (Reproductive Health Initiative for Adolescent)

Location: Chakwal

Partner/s: Plan-Pakistan & Community

Title: RAH (Responsible Action for Health)

Location: Islamabad

Partner/s: Plan-Pakistan & Community

Title: Libraries Project

Location: Islamabad

Partner/s: District Administration, Islamabad & Community

Title: Annual Rural Youth Summit 2008

Location: Chakwal

Partner/s: AGEHI Resource Center, UNFPA & DoSTI-YAN

Title: Christmas Gala for Communities in Slums

Location: Islamabad (Slums)

Partner/s: Plan Pakistan, Church & Community

▪ ALLIANCES

Name: Men- engage National Alliance

Level: National

Key objective: To involve men in eliminating Gender based violence

▪ **RESEARCH & ADVOCACY**

Title of research: Research study on the issue of dowry including gender based violence in Pakistan.

Partner/s: UNIFEM Pakistan

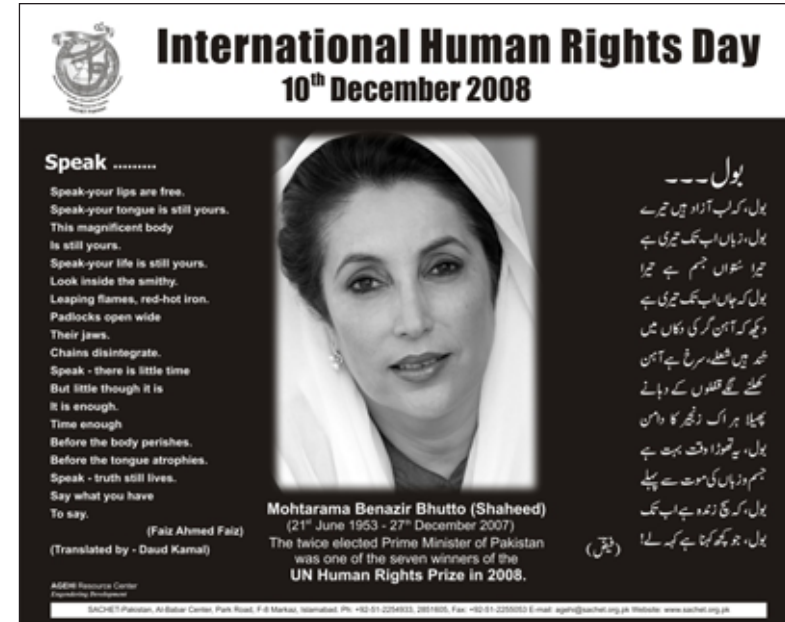
Level: National

Title: Alternative Perspectives-Series of Policy Dialogues Initiative 2008.

Partner/s: AGEHI, FADAN, The David and Lucile Packard Foundation and Greenstar Social Marketing.

▪ **COMMUNICATION**

- Launched a poster on World Population Day on 11th July 2008 titled “*If you are worried about population shift your concern to people!*” آئیے آبادی نہیں لوگوں کے متعلق فکر کریں!
- Launched two posters in connection with 2005 earthquake, on 8th October 2008.
- Launched a poster on Independence Day, 14 August 2008.
- Launched A poster on International Youth Day, 12 August 2008.
- Launched a poster during 16-days of activism 2008 against Gender Based violence- primarily targeting the Pakistani intellectuals, majority of whom in their various worldly capacities have repeatedly demonstrated a strong elitism and elitist consensus-that in turn is one of the many subtle faces of patriarchy, on the issues of dowry.
- Launched a Poster on International Human Rights Day, 10th Dec 2008 dedicated to Mohtarma Benazir Bhutto (Shaheed).



Awards/s & Honor/s (2007-2008):

