



Life is an echo; give the best and get a great deal back

SACHET ensures to make the optimum use of your assistance.

Experience has taught us that the best way to help an individual in need is to create better conditions within the entire community. Instead of giving your funds directly to one individual, we combine your gifts with the gifts of other sponsors and donors to provide community-based solutions that benefit many children and families in the community development programs where we work.

Change lives of the disadvantaged-Make a Difference

Contribute/Donate/share

- Books
- Food Supplements
- Love
- Medicines
- School fees
- Toys
- Time
- Zakat

You can send your donations to
AGEHI Resource Center-SACHET
Park road F-8, Islamabad, Pakistan
Ph: 051-2254933

Or email us at
helpachild@sachet.org.pk
saveamother@sachet.org.pk
dowryvictim@sachet.org.pk
Our Bank account # **86831-8** National Bank
of Pakistan, F-8 Markaz Branch Islamabad.

Do you know that

- Every 3.6 seconds another person dies of starvation and ¼ are children under the age of five
- There is only 1 doctor for 1,466 people in Pakistan
- An estimated 530 women per 100,000 live births die unnecessarily during pregnancy and childbirth in Pakistan
- 25% neo-natal deaths in Pakistan are from tetanus which can be prevented through vaccination of mothers
- Infant mortality rate is 80/1000 live births in Pakistan
- 55 Million people have no access to safe drinking water births in Pakistan
- 76 million population is with no sanitation births in Pakistan
- 47 million people are living below poverty line in Pakistan

If you care for the disadvantaged share yourselves

Join hands with SACHET
There are many ways to get involved
All you need is compassion

SACHET (Society for the Advancement of Community, Health, Education and Training) is a registered organization under the Voluntary Social Welfare Agencies (Registration & Control Ordinance 1961) Registration No. VSWA/ICT/336

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Society For The
Advancement Of
Community, Health,
Education And Training

SACHET

ANNUAL REPORT
2003-2004



Mission

Promoting Human Development of the Disadvantaged in Gender Perspectives.

Mandated Objectives of SACHET

- To promote gender awareness and sensitivity in Pakistan.
- To narrow the gender gaps in health, education and economic participation.
- To promote economic empowerment of the under privileged.
- To promote awareness and sensitivity about Sexual and Reproductive Health (SRH) rights, information, education and services.

VISION...

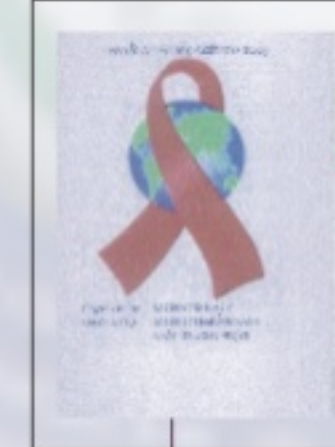
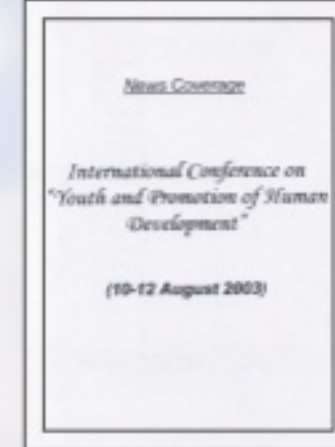
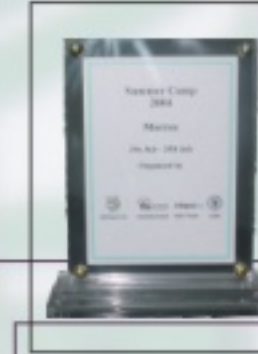
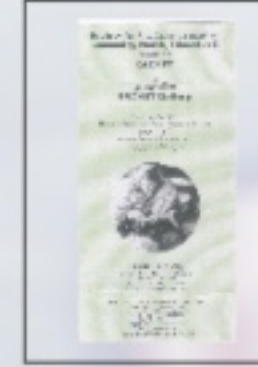
We strive in partnership with community, public & civic society organization, to develop a society based on three core values of sustainable human development: self esteem, freedom of choice and tolerance; a society where all have equal access to opportunities and justice irrespective of gender, color, race and status.

ساشے کا نظریہ

ساشے: مقامی افراد، سرکاری اور غیر سرکاری اداروں کی شراکت اور شمولیت کے ساتھ معاشرے کی بہتری کیلئے کوشاں ہے۔
ساشے: کا خواب ایک ایسے معاشرے کا قیام ہے جہاں انسان کی عزت نفس، حق آزادی اور جن جنم و جدوجہد کا راج اور رواج ہو،
جہاں سب انسانوں کو یعنی سب مردوں اور عورتوں کو برابر جانا جائے، جہاں سب مردوں اور عورتوں کو رنگ، نسل اور
خاندانی پس منظر یا عہدوں سے بالاتر ہو کر پرکھا جائے، مساوی مواقع دیئے جائیں اور انصاف تک سب کی برابری
کی سطح تک رسائی ہو۔

ہم دیکھیں گے
لازم ہے کہ ہم بھی دیکھیں گے
وہ دن جس کا وعدہ ہے
جو لوحِ ازل میں لکھا ہے
جب ظلم و ستم کے کوہِ گراں
روئی کی طرح اڑ جائیں گے
ہم محکموں کے پاؤں تلے
جب دھرتی دھڑ دھڑ دھڑ کے گی
اور اہل حکم کے سر اوپر
جب بجلی کڑکڑ کڑ کے گی
جب ارض خدا کے کعبے سے
سب بُت اٹھوائے جائیں گے
ہم اہل صفا، مرد و دھرم
مسند پہ بٹھائے جائیں گے
سب تاج اچھالے جائیں گے
سب تخت گرائے جائیں گے
بس نام رہے گا اللہ کا
جو غائب بھی ہے حاضر بھی
جو منظر بھی ہے ناظر بھی
اور راج کرے گی خلقِ خدا
جو میں بھی ہوں اور اور تم بھی ہو
(فیض احمد فیض)

(ساشے کا نظریہ فیض کے کلام کے ذریعے بھی بیان کیا جاسکتا ہے۔)



From the desk of the EVP

The "Look at us round" is over for SACHET as she completed first five years of her continuance in the ever expanding development world. Determining, Comprehending and Evaluating our work by the various sectors have begun.

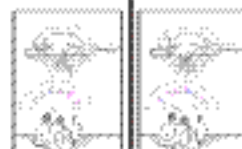
As an organization we have collected concurrence by the communities with whom we work and credibility by many development partners performing at the divergent echelon. These indeed are the best practices that we have generated besides earning some tangible gains in the form of awards, certificates of appreciation, new projects with the international donors etc. Needless to emphasize that all this was harvested in a very complex situation infested with all types of limitations. Our committed young team who kept its spirits high even in the crises beyond description deserves adoration.

Team as it is said is a collection of differences. SACHET knows how to weave differences into a tapestry. There is however, no magical wand to demystify all the challenges of the development. One needs intellectual curiosity, passion, optimism, sustained enthusiasm, courage and commitment to head towards appropriate yet daring solutions. We have been and would remain waking dreamers.

We would continue to kindle the candles on our part instead of cursing the darkness because we have confidence to Aspire, Act and Achieve.

Rakhshinda Perveen
17th June 2004
Islamabad, Pakistan

Rakhshinda Perveen is a Public health specialist by academic qualification and is a civic entrepreneur by practice. She is the practical-ideologue of SACHET.



Dear Reader!

Who are we, what are we doing, where are we working, who are our partners, why are we working And how we work? The answers to these queries constitute the report 2003-2004.

We hope that all the stake holders would find it relevant.

Happy reading
With love and light
SACHET

A Successful team beats with one heart.

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About SACHET

Part-I

Introduction	1
Organizational Structure	3
Pictorial Journey	4
SACHET-A Self Evaluation	8
SACHET at a Glance	9

Programs of SACHET

Part-II

Programs	11
Health	11
Education	18
Poverty Alleviation cum Income Generation	21
Training	26

Part-III

AGEHI Resource Center	30
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Part-IV

The Way Forward	40
• Appendix	
• Audit Report	



Introduction

Society for the Advancement of Community, Health, Education and Training, a non profit, non-government, is a welfare come development organization. SACHET is youth focused and community driven.

Established in 1999, SACHET seeks to assist the process of social development by promoting gender awareness and sensitivity as well as sexual and reproductive health rights, information, education and services, narrowing gender gaps in health, education and economic opportunities through empowerment of the under privileged.



SACHET, a mini pack of support and facilitation, conceived and conceptualized by by her present Executive Vice President. SACHET is working in the four program areas: Health, Education, Poverty Alleviation cum Income Generation and Training through advocacy, behavior change communication, community partnerships, education, information dissemination, research, service delivery, training and youth involvement.

SACHET's work within her specified program areas are governed by her strategic priorities of maintaining the Pakistani context and instituting perspectives.

SACHET's work environment cultivates friendship at the personal level, capacity building at the professional level and competition- rather than rivalry- at the organizational level. The office hierarchy virtually exists for the maintenance of discipline only. With the mean age of professionals being 28 years, never has there been seniors and the junior lot. Working at SACHET is like working in a family- a closely- knit unit where companionship and professionalism go hand in hand.



Capacity building and human resource development are one of the most distinct attributes of our work environment. We firmly believe that the more we invest in our workers, the better the organizations out put are. In return, all employees are evaluated on the basis of their performances rather than personal contacts.

An eagerly awaited platform for capacity building is the monthly general staff meeting, which affords rare opportunity for face to face interaction among all the team members. The unique meeting is chaired by one of the staff members on a rotational basis, with another making input in the form of report writing. It witnesses a junior chairing the proceedings in the presence of the organizational head, and other senior members. The idea is to impart the confidence and skills required for report writing and conducting the proceedings of a meeting.

SACHET is not an 'All Work, No Play' environment. Birthday parties, farewell receptions, Eid Milan parties, and picnics provide the much needed break from routine activities that restore and rejuvenates the staff members ability to resume work.