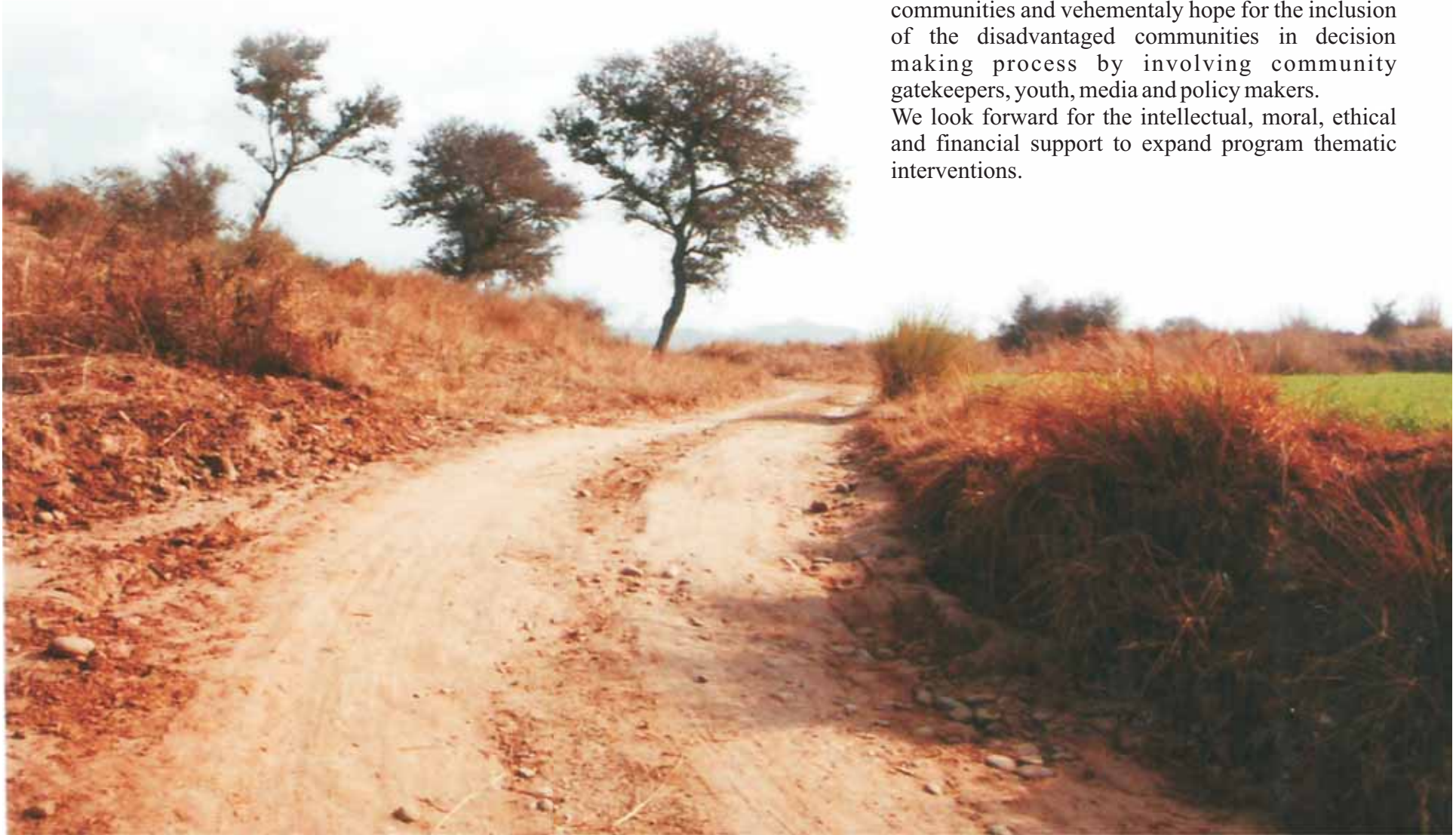
- Ms. Aliya Perveen, working as youth volunteer with SACHET-Pakistan from UC Tatal, District Chakwal was selected for Asian Pacific Conference on Reproductive and Sexual Health (APCRSH) held at Hyderabad, India(27 Oct. to 3 Nov. 2007)
- Mr. Amin Muhammad, (Executive MiRAS) nominated by SACHET -Pakistan and selected for International Cross Cultural Internship Programme by IFA (Institut für Auslandsbeziehungen) in Stuttgart, Germany. Mr. Amin was one of the 9 participants from all over the world.
- Ms.Zartash Moomi, selected for LDM Training Program on leadership skills, 2008 .
- Dr. Rakhshinda Perveen earned a fellowship at Ghent University, Belgium and received a multi disciplinary training on coordination of GBV in humanitarian settings.
- SACHET earned a project PPARH (Pakistan Program For Adolescent reproductive health) from July,07 –Feb,208-Manshera
- A shield of acknowledgment on successful completion of RHIYA-A 7 Country Reproductive health project for youth funded by EC/UNFPA at the RHIYA Summit in March 2007 presented to Dr. Rakhshinda Perveen by the Country Representative, UNFPA at the closing ceremony.
- AGEHI Resource Centre delivered following pioneering manuals regarding HIV & AIDS Care & Support Material Development for UNAIDS
 1. PLWA (People Living with HIV & AIDS) Booklet
 2. Treatment Booklet
 3. Children Booklet
 4. NGO Booklet



Way Forward

SACHET-Pakistan wishes to aver its continued struggle for the achievement of basic necessities in Health, Education, livelihood and community empowerment for the marginalized and destitute communities and vehemently hope for the inclusion of the disadvantaged communities in decision making process by involving community gatekeepers, youth, media and policy makers.

We look forward for the intellectual, moral, ethical and financial support to expand program thematic interventions.





SACHET in
Media

Exhibition of May Work

Giving life to a dying art

SILVER RIBBON CAMPAIGN
Dowry den
insult to n

SACHET holds pan
exhibition on dow

SACHET screens Sinf
aur ghurbat

CITY NEWS

THE NEWS
Tuesday
17.1.2018

SACHET
Matters
Gallery
ISLAMABAD: SACHET
The event, attended by a large
number of well-wishers, artists,
was organized by Advertisers of
Gender, Education and Health
Initiatives (AGEHI).

BLANKET SHOW
A day
documentary film about and
movie was screened at the
Sachet Art Gallery last Friday to
celebrate the International
Women's Day being observed on
March 8.

By Yasir Khan
The event, attended by a large
number of well-wishers, artists,
was organized by Advertisers of
Gender, Education and Health
Initiatives (AGEHI).

By Yasir Khan
The event, attended by a large
number of well-wishers, artists,
was organized by Advertisers of
Gender, Education and Health
Initiatives (AGEHI).



Items pu
display

By Yasir Khan
ISLAMABAD: An exhibition
organized by Sachet Art Gallery
last Friday, celebrating the
International Women's Day,
was a success. The event, which
was held at the Sachet Art Gallery,
was attended by a large number
of well-wishers, artists, and
others. The exhibition featured
a variety of artworks, including
paintings, sculptures, and
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SILVER RIBBON CAMPAIGN

CITY NEWS

Dowry demand is an insult to masculinity

Myra Imran
Islamabad

In order to observe the global 16 days of activism against gender-based violence, the Society for the Advancement of Community Health, Education and Training (Sachet) held an exhibition of artwork here on Tuesday depicting related themes.

Through art pieces put on display at Sachet Gallery and Shop-for-a-Cause, the organisers tried to project violence connected to dowry issues which is so deep-rooted in our society that it is not considered as violence. The exhibition is part of the Sachet Silver Ribbon Campaign launched against dowry to observe activism days against gender violence.

The colourful art and craft done by victims of dowry violence from far-flung areas were displayed at the Shop-for-a-Cause and sketches saying no to dowry were put up at the art gallery. Banners calling for not accepting

dowry were exhibited at different points with visitors signing them to show solidarity with the cause. Such banners have been pasted in different areas including eight slums in town.

Posters especially designed to raise awareness about the dowry violence were also on display at the gallery. One of it read: 'Dowry demand is an insult to masculinity' while another termed dowry a decent darcyity. Connecting dowry with violence, one quotation said that when a gift became a demand, it was a form of violence.

Talking to 'The News', Sachet's Executive Vice President Rakhshanda Parveen said that it was not an easy task to educate people who were committing violence by demanding or expecting dowry. 'Much has been done to curb all other forms of violence but combating dowry, that is the problem of every household, has never been given due importance,' she pointed out.

She criticised banks and other companies who promote dowry in their advertisements. 'Instead of condemning this trend, banks are offering loans for dowry and companies are tempting people to buy expensive stuff in the name of dowry,' she said.

Rakhshanda said that those who could not afford to give lavish dowries would now be expected by in-laws to seek loans from banks. 'These banks and companies have no idea that they are becoming partners in violence by adopting such marketing strategies,' she added. She asked electronic and print media to reject such advertisements in order to discourage the trend.

The organization plans to hold a diverse set of activities in five districts under the White Ribbon Campaign, which include theatre in Chakwal and Pathargarh villages, evenings with intellectuals and young people, a resource mela, and assembly of change makers in Chakwal.

The Week, Tuesday, January 8, 2008

Of women and media

Pakistan society is experiencing a positive change in values and norms, yet patriarchy and culture of silence are still its characteristics. Reproductive Health (RH) and gender are widely perceived as foreign loaded agenda items by the masses, conservative religious groups and some of NGOs. There is a genuine need to make a serious impact oriented attempt to dismantle these misconceptions. Strengthening print media journalism is a television conversation, and would be effective because in Pakistan, even an illiterate citizen person possess the ability and means to reach the newspapers.

By Sana Akhtar

A two-day workshop based on communicating gender in print media with special reference to women was organized by SACHET, recently in Islamabad



Dr. Fatima Dorray with Secretary Women Development

Initiated in December 2007, the workshop entitled 'Communicating gender in print media with culturally sensitive reporting on issues like gender-based violence and reproductive health' was designed to give an orientation to the journalists in a limited time about these insightful and complex issues without Pakistan context.

The said workshop was attended by local and mainstream print media journalists. For the five (one) journalists belonging to AIK and Northern areas were invited ensuring the presence of journalists belonging to remote areas like Gilgit (NWFP) and Qila Sattaluk (Baluchistan).

The main purpose of the workshop were Dr. Afti Anis, Ms. Aroon Nawaz, Dr. Salma Anis, Mr. Rabul Ayooba and Dr. Rakhshanda Parveen. The formal inauguration was addressed by Country representative UNFPA Pakistan, Dr. Fatima Dorray and Secretary Ministry of

society towards some info," Dr. Anis said and pointed the historical and gender perspective of women movements in media. According to him, distorted media coverage leads to consolidation of existing social attitudes. "The media campaign regarding awareness of women in the west in '70s by a group of female journalists was begun to push for positive depiction of women in the media," he observed.

Ms. Rabul Ayooba, a senior journalist, shared her experiences with other journalists and gave some sympathy for the victims. This factor can motivate us to something practical for the betterment of the society." The workshop employed interactive methods to engage journalists with diverse backgrounds into the complex domain of gender. Two documentaries 'Violence in Media' (Gender and Media) and 'Violence in Print Media' (Gender and Print Media) from SACHET's award-winning series 'Gender Watch' were also screened to provide food for thought on a variety of gender issues in print media. SACHET immediately gender trends in the Urdu word 'suf' for English word gender thus defining the



Participants at the workshop

and video frequently show stereotyped images of women. "We need to be very careful while reporting news related to women. Slurs and use of certain language should be avoided while reporting news. We need to sensitive women issues and let her we need media support."

Dr. Rakhshanda Parveen in her final part imparting speech emphasized on the closing session by Mr. Rabul Ayooba



International Women's Day tomorrow SACHET screens *Sinf aur ghurbaat* Nation 7-3-08 P13

ASMA GHANI

ISLAMABAD - SACHET, a civil society organisation, has launched a series of events to commemorate the International Women's Day exhibiting posters and handicrafts of women artisans where a documentary was also screened regarding gender discrimination.

'Sinf aur Ghurbaat' (Gender and poverty) a 15 minutes documentary film was screened on the occasion on Thursday on the issue of poverty which is our major problem. Director of the documentary, Dr Rakhshanda Parveen, told TheNation that it was an extract from a programme of gender series made in 2000 for a state-owned channel.

In connection with International Women's Day, SACHET has also organised an exhibition named "Shop for a cause" of women issue based T-shirts, bags, badges, research reports and hand made products by rural women from March 3-10. The main purpose of the exhibition was to sideline the middleman and facilitate artisans and skilled women by promoting and marketing of their products benefited Parveen.

The SACHET has also invited all leading actors and organisations, including SUNGL, Aurat Forum

and display their posters on March 7 showing the struggle of civil society in Pakistan on community issues at the SACHET Gallery.