Program Areas

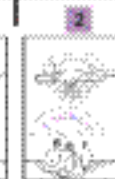
- Health
- Education
- Poverty Alleviation cum Income Generation (PACIG)
- Training

Operational Areas

- District Islamabad
- District Rawalpindi
- District Attock
- District Chakwal
- (our Advocacy and Communication projects activities are nation wide)

Approach

Gender Sensitive and gender Mainstreaming
Cost minimalist
Youth-focused & responsive
Community Partnerships



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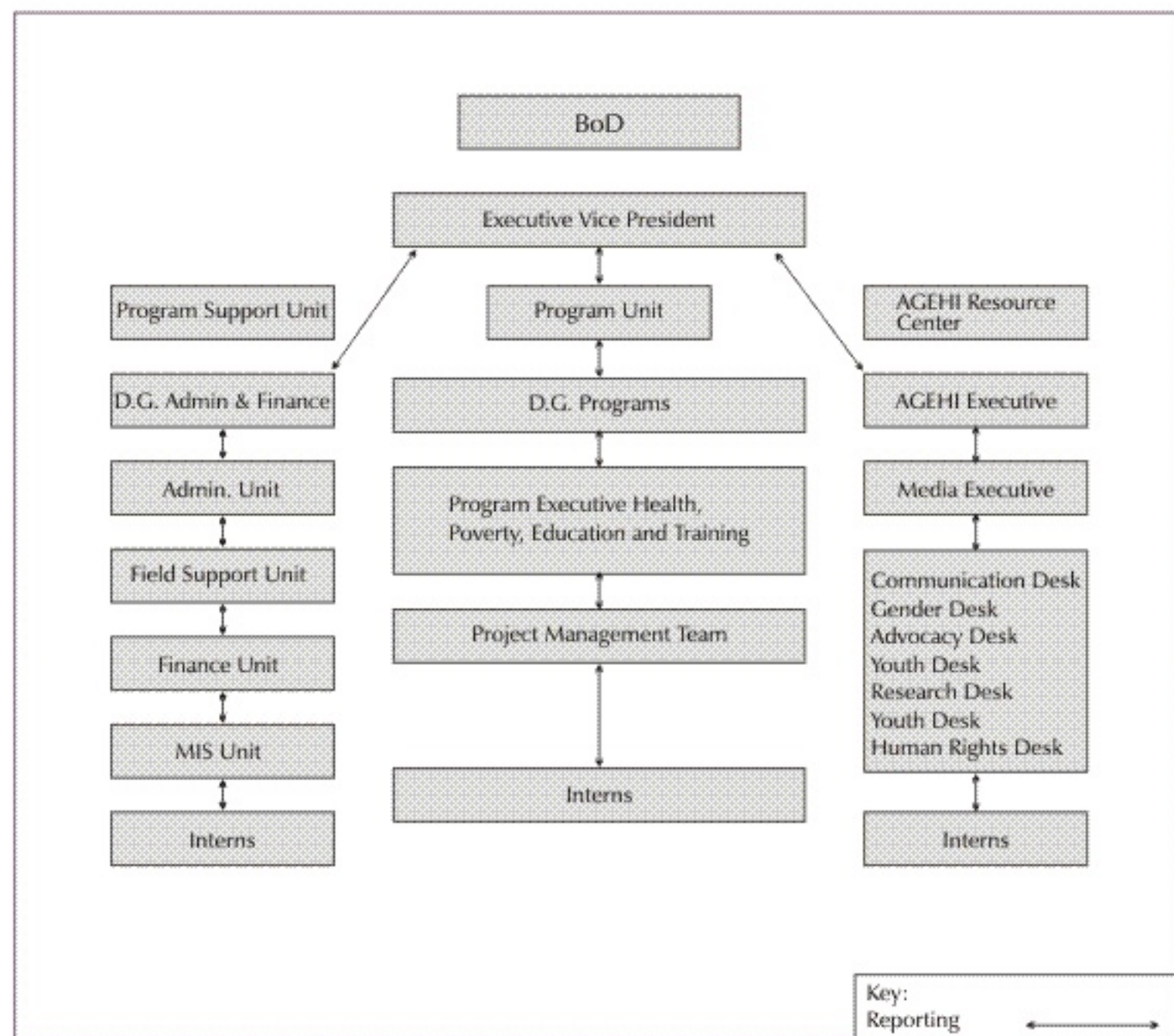
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Gender Sensitive and gender Mainstreaming
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Youth-focused & responsive
Community Partnerships





2002



2003



2003



2003



2003



2003



2003



2003



2003



2003



2003



2003



2003



2003



2004



2004



2004



2004

SACHET-A Self Evaluation

- The need for self evaluation of an individual organization can be itemized as follows
Each organization requires some means of assessing its performance in terms of its ultimate objectives and in terms of specific programs as a guide to future programs. Evaluation is the process which enables the administrator to describe the effects of his program, and thereby to make progressive adjustments in order to reach his goals more effectively.
- Need for members of an organization to be able to assess objectively the performance of executives of the organization. Self evaluation is a valid and useful function of those in association management positions. It is a way of developing a positive attitude within the membership

SWOT Analysis

Strengths

- Well structured organization
- SACHET has good reputation as an advocacy organization
- Organization has friendly environment for employees & other stakeholders
- AGEHI is the research & development cell to identify the problem areas in which organization can serve better to meet her goals & objectives. AGEHI is also responsible of communicating all the information about the activities of the organization to employees & other stakeholders
- SACHET is continuously operating in the program areas (Health, Education & Training) without fail which shows the high degree of commitment of organization to fulfill her mission
- Although in development sector there is no concept of competition as found in the profit oriented organizations yet SACHET has all the capabilities to cope with any challenge
- Competent, Energetic & Productive team of employees endorses the organization's commitment of human development
- The employees are being provided with all the necessary trainings to improve the productivity, quality of performance & to cope with changing requirements of their jobs
- Organization has strong trustworthy relationships with donors & other stakeholders
- The organization has a unique position in the development sector due to its strong & useful infrastructure. SACHET has all the necessary facilities, like Theater room, Auditorium, Conference hall, Library, AGEHI (Research & Development Cell where researchers have the facility of audio, video & internet).
- The SACHET volunteers network is a chain of enthusiastic students, lawyers, businessmen, professionals & common community members from all over the country which further endorses the organization's uniqueness community support
- SACHET arranges "Bharwan di Mehfil" & "Behna di Mehfil" with community representatives to get closer to each other and to share ideas & information. This activity not only provides feedback to SACHET but is also helpful to introduce new programs according to the needs of the community.

Weaknesses

- Administration need to be further strengthened; policies & procedures of the organization must be clearly understood by each & every employee.
- High turnover-Once trained by SACHET, her team members are picked up by other bigger organizations.

Opportunities

- In the current scenario government is supporting the NGOs to help it in human development activities so, for an NGO the environment is healthy & supportive.
- In Pakistan where 23% of the total population is living below the poverty line & have no access to the basic needs of life an NGO can play a vital role to bring change in the community.
- In the current community setup, there is a lot of potential in community regarding health education & health services. People need support in these areas.
- International donor agencies appreciate efforts in health sector & they have huge funds for this area. They need trustworthy, well reputed organizations to work with them. SACHET has all the qualities & facilities which an international donor agency seeks for.
- Subsidies training programs for young graduates who can't afford expensive professional trainings in the different areas like, Management, Accounting, Teaching, Project Management etc. to make them valuable part of this society & efficient use of all the resources of the organization.

Threats

- Although community has realized the importance of development organizations but in some areas people may resist & try to create problems during operations for their personal interests.
- Competitive development organizations may try to indulge the organization's efforts in getting funds from donors.



Success is a journey, not a destination.

SACHET at a Glance

■ Total No of Projects = 16

Health = 4	- Responsible Action for Health (RAH- راسل) - Nutrition Initiative - DoSTI (Dare to Sensitize Train & Inform) - RHIYA (Reproductive Health Initiative for Youth in Asia)
Education = 03	- Adopt a School Project - Dr. A.Q Khan Scholarship Project - Computer Training Project
PACIG = 04	- SACHET Gallery - SMILE - Skill Development Project - Learn to Earn Project
Training = 02	- Capacity building for Interns - Training/workshops
AGEHI Resource Center-SACHET = 03	- Communicating Change project (2000-to date) - FAD (FIGHT AGAINST DOWRY) (2001-2006) - Development & Implementation of BCC (Behavior Change Communication) Strategies and Interventions, aimed at Adolescents/Youth in Schools/Colleges of Rawalpindi/Islamabad Project of Family Health International
Initiatives = 04	- Paper Bags - Fad Advocacy Bags - Sales corner for Special Children - ICT 4 Development

• Total number of Offices = 10

• Total number of Youth Friendly Centres (YFCs) 25

• Total number of full time employees 140

• Total number of volunteers 300

Achievements

- Gender Watch (1999-2001)
- Established AGEHI Resource Centre Sept 2000
Selected as Partner NGO by National AIDS Control (NACP) Programme in collaboration with other UN Agencies to Commemorate World AIDS Day 2000. Theme "Men Make A Difference"
- Acknowledgement by the District Management for Contribution to words ICT
- Volunteer's Network founded in 2000
- Gender Watch won PTV's excellence award in March 2001.
- Pakistan Pakistan (2002)
- 13 episode series of FAD-Fight Against Dowry aired on 2 Channels, PTV & ARY. (2003)
Development of consensus among development professionals that dowry is a gender Based violence against both Men and women. (2003)
- Consultative process with Law & Justice Commission. (2003)
- A two-day workshop (25-26 July 2003) on "Prohibiting Excessive Expenditure on Marriage Ceremonies and Dowry" with Law & Justice Commission of Pakistan. (2003)
- Performance Award by District Management for Organizing Health Camps for combating Pollen Allergy. (2004)
- Initiation of FAD Advocacy Network (FADAN) (2004)
- Established AGEHI Theatre Group. (2004)
- Fight Against Dowry- (FAD) book got published in July 2004
- Started working with Minority Youth in slums of Islamabad in collaboration with PLAN. (2004)
- 1st National FAD Advocacy Network (FADAN) workshop for its FAD focal points on 27th November 2004.
- RHIYA (Reproductive Health Initiative for Youth in Asia), project of UNFPA initiated in April 2004
- Development & Implementation of BCC (Behavior Change Communication) Strategies and Interventions, aimed at Adolescents/Youth in Schools/Colleges of Rawalpindi/Islamabad Project of Family Health International (FHI)/ USAID/NACP initiated in June 2004.

SACHET and Gender

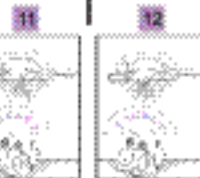
- All program areas of SACHET have gender perspectives
- SACHET's architecture encourages communication between both genders while guaranteeing privacy during office hours. This way, we can claim to have internalized the concept into a reality in our own premises.
- SACHET is the only NGO in Pakistan that offers the facility of paternity leave to her male employees on the birth of their first two children.
- All research carried out by SACHET contains gender desegregated data.
- SACHET pioneered a gender show on television titled 'Gender Watch.' It also defined the word 'gender' in a Pakistani perspective by finding its alternative word, 'sini', in Urdu.
- SACHET launched 'Fight Against Dowry' (FAD) *دوہری کے خلاف* to eliminate a social evil that continues to be a cause and justification for violence not only against women but men as well.
- SACHET has a woman Executive Vice President so that female representation is ensured at the decision-making level.
- Male involvement is a key strategy in RH Projects.

Gender Watch

SACHET is the first NGO in the South Asia that tapped the power of electronic media to address contemporary realities on the gender issue.