The SACHET also launched a fact-sheet containing the data collected from the leading newspapers of the country including Nawa-i-Waqt and two English papers on the situation of violence against women. Total 29 cases were reported in 55 days by the three newspapers.

The data indicated that gangrape/rape was the most frequent form of violence against women and humanity.

However, supplementary studies by the organisation suggested that dowry violence remains hidden in more obvious forms of violence. And the magnitude of coverage is the tip of the iceberg.

A silver-ribbon campaign is also going on side by side to create awareness and sensitisation against dowry violence. FADAN (Fight Against Dowry Advocacy Network) is a national network against dowry violence formed in 2003. Membership forums of the network to enable the youth to become an active player in bringing about a much-needed change related to this menace are available at Civil Junction, Hotshots, and Pizza Hut.

Daily Times
Wednesday, November 28, 2007

SACHET holds painting exhibition on dowry

By Saadia Khalid

ISLAMABAD: An exhibition of paintings and crafts was held on Tuesday at the offices of Society for Advancement and Change in Health, Education and Training (SACHET).

The Fight Against Dowry Advocacy Network (FADAN), a project of SACHET, organised the exhibition as a part of their 'Silver Ribbon Campaign Against Dowry Violence'.

Paintings and sketches on the cause of dowry attracted the attention of numerous foreign and local visitors who signed a big red banner to extend their support to the campaign.

The artists conveyed their message against the traditions of dowry and its disastrous effects on families who spend the rest of their lives paying debts.

Talking to Daily Times,

SACHET Communication Officer Noor Afshan said they did not claim that they could change the scenario by launching a campaign but they had at least started their fight against this curse.

"The exhibition is to create awareness among people about the negative impact of dowry in our society and to tell them how could they participate in the war against this curse," said Afshan.

She said there was no concept of dowry in Islam, but people were practicing it, as it was the easiest way to grasp money from the girl's side.

Afshan said people usually forced their daughters to surrender their right to inheritance, claiming that the dowry they had given to them at the time of their wedding was part of it.

"We strongly condemn this

attitude, as dowry can not be substituted for inheritance," said Afshan, adding that the practice of surrendering the right to inheritance was not confined to the rural areas, but was also widely followed in urban areas.

"The men of our society are usually considered egoistic, but they forget their ego while demanding dowry from the bride's side," she added.

"The demand of dowry is an insult to masculinity and men should not demand it," she said. In addition to the paintings, an exhibition titled "Shop for a Cause" was also held on this occasion.

"The items displayed in the exhibition belong to almost every part of the country and most of the artisans are females," she said.

Afshan said they were try-

ing to discourage the role of middlemen in trade and were promoting direct contact of the artists with the organisation.

"80 percent of the profits from the sale of these products go to the artists, while the remaining 20 percent is used for the purchase of medicines for poor patients arriving at different SACHET resource centres," she said.

Afshan said that people hesitated to spend on charity events and considered it a drama, while they spent thousands on other things.

"There is a need to promote such activities so that needy and violence affected people can be helped out," she said.

Afshan said that presently, 31 consignees were associated with the organisation and they could stretch their network if a positive response was achieved.

INTERNATIONAL
THE NEWS

Saturday

November 24, 2007

**Drive against
dowry violence**

Our correspondent

ISLAMABAD: The Society for the Advancement of Community Health, Education & Training (Sachet) Friday launched a silver ribbon campaign against dowry violence to celebrate the 'global 16 days of activism' against gender-based violence.

The organisation under this campaign has prepared a diverse set of activities in five districts including federal capital, Islamabad. According to the plan, daily activities include signature campaign, November 26 to December 10, 2007, at Sachet head office, Islamabad, district offices in Chakwal, Mansehra and at its clinics in Hassanabdai, Rawalpindi and Islamabad.

A theatre will be held in Chakwal on December 6 at Youth Friendly Centre and also in Pathargarh village on November 26 while an exhibition is being organised in F-8 Markaz, Islamabad, on November 23 and some similar programmes throughout the campaign period at different places.

POST
National

TUESDAY, APRIL 23, 2008
**Malaria Matters
at SACHET
Gallery**

STAFF REPORTER

ISLAMABAD: SACHET (Society for the Advancement of Community, Health, Education, and Training) is holding an exhibition titled "Malaria Matters" at SACHET gallery to promote awareness in Pakistani community about the matters relating to the disease.

Posters and communication materials regarding Malaria awareness developed by National Programme for Malaria Control, Federal Directorate of Malaria, Ministry of Health has been exhibited.

Talking with The Post, Assistant Training and Communication Officer at SACHET Jawad Shah said that SACHET is celebrating first ever World Malaria Day from April 14 to 25. He also said that main purpose of the exhibition was to make the people aware about Malaria; how it could spread and how it could be controlled.

He also mentioned that one of the major areas of emphasis of SACHET was ending of the tradition of dowry from the community.

SACHET is a multi dimensional civil society organization committed to promote human development in Pakistan; this time SOCHET has organized health sessions on Malaria. It would train the people on the treatment of Malaria fever.

It also organized interactive sessions on Malaria for rural people under its Bani Gala community development programme on April 14. Entomologist Federal Directorate of Malaria Control Dr Muhammad Mukhtar delivered informative lectures on the issues concerning the disease.

Daily Times

Tuesday, November 26, 2007
**Legislation
needed to end
dowry violence**

Staff Report

ISLAMABAD: There is a need to bring about a legal mechanism to end violence relating to dowry, which has been a deep-rooted social evil for centuries, said the United Nations Fund for Women (UNIFEM) Gender Advisor Dr Suleman Asif at the 'Silver Ribbon Campaign against Dowry'.

The Society for Advancement of Community, Health, Education and Training (SACHET) focused their campaign against 'Dowry Violence', which has been prevalent in the subcontinent for centuries.

"The efforts should not be confined to create awareness among the masses against the disastrous effects of dowry in the society but to introduce new behaviours and sustaining them," Asif said.

He added that Pakistan had multiple legislations including the Federal Law, Shariah Law and customary laws, which give refuge to those who indulge in such practices.

Pakistan Academy of Letters (PAL) Chairman Ifthikhar Arif said that there was a need to take positive steps to eliminate dowry from society. "Everyone in our society prefers to make tall claims to end the menace of dowry but no one takes practical measures in this regard," he said. Arif said that it was the responsibility of the public to discourage the menace, which made thousands of parents unable to get their daughters married.

Daily Times

Tuesday, July 1, 2008
**Handmade
items put on
display**

» Vases, purses, pouches and salt lamps up for grabs

By Sohail Chaudhry

ISLAMABAD: An exhibition of handmade items was held at SACHET Art Gallery on Monday, providing art lovers with an opportunity to feast their eyes on traditional items.

Pottery attracted viewers the most though caps of different colours, made by women artisans of Hunza, vases, pouches, purses, bracelets and lamps were all praiseworthy.

Jehlum-based Khurshid Khan made salt lamps, using 'Riyk Salt' techniques. He designed the lamps himself and gave them different shapes using salt pieces. He said he used different techniques to create products.

He is a self-taught artist, yet he won great appreciation, especially from foreigners. Khan told Daily Times, "Foreigners appreciate my work and encourage me to create more products with a variety of designs."

He said PTA Chairman Imran Khan was very selective but he decorated his house with five-foot high salt lamps.

He said he had also created salt bowls, which were useful for the people suffering from low blood pressure.

He said it was unfortunate that local people marked off his

creations as just pieces of cheap salt, ignoring the hard work with which they were made.

He said it was difficult for him to export his products to where they were high in demand. He said he used to display his products at Lok Vira, Nomad Art Gallery, and local hotels.

Jani Soomro, from Hyderabad, creates vases and mud boxes, painted in bold yellow and green colours. The mud boxes and the vases are popular for interior decoration.

Soomro said he used his talent to promote Sindhi culture, which was very rich. He said he had inherited the art from his father, who was a very good painter.

He said he had depicted the culture of Sindh in tiles to be used for decoration in houses. He said, "The tiles were a means for him to promote Sindhi culture and earn a living." He said he had been associated with the profession for the last 15 years.

Rafia Mair's vases and wall hangings were equally beautiful. Hamid Azid's block printing on shawls attracted the visitors.

Fancy cards of artisans of Rehabilitation Centre, Peshawar, were also displayed in the exhibition.



ISLAMABAD: Women take pleasure in colourful pottery at an exhibition of handmade items organised by SACHET Art Gallery.

Foot Prints

Poverty alleviation, skill development and health communication of SACHET addressed the needs of more than 10,000 survivors of different forms of Gender based violence.

Through Networks SACHET reached more than 15,000 youth, adolescents, and activists of civil society.

Media advocacy and dissemination SACHET reached more than 5 Million individuals all over Pakistan

Health Information, Education, Services and Training by SACHET reached nearly 1 Million individuals

Score Card <July 2007 - June 2008>

SR. NO.	INDICATORS	SCORE
1	Total # of patients who attended the OPD	Total:268,39 (Women/Girls:18466 , Men/Boys:8373)
2	Total # of women who received Antenatal Care	646
3	Total # of children who received immunization	2,000
4	Total # of patients who received health education	17,500 (Women/Girls:7000, Men/Boys:10500)
5	Total # of children who received stipends	Total: 15 (Girls:08 Boys:07)
6	Total # of girls/women who received skills training	266
7	Total # of visitors for shop for a cause	1130
8	Total # of exhibitions organized by shop for a cause	30
9	Total # of youth who received computer training	Total:252 (Girls:134 Boys:118)
10	Total # of trainings organized by SACHET at various levels	925
11	Number of persons trained by SACHET through Programs/Projects	Total: 13875 (Girls:6637 Boys:7238)

SR. NO.	INDICATORS	SCORE
12	Total # of theatre performances by SACHET	20
13	Total # of youth joining advocacy campaigns on Violence Against Women including dowry violence	15,000 (Girls: 5400, Boys: 9600)
14	Total # of community committees established with the support of SACHET at village and slum level	20 (Women: 10, Men: 10)
15	Total # of training manuals developed by SACHET	4
16	Total # of women/girl beneficiaries in Earthquake affected areas in NWFP	10793
17	Number of Women Friendly Spaces	5
18	Number of Youth Friendly Centers / Adolescent Friendly Centers.	Total YFCs:16 (8 Girls, 8 Boys) Total AFCs: 6 (3 Girls, 3 Boys)
19	Total # of SACHET team members who received trainings at various forums/levels	50
20	Number of Organizations/CBOs/VBOs/NGOs/Schools on different development issues	61
21	Number of DoSTI-YAN members	Total:100 (Girls:40 Boys:60)
22	Number of FADAN members	Total:170 (Girls:80 Boys:90)
23	Number of Districts covered by FADAN	31
24	Number of Districts covered by Shop for a Cause	11
25	Number of vocational centers for women	7
26	Total # of Video documentaries developed by SACHET	4
27	Total funds received through various sources in PKR and US \$	PKR 9,748,913/- (USD 162,482.) Exchange Rate Rs. 60/- = 1USD
28	Amount of Zakat disbursed among the needy for health care and education	PKR 1,191,494/