Initiated in Oct 1999, this nineteen episode series challenged the centuries old societal perceptions and attitudes towards issues thenceforth regarded as taboos-domestic violence, gender discrimination in health and education, child rights and sexual abuse. It did not dictate or preach, instead it opened a dialogue box, provided a platform for debate and discussion by inviting policy makers, community workers and civic society particularly the youth to air their perspective.

Since then many television programs have opted for gender as prefix and watch as suffix. Additionally, many of its individual segments have been tailored and adopted as such.



Programs

This section provides information about our programs during the period Jan 2003 to June 2004 in the four Program areas.

SACHET works in four program areas namely Health, Education, PACIG and Training-SACHET works with different strategies within different systems and structures. We offer tangible services in our five Community development program areas. We have been offering free health care, formal and informal education services and employment opportunities in sixty villages while serving another two hundred villages indirectly, in and around Islamabad, Rawalpindi and Attock districts.

Advocacy, Communication and SACHET Gallery projects are functioning at the national level.

Irrespective of the thematic and geographical areas of our projects, the Community has a principal and paramount place in our planning, program design and practices.

SACHET Strategies

- Advocacy
- Community Partnership
- Information
- Service Delivery
- Training
- Behaviour change
- Communication
- Education
- Research
- Youth involvement



Good Actions give strength to ourselves and inspire good actions in others.

Health

Health (Primary & Reproductive) for all disadvantaged communities with gender perspectives

SACHET's health program is intended to deliver access (cultural, geographical and financial) to the disadvantaged to the essential health care services, particularly the poor rural women and children.

Projects

- RAH (Responsible Actions for Health) 1999-2010
- Nutrition Initiative (2001-2004)
- Dare to Sensitize Train and Inform (DoSTI) (Nov 2000- Dec 2005)
- RHIYA (Reproductive Health Initiative for Youth in Asia).

RAH (Responsible Actions for Health) 1999-2010

Health is not only a right but a responsibility as well. Responsible Actions for Health or RAH (RAH is an Urdu word meaning the path) Project aims to make communities cognizant of their responsibilities towards their health issues. RAH works through 5 Static SACHET clinics, mobile camps on need basis and community Mehfil. Health is a wide-ranging subject. Within this project, the priority has been given to preventable diseases, maternal and child health. Male involvement in reproductive health is the foremost area of attention.

Geographical Coverage

- SACHET Clinics cover 60 Villages with an estimated population of 200,000 in rural areas of District Islamabad, Rawalpindi & Attock
- 3 Clinics in Islamabad Capital Territory
 - Bani gala Clinic SACHET
 - Shadrah Clinic SACHET
 - Gagri Clinic SACHET
- 1 Clinic in Tehsil Kahuta of District Rawalpindi
 - Pinyali Clinic SACHET
- 1 Clinic in Tehsil Hassanabdal of District Attock
 - Pathar Garh Clinic SACHET



Beneficiaries

Direct (RAH)

Year January 2003-June 2004

Total Number of Patients: 111,185

Female Patients: 64 %

Male Patients: 36 %

Indirect

Approx. 200,000 (Male/Female)

Results

- Improved Primary Care Services
- Improved emergency care
- Improved Status of Immunization (Child & Adult)
- Access to Free Medical Services (Otherwise non existent in these areas)
- Access to quality Family Planning services increased
- Access to improved antenatal, postnatal care



Achievements

- Treatment of 111,185 patients free of cost
- Free Medicines worth provided Rs. 1.3 Million (Includes Clinics/Medical Camps & Donations)
- Referred to tertiary care hospitals 2,125
- FP services provided to 2,550
- Children Immunized 1,275
- Health Education Sessions Held 50
- Human Resource Trained 50
- Annual Zakat Grant worth Rs half a million Approved
- Zakat Disbursement System Developed



Nutrition Initiative

This 3-year project was aimed at promoting health and nutrition care among the target population. SACHET did this with the school children of the 3 Schools of Shahdara, Islamabad Capital Territory.

The project using an innovative approach trained teachers of the schools in correlating nutritional deficiency and poor school performance. The teachers, using diet charts, provided by SACHET educated students on nutrition and hygiene. That was an interactive process and was thoroughly enjoyed by the students and teachers both.

SACHET documented this project that was presented as a research paper in National Health Science Symposium on Early Childhood Care and Development-Best Investment for Future at Aga Khan University, Karachi in September 2002.

Beneficiaries

Direct beneficiaries 730 (Male/Female students/mothers/teachers)

Indirect Beneficiaries 2500

Results

- Improved attendance of the students in Shahdara Schools
- Improved health status of students in Shahdara School
- Improved behavior of mothers towards child nutrition in Shahdara
- Improved health of 430 students in Shahdara schools



Achievements

- Nutrition Supplements provided to 430 students (9 Nutrition camps)
- Health Education Sessions Held with mothers on Nutrition 15
- Human Resource Trained 20 (Teachers, Community Health Educators, Volunteers)

Dare to Sensitize Train & Inform (DoSTI)

SACHET since its inception in 1999, allocated 20% of her resources (time, material and human resource) to the cause of HIV/AIDS as an integral part of the organization's policy and practices. DoSTI (Dare to Sensitize Train and Inform), a five year advocacy project was launched in NOV 2001 to raise awareness and sensitization among young people about HIV/AIDS and other STDs through creative and strategic communication.

DoSTI is an Urdu word meaning friendship.

Geographical Coverage

District Islamabad and Rawalpindi

Beneficiaries

Adolescents & Youth (Male & Female), policy makers, teachers (school, college, university)

Results

- Gender & AIDS(sinf aur AIDS) was the 14th episode of the 19-episode T.V documentary Gender Watch produced by SACHET in 1999-2000. This episode was launched in the form of the Videos by the National AIDS Control Program and other UN agencies on the World AIDS Day 2000.
- As a part of Community Mehfil initiative by SACHET Awareness raising sessions were organized with the following communities:
- Rural men & women in Sachet Community development Program areas.
- Uniformed personnel at Police Academy Sihala.
- Civil Bureaucracy of Islamabad.





- Media Professionals of Islamabad and Rawalpindi Public Transport Driver in Rawalpindi and Islamabad.
- SACHET has Trained 800 volunteers as Peer Educators on HIV/AIDS till to-date.
- Communication Products on HIV/AIDS. (Calendars, Posters, Greeting cards and message bags).
- AGEHI Theatre group has so far organized 12 performances on the different dimensions of HIV/AIDS with the conviction that theatre is an effective tool for promoting responsible behaviors among the vulnerable people.
- Sensitization of the Community towards people living with AIDS through their meetings with HIV positive and AIDS patients.
- 2 Research Papers.

Reproductive Health Initiative for Youth in Asia (RHIYA)

(To have contributed to improved reproductive health status of adolescents and youth living in vulnerable and under-served areas in Chakwal District.)

RHIYA would be an extension of the efforts made for ARH under RHI phase I by UNFPA in 1999-2001. The Project will be funded by EC, executed by UNFPA and implemented by SACHET in collaboration with government and community in Chakwal district of Punjab Province. The project will be implemented in 10 vulnerable and under-served Union Council in Chakwal district of Punjab Province.

The main target groups of SACHET RHIYA program are adolescent and youth. In order to have a more comprehensive integrated approach influential stakeholders, community elders including parents, schoolteachers, religious leaders, health service providers and volunteers would also be the indirect beneficiaries of the project. The project focuses on developing advocacy and communication packages on the basis of needs identified through consultative meetings. Capacity of the important stakeholders and project staff will be strengthened through regular training programs on adolescent reproductive health. A comprehensive referral linkage and collaborative network will be established with all the key players of the project at the district level.



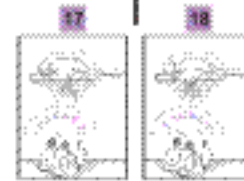
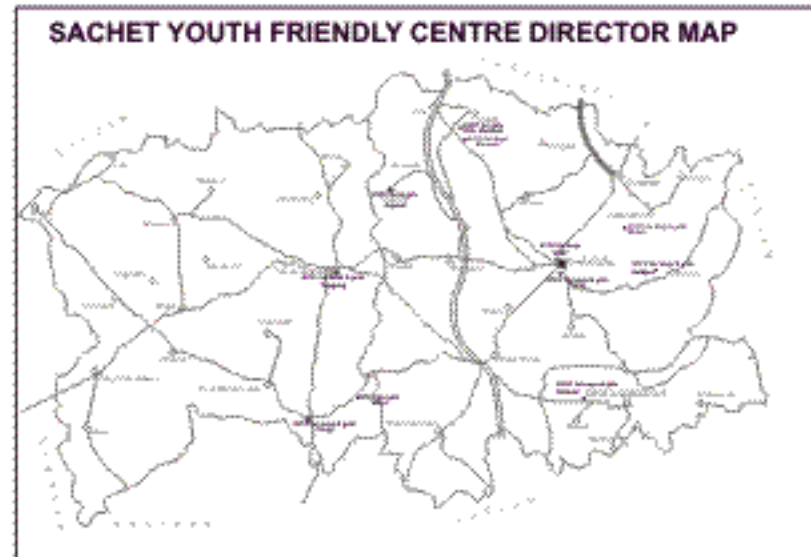
To improve partnership and ownership of the community, community participation activities, BCC interventions, advocacy, referral and collaborative network strategies have been prepared and implemented in collaboration and in consensus with the community. The recruitment, training and active involvement of Youth peer leaders, peer groups and volunteers will be supplemented by setting up of Youth Advisory Committees (YACs) and Youth Volunteer Networks (YVNs). Advocacy and communication form an integral component of the project activities.

Services to be offered at Youth Friendly Centers YFCs

The YFCs offer many services to empower youth by mobilization and skill development. The youth of the community would take advantage of recreational activities provided at the center, such as folk music, debate contests, painting etc. Both indoor and outdoor sports activities have been made available to the youth, with sports club activities such as football and cricket. Volunteers who have skills in these activities have been recruited from the community to lead the sports activities for the youth. To build competitiveness, inter-union council and inter-district sports events are organized on regular intervals, which will provide the participating youth with an opportunity to travel and meet with youth from the other districts, thus providing ground for information and knowledge exchange. These enter-educate activities will facilitate towards building an atmosphere conducive to learning for the youth, providing them with an avenue to address their youth and health related issues while availing opportunities for enjoying themselves as well. Literacy courses will be offered, with benefits aimed specifically for those youth who do not attend school.



The YFCs will also provide the youth of the community with an opportunity to enhance their income generating skill through skill development courses in cooking, craft, computers, embroidery, block printing etc. Referral and advisory services have been made available to the youth, providing them with information as to where could get specialized health and ARH services according to their need and even career counseling about the fields of study. Health education sessions are organized at the YFCs to build awareness and knowledge among the youth of the community. Libraries have also been put in place with books, journals, newspapers at these Centers



Impact

- Involvement of youths in various activities.
- Increase in level of awareness regarding Reproductive Health (RH) and HIV/AIDS issue among targeted audience.

Partnership

District Health Office Islamabad- Collaboration in FP, polio immunization, Special Health Initiatives like Pollen Allergy Camps.