SR. NO.	INDICATORS	SCORE
29	Research paper presentation in an International conference	“End of Silence. Communicating SRH issues among rural youth through entertainment to educate approach in five districts of Pakistan. An analysis of innovative communication.” research paper presented at the Eight International Annual Population Research Conference “Population and Regional Development Nexus”, Islamabad, Pakistan on 17 th December 2007.
30	Research Publications	Dr. Rakhshinda Perveen and Dr. Naseer Nizamani."HIV Prevention among Youth through Behavior Change Communication in Pakistan: A Challenge of Priorities" In Kiran Prasad and U.V. Somayajulu (Eds.) HIV and AIDS: Vulnerability of Women in Asia and Africa. New Delhi: The Women Press.2007

Youth Parliament by SACHET Youth Summit 2006

Trend Setter



From L to R Dr. Donia Aziz (MNA), Mr. Ahsan Iqbal (MNA), Ms. Onaza Ehsan (MNA) and Begum Fozia (Senator) responding to youth concerns during a session (The Youth Parliament)

Alternative Perspectives on Population and Health-Initiative 2008



Policy Dialogue Initiative 2008 by AGEHI Resource Centre SACHET

ساشے نے ذرائع ابلاغ کی وساطت سے تقریباً پچاس لاکھ سے زائد افراد کو آگاہی دی۔

ساشے نے اپنے نیٹ ورکس کے ذریعے تقریباً پندرہ ہزار سے زائد نوجوانوں، نوجوانوں اور سرگرم سماجی نمائندوں تک رسائی حاصل کی۔

ساشے نے تقریباً دس لاکھ لوگوں کو صحت کی تعلیم و تربیت، معلومات اور سہولیات مہیا کیں۔

ساشے نے تقریباً دس ہزار ایسے افراد جن پر جنس کی بنیاد پر تشدد کیا گیا تھا، اپنے تخفیفِ غربت پروگرام اور صحت کی تعلیم کے ذریعے صحت اور ہنر کی تعلیم دی۔

انفرادی اور اجتماعی مسائل پر بہتر آگہی بھی حاصل کرنے لگے۔ خاص طور پر سائنس کے حلقہٴ اثر میں نوجوان لڑکے اور لڑکیاں اپنی تولیدی صحت اپنی شخصیت سازی اور اجتماعی عمل میں انفرادی شراکت جیسے مسئلوں میں ایک ممتاز جذبے کے ساتھ شامل ہونے لگے۔ یہ شمولیت اور یہ جذبہ آج بھی جاری ہے اور جہیز جیسی لت کے خاتمے کے لئے عمل پیرا ہے۔

سائنس اپنی اسلام آباد میں موجودگی کا فائدہ اٹھاتے ہوئے حکومتی حلقوں اور اداروں کے ساتھ جہیز کے خاتمے کی قانون سازی میں کامیاب معاونت اور موثر وکالت کاری میں کامیاب رہی۔

جہیز کی معاشرتی اور معاشی جڑیں اتنی گہری ہیں کہ یہ بیماری جلد ختم ہونے والی نہیں لیکن اس کے خاتمے کی طرف خاطر خواہ پیش رفت ضرور ہوئی ہے۔

ہمارے کام کا فلسفہ اور نچوڑ یہ ہے کہ وہ ترقیاتی کام جو سیاسی اور سماجی تبدیلی کی طرف لے کر جائیں۔ نہ صرف لوگوں میں مقبول ہوتے ہیں بلکہ وہ دور رس اور پائیدار بھی ہوتے ہیں۔ اسی لئے ہم اپنے ہر کام کو شروع کرنے سے پہلے اپنے آپ سے یہ ضرور پوچھتے ہیں کہ کیا اس چھوٹے کام سے کوئی بڑی تبدیلی آئے گی۔ کیا یہ چند قدم کسی لمبے فاصلے کو طے کرنے میں مددگار ثابت ہوں گے اور کیا ان چند قدموں کے ساتھ مل کر چلنے کے بعد لوگ خود بخود اپنی منزل کی طرف ایک قافلے کی صورت اپنے سفر کا تسلسل اپنی مدد آپ کے تحت رواں دواں رکھیں گے۔ کیونکہ ہمارا یقین ہے کہ ایک چھوٹا قدم جب کسی بڑے خواب کی تعبیر کی طرف اٹھتا ہے تو اُس کے بعد کا سفر جاوداں ہوتا ہے۔

سفر بخیر!
آپ کے ساتھ ساتھ چلنے کی خواہش مند
سائنس ٹیم

ب: اس رپورٹ کے بارے میں

اس سالانہ رپورٹ میں ساشے کی اُن کاوشوں اور کارکردگی کا مختصر جائزہ لیا گیا ہے، جو ہم نے جولائی 2007 سے لیکر جون 2008 کے دوران سرانجام دیں۔ اگر آپ کو کسی ایک کام یا کوشش کے بارے میں تفصیل چاہئے ہو تو آپ ہمارے اسلام آباد والے دفتر میں مندرجہ ذیل پتے پر رابطہ کر سکتے ہیں۔