District Population Welfare office Islamabad-Collaboration to start in near future in FP Camps.

Family Planning Association of Pakistan- Collaboration in Supply of Contraceptives, Referral Network with Family Health Hospital.

Family Health International and USAID.

Green Star Pakistan-Collaboration in Attock in Family Planning Services.

Marie Stopes Society Pakistan (MSSP).

National Trust for Population Welfare.

Noori Hospital Wah-Referral Collaboration for PatharGarh Clinic.

National AIDS Control Program (NACP).

POF Hospital Wah-Referral Collaboration for PatharGarh Clinic.

PLAN Pakistan (2004- to date).

UNFPA and EC.

Pakistan Volunteers Health and Nutrition Association.

By: Program Executive Health

An investment in knowledge always pays the best interest.

Education

Education for the disadvantaged communities with gender perspectives

SACHET Education Program is working for the provision of equal and improved educational opportunities/facilities to the disadvantaged young people with gender perspectives.

Adopt A School Project

SACHET Education Program adopted 4 Federal Government schools at SACHET

Community Development Program Areas Shadrah Village & Lakhwal Village, for a period of three years to help improve the quality of education and infrastructure of the schools. The idea not only inspired the local community to participate in the improvement of the schools but also facilitated the enrollment rate and performance of the students.

New facilities made available to the schools since their adoption by SACHET include; appointment of the trained teachers, regular training courses for the teaching staff, provision of stipends to the deserving students, free educational accessories for students, transport service to the teachers, the facility of clean drinking water and broadening the vision of the students by offering them several extracurricular opportunities..

Beneficiaries: Students & Teachers

No. of Students: Approx. 500

No. Teachers: Approx. 40

Projects

Adopt A School Project(2002 to 2005)

Dr. A. Q. Khan Scholarship Project

Learn to Earn Computer Training Project





What could be more important than helping to shape and mould other's lives?

Dr. A. Q. Khan Scholarship Project

Dr. A. Q. Khan Scholarship Project was initiated to help needy but brilliant students to begin and continue their studies as a majority of our youth remain illiterate due to the financial constraints. The idea behind the project was to encourage the disheartened and depressed youth to study and to lessen their parents' burden by offering their children the opportunity to study and earn a decent living. We give priority to the Orphans. We maintain a complete database on the orphans residing in the areas where the schools are located.

Beneficiaries

Needy but Deserving (Intelligent) Students (orphans)

No. of Beneficiaries: 50 (35 girls & 15 boys)

Hope sees the invisible, feels the intangible and achieves the impossible.

Learn to Earn Project (SACHET Computer Training)

The idea governing Learn to Earn Project was to impart cost-effective and affordable computer education to rural communities so that they can acquire jobs on the basis of their computer skills.

Target Beneficiaries: Students of rural areas

Target No. of Students: 100 (50 girls & 50 boys)



Results

- 4 female students & 4 male students (1 from Bharakahu, 1 from SCDP Shadrah) were provided scholarships.
- Appointed one teacher of mathematics for matric students of the adopted school at Lakhwal (SCDP Banigala)
- A total of 130 students of class 8th, 9th, & 10th attended summer coaching classes.
- 5 girls and 21 boys got admission in different computer courses at computer center SCDP Gagri.
- Training on HIV/AIDS was provided to 30 teachers (12 male & 28 females) of the adopted schools
- A total of 71 males & females (students & parents) were sensitized on importance of education for girls and related issues through grand mehfil, organized in connection with International Literacy Day.
- Approximately 100 female students participated in the workshop of flower and basket making, organized in the adopted schools in connection with International Children's Day.



- Students of the adopted schools showed an improvement of 5% as compared to previous year.
- A total of 42 students (10 girls and 32 boys) successfully completed different computer courses from computer center SCDP Gagri.

We work with Community

A contribution of Rs. 10,000/- by the community of Shadrah one of the community development program areas of SACHET, Under SACHET Education Program, is a visible example of community partnership. This amount has been contributed by the community of SCDP Shadrah for the repair of school passage and construction of rooms in the schools of Shadrah Village. The passage of one of the schools has also been repaired from a part of this amount. Apart from this contribution in form of cash, the people of the community also provided volunteer services for the repair of the school passage. They are still ready to extend any kind of help required for the betterment of the education of children of Shadrah.

This is what SACHET envisions, i.e. not only to provide better educational facilities to the students of these disadvantaged communities but also to empower the communities to assume ownership and management of these projects in future so that they are themselves able to work for their own betterment. Working together works!



Development= making a difference

SACHET, under her Education Program, initiated the establishment of Computer Training Centers in rural communities with affordable fee structure keeping in view their financial status, and course contents suitable even for middle pass students. IN-Page (Urdu software) was also included in the course content. These centers also encouraged girls to learn IT skills by introducing separate classes for them. The success of these centers lies in the fact that students of these rural communities are now buying computers.



By: Program Executive Education



PACIG

Poverty Alleviation cum Income Generation Program

To achieve economic empowerment for the disadvantaged with the gender perspectives

SACHET launched Poverty Alleviation Cum Income Generation program in October 1999 by initiating Women Vision project in collaboration with Hawwa Women Associates.

An innovative project SACHET Gallery followed the completion of this project in January 2000. The objective of the gallery is to achieve economic empowerment of disadvantaged communities by cutting the middlemen. SACHET Gallery is marketing and sales out let which also provide a sense of ownership to its consignors. More than 175 hand made items are displayed including embroidered dresses, shawls, wooden crafts, brass items, clay pottery, gift items, numba, gabba, carpets, khusas. SACHET Gallery regularly holds exhibitions in connection with National and International days to introduce and promote the products made by the artisan under skill promotion activity. Nearly 850 artisans have introduced their arts and crafts in the potential market of Islamabad through this initiative to date.

SACHET adopted a holistic approach towards the empowerment of underprivileged women of rural community by initiating her first vocational crafts training centre in Shahdra in February 2001 under Skill Development Project of PACIG Program. After the success and popularity of this community based project, another center was established in Banigala in May 2001 and third was inaugurated in Pinyali in July 2002. These centers offer three month training in designing, cutting, sewing, decorative items, marketing, managerial skills and career counseling.

Keeping in view the strategy "Learn to Earn" specifically for women economic empowerment, PACIG Program started another training project for the females (house wives, students, working ladies) in February 1999 and named it Learn to Earn Project. The Project offers 2 day to one week training workshops in block printing, candle making, porcelain, dry flower arrangement, paper machie, wax

Projects

SACHET Gallery (2000-todate)

Skill Development Project (2001- to date)

Learn to Earn Project (2001- to date)



painting, fabric painting, dress designing etc.

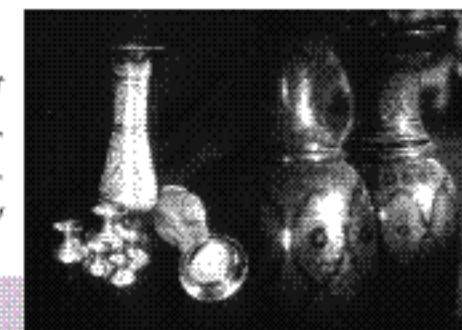
In April 2001, SACHET Micro enterprisers for Life project was launched with the objective to develop micro enterprisers by adopting 3M approach i.e. Micro credit, Micro financing and Marketing. SMiLE project addresses the financial problems of the poor with the moral support. The project provides interest free loans to the poor with an aim to develop micro enterprisers. The 80 % loans are distributed among the women who have adequate skill required to start a business and remaining 20% goes to the needy men.

SACHET Gallery

Target Beneficiaries

Skilled Persons,
Artisans,
NPOs (NGOs, CBOs, VO's)
Special Persons
Rural Community and Talented Youth

SACHET Gallery
Al Babar Center Park road
F-8 Markaz, Islamabad, Pakistan
Ph: 051-2254933

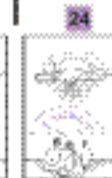
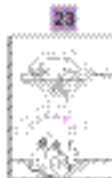


75 % of SACHET Gallery has been allotted to the deserving consignors, 45% for females and 30% for males. Along with this 20 % quota is allotted to NGOs. Remaining 4% is for talented consignors and 1 % is reserved for SACHET volunteers. The Gallery also has the privilege to stipulate a corner for the products made by Special persons.

Women Vision

Women Vision was the collaborative project financed and technically supported by SACHET and implemented by HAWWA Associates. Initiated in October 1999, the project's duration was for one year. Before its commencement, SACHET carried out various activities including a pre-implementation, survey and a need assessment study to determine overall viability of the initiative. During the crafts training offered by the project, SACHET extended logistical support and also provided health care information and services to the female participants belonging to low-income areas of the capital city.

Women Vision was our first collaborative venture from which we have gained valuable experience. Our dual objectives have been encouraging self-reliance amongst women through capacity building and to create income generation opportunities.



Skill Development Project

Target Beneficiaries: Needy and Disadvantaged women of rural areas of Rawalpindi, Islamabad and Attock Districts

To provide vocational training opportunities to the needy and poor women of rural areas of Rawalpindi, Islamabad and Attock Districts so that they can meet the financial expenses as well as contribute their role for the betterment of their families and areas by utilizing their learned and enhanced skills through the project.



Learn to Earn Project

Beneficiaries:

House Wives
Women Students
Working women

SMiLE Project

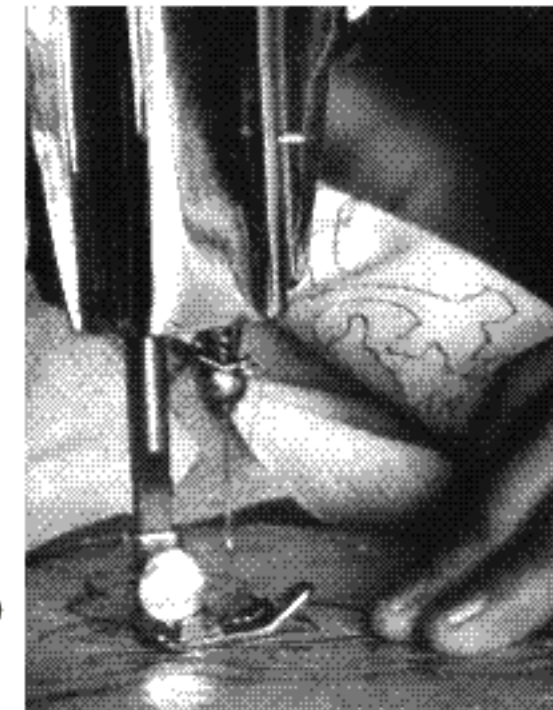
Beneficiaries:

All the skilled men and women within SACHET Community Development Program Areas who need initial capital to start their business.