آگہی ریسورس سینٹر، البابر سینٹر، پارک روڈ، F/8 مرکز، اسلام آباد، پاکستان۔

اس رپورٹ کے چار حصے ہیں۔ پہلا حصہ ساشے کے بارے میں ہے، دوسرا حصہ ہمارے کام کے بارے میں ہے، تیسرے حصے میں ہماری شراکت کاری کی تفصیلات ہیں جبکہ چوتھے حصے میں بجٹ اور آڈٹ کے بارے میں ضروری اعداد و شمار پیش خدمت ہیں۔

ج: ذرا سنبھل کے۔۔۔

ہمارا سیدھا چلنا راستے کی ہمواری کی دلیل نہیں، ہمارے سوچ سمجھ کے اور دیکھ بھال کے قدم اٹھانے کا ثبوت ہے۔

جولائی 2007 سے جون 2008 کا عرصہ پاکستان میں بڑی طامخیزی بڑی تبدیلیوں اور بڑی مشکلات کا شاہد رہا۔ اس دوران وکلاء کی تحریک، پچھلی حکومت کا اپنا پانچ سالہ دور پورا کرنا، ایمر جنسی کا نفاذ، بے نظیر بھٹو کا بیہانہ قتل، نئے انتخابات کا انعقاد، نئی حکومت کا قیام، جنرل مشرف کا استعفیٰ اور خودکش حملوں میں شدید اضافے کے ساتھ بجلی اور گیس کی لوڈ شیڈنگ، اشیائے خورد و نوش کی قیمتوں میں انتہائی اضافہ اور اُن کی رسائی میں شدید قلت اور مہنگائی کا کئی شکلوں میں سامنے آنا، اہم واقعات ہیں، نتیجتاً ترقی کی کوششوں میں زیادہ مشکلات اور دقتوں کا سامنا رہا اور ساشے شاید وہ تبدیلی نہیں لاسکی جو ہمارے اتنے کام سے ممکن تھی، اگر حالات اتنے ناسازگار نہ ہوتے۔ لیکن اس کا ایک مثبت پہلو یہ ہے کہ اتنے مشکل حالات میں کام کرنے سے ساشے ٹیم کے کام میں ایک پختگی، ارادے میں مضبوطی اور ہماری مہارتوں میں وسعت اور لچک آئی۔ اس لئے ہم اُن تمام دوستوں اور دوست تنظیموں کے شکرگزار ہیں جنہوں نے ہمارا ہاتھ بٹایا، ہمارا ساتھ دیا اور ہماری حوصلہ افزائی کی۔

د: ساشے کا قیام ایک خواب پہ اعتماد کا نتیجہ ہے

مئی 1999 میں ڈاکٹر رخشندہ پروین نے جب ایک جامع تجویز ڈاکٹر عبدالقدیر خان صاحب کے سامنے رکھی تو انہوں نے اپنے دوستوں کے مشورے، رفاقت اور شراکت سے ساشے کے

خواب کو عملی جامعہ پہنایا۔

ساشے کے قیام کے وقت دنیا میں صحت، تولید، صنفی تعلقات میں توازن اور ترقی کے عمل میں غریب اور کمزور کی آواز کو شامل کرنے جیسی بحثیں ہو رہی تھیں۔ ساشے نے ان بحثوں سے ایک قدم آگے بڑھنے ہوئے لوگوں کی صحت، تعلیم، تربیت، روزگار اور ان کے مسائل کے حل کے لئے اُن کے ساتھ مل کر حکومت سے وکالت کاری کرنے کے تمام پہلوؤں کو ایک جامع حکمت عملی کے ذریعے متعارف کروایا۔ اس طرح جہاں لوگوں کو اُن کی بہتر صحت، روزگار کے لئے تربیت، اپنے مسائل سے نبرد آزما ہونے کے لئے اپنی تنظیم سازی جیسے شعبوں میں مدد اور معاونت مل رہی تھی وہاں وہ آپس میں گفتگو کے ذریعے اپنے

ساشے کا نظریہ (خواب اور کاوش)

ساشے مقامی افراد، سرکاری اور غیر سرکاری اداروں کی شراکت اور شمولیت کے ساتھ معاشرے کی بہتری کے لئے کوشاں ہے

ساشے کا خواب ایک ایسے معاشرے کا قیام ہے جہاں انسان کی عزت نفس، حق آزادی اور تخیل و برداشت کا راج اور رواج ہو، جہاں سب انسانوں کو یعنی سب مردوں اور عورتوں کو برابر جانا جائے، جہاں سب مردوں اور عورتوں کو رنگ، نسل اور خاندانی پس منظر یا عہدوں سے بالاتر ہو کر پرکھا جائے، مساوی مواقع دیئے جائیں اور انصاف تک سب کی برابری کی سطح پر رسائی ہو۔

ا: ہمارے خواب، ہماری حقیقت

ساشے کا خواب ایک ایسا منصفانہ اور خوشحال معاشرہ ہے جہاں ہر کسی کی عزت و توقیر ہو۔ جہاں سب افراد کو یعنی ہر خاتون اور ہر مرد کو بلا امتیاز زندگی میں ترقی کے لئے ضروری مواقع تک برابر کی رسائی ہو جہاں لوگ ہر قسم کے اختلافات کو رواداری سے سمجھیں۔ اس پر تخیل سے بات کریں اور دوسروں کے مختلف ہونے کے حق کو تسلیم کریں۔ ساشے اس خواب کو حقیقت کی تعبیر دینے کے لئے دوسروں کے ساتھ مل کر کوشش کرنے کا عہد کرتی ہے۔