Results

- SACHET Gallery organized twenty two exhibitions of different products
- Through these exhibitions 5128 people were benefited.
- 27 new people from Baluchistan, Nowshera, Gujrat, Chakwal, Rawalpindi, and Islamabad became the consignors of SACHET Gallery
- An amount of approximately Rs. 137251/- has been earned through sale of professional bags.
- Sales of sachet gallery during the period under review remained Rs. 8, 35,788.
- By displaying products in Serena Hotel, Islamabad, SACHET Gallery obtained more than Rs. 87,528- from the sales of Products.
- Under Learn to Earn project, five training workshops of "Candle Making,

- 53 women were trained
- 5 new trainers joined PACIG volunteer's trainer network.
- 66 girls from skill Development Center, Pathergarh and 86 from Skill Development Center Panyali were trained in crafts trainings.
- More than 55 young female participants from the all over Pakistan of the National Youth Camp organized by Ministry of Youth, Tourism, Culture, Youth and Minority Affairs visited SACHET Gallery. Program Executive
- PACIG gave them Presentation on SACHET's Poverty Alleviation Cum Income Generation program
- SACHET Gallery participated in the two days exhibition "All About Lifestyles" organized by The DAWN group of Newspapers from December 6-7, 2003 held at Convention Centre Islamabad. More than 175 national and international organization including SACHET exhibited their products and IEC materials. Approximately 15000-20000 people visited the stall of SACHET GALLERY out of 1, 75,000 people who visited the Exhibition. They gathered information about SACHET, its project FAD and showed keen interest in our work.



Visitors' Book

- The display centre is a good activity. It is promoting the message of SACHET very powerfully. The goods displayed are of good quality and would like to see the mission prosper. *Minhaj Ali*
- A very good effort to promote to our local talent and to help the local industry. *Amna Abid London UK*



*Perceive....Conceive...
Believe...and achieve!*

Stories of hope

I am Yasmin Akhter living in Saidpur village, adjacent to F-6 sector. I have four children, two daughters and two sons. 14 year back, my husband died. I led a very poor and miserable life. I did stitching in a Boutique and was earning just Rs. 90/- per day which was not sufficient to fulfill the requirements of my family especially children's health and education.

Then I met Ms. Khajista Kiyani, who informed me about SACHET Gallery and advised me to display my work over there. I borrowed some money from my relative and stitched a few frocks for Gallery and got a good response.

Ms. Khajista Kiyani gave me an idea to take interest free loan from SACHET's SMiLe project (SACHET Micro Enterprisers for life).

After taking loan I bought two sewing machines and opened a crafts training center for unskilled girls and widows. I received orders from different boutiques of Rwp./Islamabad. Now girls from Saidpur are learning different income generating skills from my center and they are also assisting me in my work.

Now my monthly income is more than Rs.3500/-. Our domestic conditions are better than before. My children are getting ameliorate education and one son has become independent by opening his sales outlet in Super market. Now I can handle the expenses of my daughter's marriage easily. I am satisfied with my life.

I am very much thankful to SACHET, who started such projects which are contributing a lot in the economic empowerment of the poor.

From training center not only I am getting income, but also many disadvantaged women of our area are learning different income generating skills which is only due to SACHET's PACIG program.

My name is Saeeda Bibi. I have seven children, four sons and three daughters, living in Saidpur from last eleven years. We migrated from Swabi for the better education of our children. My husband is a watchman and he is earning Rs.1800/- per month. I was doing household work of other families of Saidpur village from which I got a little amount, not sufficient to meet our day to day expenses.

At that time I met Ms. Khajista Kiyani, who was working with SACHET. She told me about SACHET Gallery. I made some embroidered clothes and displayed at the Gallery, out of which only one was sale out. While working for SACHET Gallery, I also got some information about SMiLe (SACHET micro enterprisers for life) one of the projects of SACHET'S PACIG Program, and applied for loan. I started the business of cloth cut pieces on discount rates from Peshawar and sell them in Saidpur village by which my earning is Rs.600/- to Rs.1200/- monthly. My daughters are also learning different income generation skills from Ms Kajsta Kiyani.

This amount that I am earning now is sufficient to fulfill the needs and requirements of my children. From this income I am returning the loan to SMiLe in installments.

Now I am happy and living a healthy and improved life.

By: Program Executive PACIG

Training Program

Investing in Future

Training Program SACHET focuses on both professional as well as personality building. The Program is investing in its team members, volunteers and partners through innovative training approaches and strategic communication in the diverse thematic areas of development.

Our Training program also offers the space for promoting diversities and empowering the communities specially the community of youth through various creative ventures.

Internship Project

Equipping the interns with new information, skills and vision so that they can realize their potentials and create opportunities for themselves is the basic purpose of this project.

Target Beneficiaries: Fresh graduates

Target No.: 12 in a year

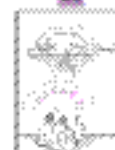
Capacity Building Project

Motivated, enthusiastic and productive team members are the real secrets of an organization's success. SACHET never forgets to enhance the competency and strengthen the commitment of her team. Different capacity building workshops, training courses, brainteasers etc. keep on increasing everyone's intellectual energy resource.

Activities

SACHET participated in

- Literature Exhibition of SDPI in its 6th Sustainable Development Conference from Dec 11th -13th 2003 at Holiday Inn, Islamabad.
- a 2 day exhibition From December 6th -7th 2003, "All About Lifestyles" organized by the DAWN group of Newspapers at Convention Center Islamabad. In this exhibition more than 175 National and International organizations including SACHET exhibited their products.
- exhibition held at Iqra University on Dec 20th 2003.
- Mela on 8th March 2004 organized by Mubariza Network in connection with International Women Day.



Impressions

I am really glad to get an opportunity to work with SACHET as an intern for my work practice placement. Watching people's problem on TV or reading in books is different but looking at people facing these problems was a totally different scenario. Visit at Shahdra, watching dedicated people at their work in SACHET Community Development Centers was the most useful part of my internship. Every single day and hour, taught me something during my internship. I think I am blessed with excellent work experience with excellent people.

Tabinda N. Khan (Intern- SACHET)
The College of New Jersey TCNJ



Project Management was my first in house training that I attended in SACHET. It was a very knowledgeable experience; the session was not only theoretical but also practical which made it more interesting. Such sessions are not only constructive for ones own personal growth but also useful in the long run for ones professional development. I would like to thanks Training Program SACHET for providing me such an opportunity to widen up my experience and knowledge. More of such sessions should take place.

Irum Nawaz Janjua





We will not know unless we begin

AGEHI Resource Center

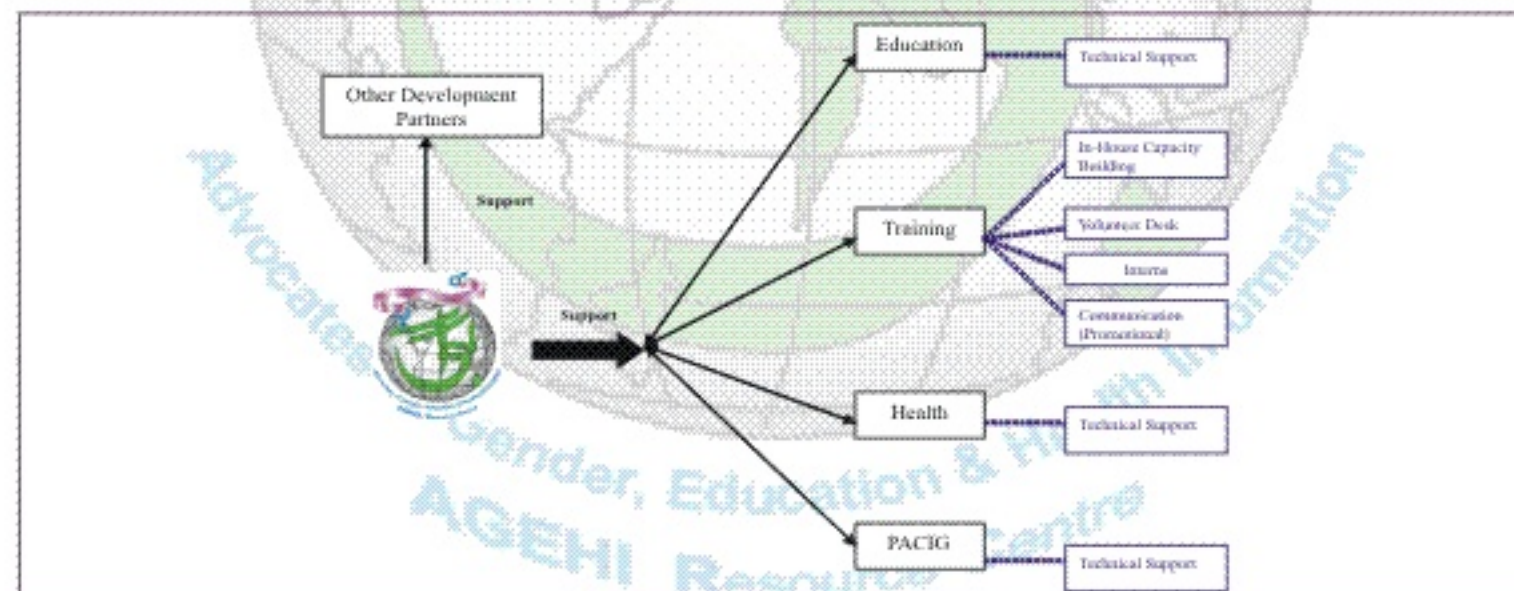
Engendering Development

AGEHI Resource Center was founded in September 2000 by Dr. Rakhshinda Perveen. It serves as resource centre of SACHET and other development partners. AGEHI is an acronym standing for Advocates of Gender, Education, and Health Information. AGEHI itself is an Urdu word bearing meanings like Knowledge, Awareness, Perception and Insight. It is meant to advocate for Gender Sensitization, Education and Health promotion by disseminating information, networking & research on gender issues.

AGEHI Resource Center informs policy makers, educators, media professionals, concerned citizens, civil society representatives, students from urban as well as remote areas of Pakistan, young professionals, researchers and program managers working in the areas of Gender, Education and Health through out the country through a broad range of activities.

Projects

1. Communicating Change project (2000-t0 date)
2. FAD (Fight Against Dowry) (2001-2006)
3. Development & Implementation of BCC (Behavior Change Communication) Strategies and Interventions, aimed at Adolescents/Youth in Schools/ Colleges of Rawalpindi/Islamabad Project of Family Health International



AGEHI Resource Centre's Strategies

- Advocacy
- Research
- Communication

Research Work

1. Violence Against Pakistani Women (2002)
2. Dowry & Silence of the Civic Society as reflected by the Newspaper media A micro analysis of the invisibility of dowry as a gender issue in Pakistan (2002)
3. Poster presentation at PAP (Population Association of Pakistan) 2003 on "Investing in Future"
4. "Economic Empowerment of Women and Development" from Feb- April 2003. Research carried out by Intern.
5. "Domestic Violence against Women" (discriminatory attitude towards females) from July- August 2003 in rural areas of Rawalpindi and Islamabad. Research carried out by Intern.
6. G for Gender (Editorials, Columns & Articles) by Dr. Rakhshinda Perveen
7. Report on Gender Watch
8. All about AIDS Related activities on AIDS Day 2003
9. Collaborated with other Researchers and Organizations in their respective research work.