ہمارے اس خواب سے حقیقت کی تعبیر کے سفر میں ہماری محنت، ہماری سمجھ، ہمارا عہد، ہماری استقامت اور کمزور صنف کے لئے ترجیح ہمارا زاویہ ہیں۔ ہم آپ کو اس خواب کو تعبیر دینے کی تحریک میں شامل ہونے کی دعوت دیتے ہیں۔ آپ کی شمولیت کی کئی شکلیں ہو سکتی ہیں۔ آپ کا مشورہ، آپ کے وقت کی چند گھنٹے جس میں آپ رضا کار کے طور پر ہمارا ہاتھ بٹا سکتے ہیں یا آپ ایک علم کے طالب نوجوان کے تعلیمی یا تربیتی اخراجات اٹھا سکتے ہیں۔

آئیے ہم سب مل کر اس دنیا کو ایک بہتر۔ برتر جگہ اور گھر بنائیں۔ اس بہتری کا آغاز ہم اپنی سوچ، عمل، اپنے گھر، اپنے محلے، اپنے گاؤں یا شہر سے کر سکتے ہیں۔ اگر ہم بہتر تبدیلی کا یہ راستہ اختیار کریں تو بہت جلد ہم دیکھیں گے کہ ہمارا ارد گرد، ہمارا آس پاس، ہمارا ماحول، ہمارا معاشرہ اور ہمارا ملک ایک بہتر، برتر، خوشگوار اور روشن تر جگہ بن چکے ہوں گے اور یوں ایک نئے معاشرے اور نئے پاکستان کی تعمیر وقت اور محنت طلب تو ضرور ہوگی لیکن ناممکن ہرگز نہیں۔

خواب دیکھنے اور اس کی تعبیر کے لئے کوشاں ہونے کی ایک اپنی کوشش ہے۔ کششِ ثقل کی طرح۔
بقول شاعر۔

سفر ہے شرط، مسافر نواز، بہتر ہے۔۔۔۔۔

ساشے پاکستان

سالانہ کارکردگی رپورٹ 2008

ہم ساشے کی سالانہ کارکردگی کا اردو میں مختصر جائزہ پیش کر رہے ہیں تاکہ ہمارے تمام دوست اس سے فائدہ اٹھا سکیں۔ ہمیں آپ کی رائے کا انتظار رہے گا۔

Vision Statement of AGEHI Resource Center

Speak

Speak-your lips are free.
Speak-your tongue is still yours.
This magnificent body
Is still yours.
Speak-your life is still yours.
Look inside the smithy.
Leaping flames, red-hot iron.
Padlocks open wide
Their jaws.
Chains disintegrate.
Speak - there is little time
But little though it is
It is enough.
Time enough
Before the body perishes.
Before the tongue atrophies.
Speak - truth still lives.
Say what you have
To say.

(Faiz Ahmed Faiz)

(Translated by - Daud Kamal)

بول ---

بول، کہ لب آزاد ہیں تیرے
بول، زباں اب تک تیری ہے
تیرا ستواں جسم ہے تیرا
بول کہ جاں اب تک تیری ہے
دیکھ کہ آہن گر کی دکان میں
تند ہیں شعلے، سرخ ہے آہن
کھلنے لگے قفلوں کے دہانے
پھیلا ہر اک زنجیر کا دامن
بول، یہ تھوڑا وقت بہت ہے
جسم و زباں کی موت سے پہلے
بول، کہ سچ زندہ ہے اب تک
بول، جو کچھ کہنا ہے کہہ لے!

(فیض)



Engendering Development



**Promoting Human Development
with Gender Perspectives**

SACHET, Head Office

Park Road, F-8 Markaz, Islamabad
Phone: 92-51-2254933
Fax: 92-51-2255053
E-mail: sachet.pakistan@sachet.org.pk
Website: www.sachet.org.pk

SACHET, Shop for a Cause

Ground Floor, Al-Babar Centre, Park Road,
F-8 Markaz, Islamabad.
Phone : 92-51-2256799 - 2255053, Ext. : 113
E-mail: shopforacause@sachet.org.pk

**SACHET, Community Development Program
Banigala**

Banigala, Mohra Noor,
Near Rawal Dam, Islamabad.
Phone : 92-51-2841498

**SACHET, Community Development Program
Pathargarh**

Pathargarh, Hassan Abdal,
District Attock,
Phone : 0300-8568902

SACHET Gallery

1st Floor, Al-Babar Centre, Park Road,
F-8 Markaz, Islamabad
Phone : 92-51-2256799 - 2255053

AGEHI Resource Centre

Al-Babar Centre, Park Road,
F-8 Markaz, Islamabad.
Phone : 92-51-2256799, Fax : 92-51-2255053
E-mail: agehi@sachet.org.pk

**SACHET, Community Development Program
Pinyali**

Pinyali, Main Kahuta Road,
District Rawalpindi.
Phone : 92-51-4980094

**SACHET, Community Development Program
Gagri**

Japanese Road,
Sihala, Islamabad.
Phone : 92-51-4495525

SACHET, Community Development Program (Chakwal)

H # MCB 3/440, St. # 2,
Mohalla Siddiqueabad, Chakwal.
Phone: 92-543-601919, Fax: 92-543-601919

Health

health@sachet.org.pk

Education

khazeena@sachet.org.pk

Training

training@sachet.org.pk

PACIG

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Youth

dostiyan@sachet.org.pk

MIRAS

miras@sachet.org.pk

Exempted from income Tax under Government of Pakistan, Central Board of Revenue's Notification No. SO-III-26(288)/2001-2002-7779 Dated: 27-04-2002 and renewed dated 10-04-2006, under section 2 (36) of the income tax ordinance 2001. Exempted u/s 58(3) of the income tax ordinance 2001.