Communicating Change project (2000-t0 date)

Communication provides a strategic support to the four Program areas of SACHET through harnessing the power of print, electronic & digital media in achieving the mandated objectives of the organization.

Communication Products

- AGEHI, quarterly newsletter in English
- SACHET Nama, biannual Urdu newsletter
- Issue based annual calendar/planner
- Annual Report
- SACHET web site
- Khazeena Library



Geographical Coverage: All over Pakistan

Beneficiaries

Policy makers, educationists, media professionals, concerned citizens, civil society representatives, students from urban as well as remote areas of Pakistan, young professionals, researchers, and program managers working in the areas of gender, education and health throughout the country.

Results

Description	Published	Amount	Distribution
Newsletter Issue 5	February 2003	3500	3000
Annual Report 2002	July 2003	4000	3400
SACHET Nama Issue 3	August 2003	5000	4000
Newsletter Issue 6	August 2003	3000	2800
Newsletter Issue 7	December 2003	3000	2400
Planner 2004	December 2003	3000	2800
SACHET Nama Issue 4	February 2004	5000	2500
Newsletter Issue 8	June 2004	3000	2000



SACHET Website

The website contains information on SACHET Programs/projects/activities, its management and a regular update on the development sector and relevant research material including articles, reports etc. The site also provides interactivity to SACHET's valued stakeholders.

The material uploaded on the SACHET website include :

- Media updates (Press Releases)
- Project Activity Updates
- Research Material
- Links to useful resources
- Development of Youth Conference website.

There were 31,855 hits from Jan-July'04 on SACHET's website indicating the number of visitors which have visited the website for information.

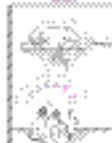
Website Review

I have gone through the website and found it technically well made and complete. It can be given a new look in terms of graphics but even if they keep running the same one, it still is good enough. From the navigation point of view, links are placed according to their importance and are running smoothly making it more easy to surf through, so again a positive point and no changes required.

The only changes I could think of are:

1. To bring the right side advertisements i.e 'Fight Against Dowry', 'Urgently Required' Training Program" and "Sachet Gallery" to the left side, just under the "Annual Reports". Now "Web columns" and "Development Sector Updates" can be moved up where they will be visible without scrolling the page down. OR two of the right side advertisements could be shifted to the left side for bringing the "Web Columns" slightly up.
 2. "Search" can be shifted to the top most banner inorder to make space at the right side column. The reason for doing this would be that right now when the website is sighted for the first time, the web columns which are pretty important don't catch the eye, so shifting them a bit to the top would make them visible even at the first glance.
- Rest of the website seems nice and has been made in a professional manner. Congrats to the web team behind it !!

Irtaza Hassan is a SACHET Volunteer and is 25 years old.



Impact

- Networking has increased.
- Students have shown interest in research
- More requests for publications from different organizations.
- The number of Volunteers has increased.

Partnership

- Mubariza Network
- CORRIN Network
- Population Association of Pakistan (PAP)
- Many other Community Based Organizations (CBOs) and Village Based Organizations (VBOs)

Khazeena (Dr. A.Q Khan Documentation Center)

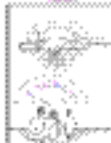
To provide a comprehensive research facility with an offline and online (Internet) presence, to knowledge seekers on socio-economic development sector in Pakistan.

Achievements

Approximately 150 individuals (from different walks of life) came to consult books on various issues regarding their respective fields.

A lot of students utilized the material for their thesis and research work.

Many thesis and research work has been done by consulting the material in the documentation center.



The future belongs to those who believe in the beauty of their dreams

FAD (Fight Against Dowry) جہیز کے خلاف جنگ (2001-2006)

Challenge, Commitment, Change

FAD "Fight Against Dowry" aims to stimulate a thinking process by sensitization and creating awareness against the institutional practice of dowry and dowry violence in Pakistan.

Objectives

- To identify perceptions, attitudes, practices in connection with dowry.
- To inform primarily youth and students about the social, economic, psychological and health hazards of dowry and dowry violence.
- To engage mass media in promotion and dissemination of awareness against repercussions.
- To lobby for various reforms with the various levels of government.
- To organize and mobilize students and parents against dowry.

Geographical Coverage

All over Pakistan

Beneficiaries

Direct: Youth

Indirect: other stakeholders (media, policy makers, parents)

Results

- More than 3000 signatures obtained from twin cities. (Signatures obtained on posters circulated in many other cities and towns are yet to be compiled and counted.)
- SACHET community catchment area consists of about 200 villages and signatures endorsed through community mehfil are in to hundreds. Resolution signed through mail is about 103. The activities have generated signatures from participants are 165. The e-petition is signed by about over 900 individuals.
- Development of 13-episode 15-minute series FAD-Fight Against Dowry.
- TV series production involved nearly 200 young people from all parts of Pakistan and 40 civil society representatives including eminent figures like Dr Nafees Sadiq, Jamiluddin Aali, Ms Khawar Mumtaz, Dr Riffat Hassan etc.
- A positive feedback and interest of the viewers to become a working member of the campaign.
- Designing and production of message bags for message dissemination and economic sustainability of FAD Project.





- Sensitization of 30 journalist
- Coverage by the leading newspapers
- Preparation of draft version of amended Law (Dowry and Bridal Gifts Restriction Act 1976).
- Ban on wedding meals restored.
- Breaking the silence of print and main stream media on the issue of dowry (July 2002-Jan 2003 there in total 212 news items that covered issue of Dowry: 70 was the contribution of civil society and 72 was the Contribution of SACHET advocacy activities).
- Revival of the issue within the development professionals.
- Invitation from the commission of Law and Justice to organize a National level consultative workshop to finalize the amendments on Dowry law.
- Initiation of FAD Advocacy Network (FADAN).
- Encouraging response for FAD Network by some NGOs and many young people.
- 4 FAD evenings Evening held with a mass level of participation from people of different walks of life.
- Seminar on "Dowry" was conducted in Jacobabad (Sindh) by focal point, Jacobabad FAD Advocacy Network. It was the first advocacy seminar on "Dowry" in the history of Jacobabad.
- Fight Against Dowry- (FAD) book got published
- To mark the 3rd anniversary of the project AGEHI Resource Center-SACHET under its five year Advocacy project organized the 1st National FAD Advocacy Network (FADAN) workshop for its FAD focal points on 27th November 2004. People from different walks of life attended the concluding session of the National workshop. Dr. Faqir Hussain Secretary Law & Justice Commission was the chief guest of the Concluding Session. In the Concluding Session the recommendations and declaration were presented and later on panelist Dr. Batool Mazhar, Dr. Ansar Khan and Mr. Tariq Ghauri belonging from different backgrounds, shared their perspectives on the issue. Which was followed by a question Answer session.

Declaration

All the documents and acts which are the prerequisites for the enactment of laws against dowry on demand should be given preference at a upper level, so that we can produce comprehensive and compatible legislation to combat dowry related predicaments resulting violence in the society

Considering the prevailing situation in the contemporary society efforts should be drawn from both ends, on the part of law enforcement agencies and public at large in spreading the awareness about the grievances of the issue which has caused a greater stress in the society.

We at the end of this procession conclude before the concerned authorities that dowry related incidents and violence should be highlighted in accordance with its distinct identity to put an end to the sufferings of the people.

- Silver Ribbon campaign is an initiative launched by FAD (Fight Against Dowry) a five year Advocacy project of AGEHI Resource Center-SACHET on 27th November 2004. The silver ribbon portrays the element of simplicity, austerity and courage against ills of dowry on demand.



Development & Implementation of BCC (Behavior Change Communication) Strategies and Interventions, aimed at Adolescents/Youth in Schools/Colleges of Rawalpindi/Islamabad Project of Family Health International (FHI / USAID / NACP)

To contribute towards the improved quality of life of Adolescents and Youth through implementation of behavior change interventions

Pakistan is the 6th most populous country in the world and has bagged 142nd rank on human development index among the nations of the world. Youth makes up 63% and adolescents nearly 43 % of the total Pakistani population. Half of the population in Pakistan is of reproductive age and sexual transmission is believed to be one of the major causes of HIV infection. Approximately 11.8 million people aged between 15 & 24 are currently living with HIV/AIDS all around the world. Though the prevalence of the HIV/AIDS is low in Pakistan as 0.1% but this relatively low prevalence disguises the presence of high risk factors, which continue to make HIV/AIDS as significant challenge to development in Pakistan. Illiteracy, lack of awareness, poverty and dearth of focused attention to youth-related problems add to the complexity of the problems currently faced by the country in social sector development.



Objectives

- To increase knowledge & awareness level about HIV/AIDS among adolescents/youth by 50% from base line level in 25 schools/colleges/ of Islamabad/Rawalpindi in 16 months.
- To advocate for support in HIV/AIDS prevention measures with 25 academic institution heads, Ministry of Minorities, Culture, Sports, Tourism, & Youth Affairs & Media professionals
- To train 2500 peer educators, 30 teachers and student counselors at 25 academic institutions of Islamabad for dissemination of information on HIV/AIDS among their influence groups
- To provide a forum to youth (in form of Youth Advocacy Network) to discuss and debate their problems, promote healthy life style through sports and other creative activities and strengthen HIV/AIDS prevention efforts among Adolescents and youth
- AGEHI Resource Centre is implementing this project with the support of NACP, FHI and USAID



AGEHI Theater Group

AGEHI through theater

Founded in 2003, AGEHI Theatre Group is a creative venture of AGEHI Resource Center SCAHET using the strategy of behavioral change communication.

Comprising a young and vibrant team with a view to help build a society based on three core values of sustainable human development: self esteem freedom of choice and tolerance; the group envisions a society where all have equal access to opportunities and justice irrespective of gender, color, race and status.

AGEHI Theatre Group to date have produced 14 creative performances based on themes such as youth and gender based violence, HIV/AIDS related stigma and discrimination & rights awareness.



Objectives

To create awareness about issues regarding gender, youth, discriminatory laws, health, human rights & education in youth.

To provide a platform for self-expression and cultural outlet for the people living in rural as well as in urban areas.

To fight obscurantism and promote cultural expression at community level.



Results

- Approx 600 Mehfil on various issues concerning health, under the health project.
- Approx 4 Mehfil were organized under the project of PACIG.
- Approx 10 Mehfil were organized to sensitize community on different issues regarding Education.
- A Proscenium theatre play with the name of "CHAT" on the issue of Dowry was performed in the International Youth Conference 2003.
- 10 street theatre plays for rural masses on the topic of HIV/AIDS from 3rd to 9th December 2003.



Theatre Performance in Rural Communities

An interactive theatre performance based on the stigma and discrimination surrounding HIV/AIDS, with the name of "Dosti" was based on the theme creating a conducive environment in which people can discuss what the syndrome really is, and how important it is to adopt a positive attitude towards the victims of this disease. Questions-answer session followed this interesting and informative theatre performance.

Area: Shadara, Banigala, Panyali, Gagri, Pathergarh

- An interactive sensitization session on HIV/AIDS for the media professionals was organized on 11th December 2003, under the theme of "live & let live".

Increase in level of awareness regarding the advocated issues among targeted Audience.

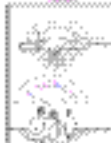
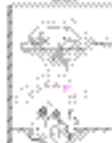
Some key activities carried out by the programs of SACHET from July December 2004



S#	Months	Achievements
1.	July	A five day life skills based Summer Camp for Peer Educators under Development & Implementation of BCC Strategies & interventions aimed at Adolescents' Youth in Schools/ Colleges of Rawalpindi/Islamabad Project in collaboration with Family Health International (FHI) from 23 rd July - 28 th July 2004.
2.	August	A consultative workshop with the stakeholders to draft recommendations for National Youth Policy was organized on Aug 9, 2004, under Development & Implementation of BCC Strategies & interventions aimed at Adolescents' Youth in Schools/ Colleges of Rawalpindi/Islamabad Project in collaboration with Family Health International (FHI) Health awareness and sensitization project in slum areas of Islamabad in collaboration with PLAN
3.	September	Advocacy Workshop with Media Professional was organized on Oct 13 th 2004 under Development & Implementation of BCC Strategies & interventions aimed at Adolescents' Youth in Schools/ Colleges of Rawalpindi/Islamabad Project in collaboration with Family Health International (FHI)
4.	October	Advocacy pack-drafts prepared by RHIYA (Reproductive Health Initiative for Youth in Asia) in collaboration with UNFPA
5.	November	RHIYA Youth Summit in Sri Lanka 1st National FAD Advocacy Network (FADAN) workshop for its FAD focal points on 27th November 2004 under FIGHT Against Dowry a five year Advocacy Project of AGEHI Resource Center-SACHET
6.	December	DoSTI Talent Show in connection with World AIDS Day 2004 on December 7, 2004 under Development & Implementation of BCC Strategies & interventions aimed at Adolescents' Youth in Schools/ Colleges of Rawalpindi/Islamabad Project in collaboration with Family Health International (FHI) / USAID / NACTP



Progress lies not in enhancing what is, but in advancing toward what will be.
Khalil Gibran



The Way Forward

We shall continue to

strive for promoting human development in the disadvantaged communities with gender perspectives.

strive for a society marked by gender justice.

strive to strengthen our ongoing programs in terms of social, institutional, technical and financial sustainability by intensification of community partnership, instituting genderized structures and systems, capacity building and exploring new funding partners.

strive for an organization that should be quoted for its competence, commitment, credibility and creativity. We would like to see Advocacy, research-based Activism, Gender and youth focus as the forte of SACHET.

remain responsive to contemporary needs and challenges.

center on efficient risk and human resource management.

PLANNER 2005

S#	Month	Activity/event
1.	January	Training of Teachers
2.	February	Regional conference for youth
3.	March	Women's day celebrations
4.	April	Health communication-workshop
5.	May	5th Exhibition -Invisible workers at SACHET Gallery
6.	June	Summer Internship Program
7.	July	Population Day Celebrations Finalization of two research papers
8.	August	5th Hunarmand Pakistan -exhibition at sachet gallery
9.	September	Literacy day activities
10.	October	Annual Evaluation of SACHET Programs
11.	November	Annual Fund Raising Event Second national workshop-fight against dowry advocacy network
12.	December	AIDS Day Celebrations

SYED HUSAIN & CO.

CHARTERED ACCOUNTANTS

Islamabad Road,
New-10 Building No. 10,
Jinnah Avenue,
Islamabad.
TAXIC : 351 11 44 25
Fax : 3503 1198337
E-mail : shc@syedhusain.com

AUDITORS' REPORT TO THE BOARD OF DIRECTORS

We have audited the annexed balance sheet of the **SOCIETY FOR THE ADVANCEMENT OF COMMUNITY, HEALTH, EDUCATION AND TRAINING - PAKISTAN** as at June 30, 2003 and the related income and expenditure account together with the notes forming part thereof (hereinafter referred to as the "financial statements") for the year then ended.

These financial statements are the responsibility of the management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting policies used and significant estimates made by management, as well as, evaluating the overall presentation of the financial statements. We believe that our audit provides a reasonable basis for our opinion.

In our opinion:

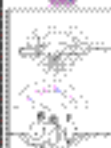
- the expenditure incurred during the year was for the purpose of the approved objects of the Society;
- where funds were received for a specific stated purpose, these have been spent for that purpose only; and
- the financial statements referred to above present fairly, in all material respects, state of the Society's affairs as at June 30, 2003 and of the deficit for the year then ended.

The financial statements of the Society for the year ended June 30, 2002 was audited by another firm of Chartered Accountants whose report dated December 31, 2002 expressed unqualified opinion thereon.

ISLAMABAD: January 20, 2004

Syed Husain
SYED HUSAIN & CO.
Chartered Accountants

A member firm of
MEMBERSHIP INTERNATIONAL LIMITED
Members are provided with throughout
the world



**SOCIETY FOR THE ADVANCEMENT OF COMMUNITY,
HEALTH, EDUCATION AND TRAINING - PAKISTAN**

BALANCE SHEET AS AT JUNE 30, 2003

	Notes	2003 Rupees	2002 Rupees
ASSETS			
NON CURRENT ASSETS			
Operating fixed assets	3	44,061,561	14,911,208
Advance for purchase of building			13,095,009
Investments	4	91,300,000	91,300,000
Deferred costs	5	-	14,000
		<u>135,361,561</u>	<u>119,320,208</u>
CURRENT ASSETS			
Medicine inventory		383,505	604,077
Advances, deposits, prepayments and other receivables	6	478,686	579,901
Accrued income	7	1,425,812	-
Cash and bank balances	8	9,789,274	10,092,866
		<u>12,067,277</u>	<u>11,476,844</u>
TOTAL ASSETS		<u>147,408,838</u>	<u>130,797,052</u>
FUNDS AND LIABILITIES			
FUNDS			
General Fund	9	111,911,716	129,913,736
Capital Fund	10	33,244,200	-
		<u>145,155,916</u>	<u>129,913,736</u>
CURRENT LIABILITIES			
Creditors, accrued and other liabilities	11	2,262,922	883,314
CONTINGENCIES AND COMMITMENTS			
TOTAL FUNDS AND LIABILITIES		<u>147,408,838</u>	<u>130,797,052</u>

The annexed notes form an integral part of these financial statements.

PRESIDENT

SECRETARY GENERAL

**SOCIETY FOR THE ADVANCEMENT OF COMMUNITY,
HEALTH, EDUCATION AND TRAINING - PAKISTAN**

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED JUNE 30, 2003

	Notes	2003 Rupees	2002 Rupees
INCOME			
Donations and voluntary contributions		1,304,442	9,995,484
Profit on investments		11,999,656	13,640,020
Profit on bank deposits		436,617	460,362
Income from sponsorship		-	320,090
Other income		14,759	3,090
		<u>13,755,474</u>	<u>24,418,866</u>
EXPENDITURE			
Direct Program Cost			
Health program	12	5,089,961	4,429,057
Education program	13	589,921	77,174
AGEHI resource centre	14	2,723,094	1,068,548
SACHET gallery	15	490,614	795,330
Training program	16	416,908	182,645
		<u>9,310,518</u>	<u>6,572,754</u>
Management and Support Services Cost	17	4,526,302	3,969,277
(DEFICIT) / SURPLUS FOR THE YEAR		<u>(81,346)</u>	<u>13,876,835</u>
OTHER CHARGES			
Foreign exchange loss		189,517	153,948
Amortization of deferred cost		14,000	7,000
Bank charges and commission		2,934	870
		<u>206,451</u>	<u>161,818</u>
NET (DEFICIT) SURPLUS FOR THE YEAR		<u>(287,797)</u>	<u>13,715,017</u>

The annexed notes form an integral part of these financial statements.

PRESIDENT

SECRETARY GENERAL



**SOCIETY FOR THE ADVANCEMENT OF COMMUNITY,
HEALTH, EDUCATION AND TRAINING - PAKISTAN**

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PRESIDENT


SECRETARY GENERAL

**SOCIETY FOR THE ADVANCEMENT OF COMMUNITY,
HEALTH, EDUCATION AND TRAINING - PAKISTAN**

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED JUNE 30, 2003

1 THE SOCIETY AND ITS OPERATIONS

1.1 Society for the Advancement of Community, Health, Education and Training - Pakistan (SACHET) is an independent, voluntary, non-government, non-political and non-profit making organization registered under the Voluntary Social Welfare Agencies (Registration and Control) Ordinance, 1961. The Society has been established to provide health support, education and skills training to the poor and unprivileged classes of population. SACHET also cooperates with national and international non-profit organizations/institutions and individuals engaged in the promotion of its objectives and various programs.

2 SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

2.1 Accounting Convention

These accounts have been prepared under the historical cost convention, except assets and liabilities denominated in foreign currencies which are dealt with as stated in Note 2.6.

2.2 Revenue

Cash donations/voluntary contributions and grants-in-aid are recognized on actual receipt basis when it is certain that the Society shall fulfil the terms/conditions, if any, attached thereto. Donations in kind are recorded on the basis of fair value of donated assets/items. Fair value of donated depreciable assets is amortized over estimated useful lives of the respective assets.

Profit on regular income certificates and term deposits is recognized on a time proportion basis taking into account the effective yield rate and assuring that deposits/investments will be held under the respective scheme till maturity.

2.3 Fixed Assets

These are stated at cost less accumulated depreciation. Depreciation on these assets is calculated by applying the straight line method at the rates specified in Note 3 to write off the cost of assets over their estimated useful lives. Full year's depreciation is charged in the year of addition while no depreciation is charged in the year of disposal.

Major renewals and improvements are capitalized and normal repair and maintenance costs are charged to income as and when incurred. Gain or loss, if any, on disposal of fixed assets is included in current year's income.

2.4 Investments

Held to maturity

Investments with fixed maturity where management has both the intent and the ability to hold to maturity are classified as held to maturity and are stated at cost.

2.5 Medicine Inventory

These are valued at cost determined on first in first out basis.

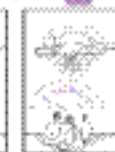
2.6 Foreign Currencies

Transactions in foreign currencies are recorded in Pak Rupees at the rate of exchange ruling on the date of transactions. Monetary assets and liabilities denominated in foreign currencies are translated into Pak Rupees at the rate of exchange ruling on the balance sheet date. Exchange gains or losses are dealt with in the income and expenditure account.

2.7 Deferred Cost

Deferred cost is amortized over a period not exceeding five years from the year of incurrence.





3. OPERATING FIXED ASSETS

PARTICULARS	2003				2002			
	At the start of the year	Acquisitions	Disposals	At the end of the year	At the start of the year	Acquisitions	Disposals	At the end of the year
	Rs. 000	Rs. 000	Rs. 000	Rs. 000	Rs. 000	Rs. 000	Rs. 000	Rs. 000
Office building (Note 3.1)	3,622,187	20,288,000	28,828,282	25,081,905	3,622,187	2,788,525	2,138,282	4,272,430
Furniture and fixtures	2,344,759	143,674	2,884,040	0	825,482	289,454	284,888	830,048
Office equipment	1,178,880	285,737	3,138,757	0	1,823,809	472,873	1,888,598	2,408,084
Computers and accessories	1,442,366	171,385	2,455,349	0	353,592	248,585	588,367	1,013,810
Medical equipment	188,727	5,225	84,982	0	14,884	18,488	53,363	18,009
Transport and other vehicles	82,084	0	82,084	0	0	0	0	0
Other vehicles	6,141,479	0	4,285,275	0	14,56,498	881,838	2,487,528	1,950,808
Total	15,880,581	20,744,089	39,884,028	45,966,893	10,245,058	3,918,450	5,069,038	19,194,470

3.1 Head office building is owned by SACHET. However, its title has not been transferred in the name of SACHET, pending issuance of Building Completion Certificate by Capital Development Authority, to be obtained by the previous owner.

3.2 Allocation of depreciation/amortization

	2003	2002
	Rs. 000	Rs. 000
Depreciation against capital fund (Note 10)	3,858,825	
Health Program (Note 12)		
Hakdakh clinic	38,821	35,688
Piyail clinic	51,993	178,832
Rangpale clinic	951,788	106,548
Ghagpale clinic	36,888	585,821
Pahar Gah clinic	28,396	
	1,047,886	796,889
ACEDH residence (Note 10)	138,385	18,619
SACHET gallery (Note 10)	39,821	39,821
Management and support services (Note 17)	1,611,821	1,287,371
	3,638,852	1,334,839

4. INVESTMENTS HELD TO MATURITY

	2003	2002
	Rs. 000	Rs. 000
Regular Income Certificates (Note 4.1)	50,808,000	50,808,000
Term Deposit Receipts (Note 4.2)	41,308,000	41,308,000
	92,116,000	92,116,000

4.1 Regular Income Certificates are for a period of 5 years and carry prohibition at the rates ranging from 14.85 to 18% per annum, redeemable on monthly basis.

4.2 Term Deposit Receipts are for a period of 3 years, and carry prohibition at the rates ranging from 3.5% to 5.5% per annum, redeemable on bi-monthly basis.

5. DEFERRED COSTS

	2003	2002
	Rs. 000	Rs. 000
Costs incurred during the year	14,000	21,000
Less: Amortization	(14,000)	(21,000)
	0	0

6. ADVANCES, DEPOSITS, PREPAYMENTS AND OTHER RECEIVABLES

	2003	2002
	Rs. 000	Rs. 000
Advances to:		
employees	4,271	48,380
supplies	188,050	327,112
	192,321	375,492
Security deposits	185,855	91,588
Prepayments	34,880	38,875
Order fees (Note 6.1)	39,820	78,880
Other receivables	4,700	9,875
	457,776	593,835

6.1 These are unsecured loans provided to the staff and family members and repayable in easy installments over a period of one year.

7. ACCRUED INCOME

	2003	2002
	Rs. 000	Rs. 000
Accrued profit/losses on:		
Regular Income Certificates	701,480	
Term Deposit Receipts	675,187	
PLS Accounts	48,640	
	1,425,307	0

8. CASH AND BANK BALANCES

	2003	2002
	Rs. 000	Rs. 000
Cash in hand	89,237	14,588
Chèques in hand	63,885	
Cash with bank on PLS accounts:		
Local currency	6,428,183	6,681,289
Foreign currency (US \$ 1 = Pak Rupee 57.72 (2002: 61.12))	3,391,887	3,387,416
	6,510,075	6,703,293

9. GENERAL FUND

	2003	2002
	Rs. 000	Rs. 000
Opening balance brought forward	128,813,736	118,198,721
Less: Transferred to capital fund (Note 10)	(12,714,225)	
	116,099,511	118,198,721
(Deficit) surplus for the year carried forward from income and expenditure account	(282,581)	13,745,887
	115,816,930	132,944,608

9.1 Donations received for purchase of office building, previously recognized as income, in the year of receipt thereof, have now been transferred to capital fund (Note 10).

10. CAPITAL FUND

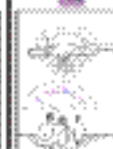
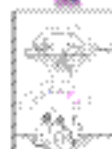
It represents voluntary contributions/donations received for purchase of office building. It shall be amortized over the expected useful life of the building purchased.

	2003	2002
	Rs. 000	Rs. 000
Opening balance		
Transferred from general fund (Note 9)	18,876,500	
Receipts during the year	18,188,888	
	37,065,388	0
Less: Amortization		
Prior year - Transferred from general reserve (Note 9)	386,215	
Current year (Note 3.2)	3,658,825	
	4,045,040	0
	33,020,348	0

11. CREDITORS, ACCRUED AND OTHER LIABILITIES

	2003	2002
	Rs. 000	Rs. 000
Creditors:		
Payable against building	875,880	
Payable to SACHET gallery counterpart	148,257	423,323
Donations received in advance (Note 11.1)	853,780	
Provident fund payable	255,746	70,238
Accrued expenses	74,386	68,305
Auditors' remuneration payable	15,000	
Salaries payable		362,482
Overhead working fee		4,550
Income tax payable		385
Other payables	21,879	
	2,155,838	868,943

11.1 It represents donations/voluntary contribution received for a future project of the Society.



12. HEALTH PROGRAM

	2003						2002
	Estimated Expend	Actual Expend	Revised Expend	Target Expend	Actual Grant	Value	
Salaries, allowances and benefits	451,367	475,373	452,827	487,541	542,950	2,499,875	5,435,679
Vehicle running	162,836	71,538	75,426	75,446	38,612	489,545	445,579
Cost charges	-	11,590	-	-	-	11,692	3,625
Utilities	28,411	24,055	172,287	54,546	31,211	105,402	82,176
Communication	-	14,050	14,863	15,510	3,984	46,157	53,679
Medicine supplies	238,707	276,858	320,353	348,111	240,456	1,857,371	1,698,524
Stationery and other supplies	13,757	15,646	20,406	17,448	11,682	80,847	59,594
ITC development	-	-	-	-	-	-	3,250
Public relations	-	-	-	-	-	-	2,126
Repair and maintenance	4,308	5,830	7,248	5,759	3,090	23,352	14,756
Human Resource (Health) Shortage Mitig. Day	25,156	-	-	-	-	35,156	27,428
Training camp charges	7,757	-	-	-	-	7,757	16,436
Depreciation (Note 3.2)	36,821	50,503	50,785	50,008	26,200	206,362	584,544
Miscellaneous	-	-	930	352	3,890	4,801	2,175
	685,569	1,085,543	1,576,473	1,119,528	797,399	4,397,456	4,359,831
From medical college	-	-	-	-	-	50,491	25,436
National Immunisation Programme charges	-	-	-	-	-	-	7,388
	685,569	1,085,543	1,576,473	1,119,528	797,399	4,397,456	4,429,055

13. EDUCATION PROGRAM

	2003 Rupees	2002 Rupees
Salaries, allowances and benefits	198,846	18,655
Adopt a school initiative	217,170	31,740
Stipendship/scholarship for deserving students	119,582	35,740
Grant-in-aid to institutions	21,580	25,000
Grant-in-aid to individuals	-	13,000
Special student capacity building project	-	13,380
Computer training (ICGP)	34,633	1,675
Miscellaneous	940	-
	682,071	168,174
Less:		
Computer training fee	48,150	24,000
Specific donations from general public	25,000	-
	73,150	24,000
	608,921	144,174

14. AGEN RESOURCE CENTRE

Salaries, allowances and benefits	448,886	243,881
Vehicle running	112,920	47,912
Utilities	38,401	45,580
Communication	73,789	36,329
Printing and publications	8,175	15,656
Stationery and other supplies	62,963	21,883
Advertisement	11,557	-
Printing and publication	401,843	602,886
ITC development	36,381	1,750
Website development	182,250	-
Consistency charges	-	15,000
Stationery charges	1,247,646	117,263
Repair and maintenance	28,047	2,176
Depreciation (Note 3.2)	136,395	18,019
Miscellaneous expenses	985	-
	2,753,899	1,151,646

Less:
Unforeseen fee account
income from sale of publications

1,580	11,186
27,899	-
34,586	15,186
2,721,634	1,167,846

2,721,634	1,167,846
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15. SACHET GALLERY

	2003 Rupees	2002 Rupees
Salaries, allowances and benefits	408,876	137,325
Payment to consignees	652,755	694,956
Vehicle running	36,229	19,736
Utilities	162,264	196,278
Communication	18,283	23,816
Laundry charges	322	686
Stationery and other supplies	16,735	30,045
Advertisement	1,050	-
ITC development	1,625	686
Self provision	5,482	40,518
Security service	19,227	39,272
Consistency	-	87,825
Uniform	-	2,885
Staff training	2,546	-
Depreciation	32,226	3,915
Repair and maintenance	12,971	24,143
Depreciation (Note 3.2)	59,627	93,627
	1,536,536	1,569,205
Less:		
Sales of consignees' goods	835,188	885,957
Income from bags and postcards	537,257	13,703
Income from sale of SACHET illustrations etc.	3,486	11,381
Exhibition fee	-	3,125
Cost training fee	59,175	35,100
	1,845,864	1,129,316
	690,672	745,336

16. TRAINING PROGRAM

Community training program	216,257	-
Capacity Building Training - Staff	152,264	51,959
Internship	36,285	136,686
Computer training	8,184	-
	412,990	188,645

17. MANAGEMENT AND SUPPORT SERVICES COST

Salaries, allowances and benefits	1,583,396	1,511,291
Vehicle running	251,362	224,577
Utilities	386,521	381,496
Communication	164,553	136,689
Stationery and other supplies	158,481	49,210
Security services	385,280	344,987
Conferences and seminars	-	14,456
Repair and maintenance	16,582	24,884
Insurance	58,385	24,884
Auditors' remuneration	38,000	15,000
Repair and maintenance	112,963	315,156
Depreciation (Note 3.2)	1,411,521	1,247,271
Fee and subscription	2,000	2,000
Miscellaneous	1,234	14,188
	4,526,582	3,868,177

18. GENERAL

Figures have been rounded off to the nearest rupee. Figures of the last year have re-arranged whenever necessary, for the purpose of comparison.

PRESIDENT

SECRETARY GENERAL