



# Pakistan Reproductive Health Network

**National Working Group meeting and Capacity building workshop for PRHN Chapters**

**By  
SACHET Pakistan (PRHN National Secretariat)  
Islamabad, 5<sup>th</sup> June, 2014**

---



## Acknowledgment

---

On behalf of PRHN (Pakistan Reproductive Health Network) National Secretariat and SACHET Pakistan, we extend our gratitude for the contribution provided by UNFPA Pakistan and SPO (Strengthening Participatory Organization) to organize the capacity development workshop for PRHN Chapters and National Working Group Meeting, held on June 5 2014 at AGEHI Resource Centre SACHET Islamabad.

## Acronyms

---

AGEHI	Advocates of Gender Education & Health Information
ASRH	Adolescents Sexual and Reproductive Health
BCC	Behavior Change Communication
CBO	Community Based Organization
CSO	Civil Society Organization
DRR	Disaster Risk Reduction
FPAP	Family Planning Association of Pakistan
GB	Gilgit Baltistan
ICPD	International Conference on Population and Development
IDPs	Internally Displaced Persons
IEC	Information Education Communication
INGO	International Non Government Organization
KPK	Khyber Pakhtun Khwa
LHV	Lady Health Visitor
LHW	Lady Health Worker
LSBE	Life Skill Based Education
MDGs	Millennium Development Goals
MoU	memorandum of Understanding
MSS	Marie Stopes Society
NCSW	National Commission on Status of women
NHSR&C	National Health Services, Regulations & Coordination
NIPS	National Institute of Population Studies
NS	National Secretariat
NWG	National Working Group
PRHN	Pakistan Reproductive Health Network
RH	Reproductive Health
RWPF	Rutgers World Population Fund
SACHET	Society for the Advancement of Community, Health, Education & Training
SPO	Strengthening Participatory Organization
SRH	Sexual and Reproductive Health
SRHR	Sexual and Reproductive Health Rights
ToRs	Terms of Reference

## Contents

---

<b>Executive Summary</b>	<b>04</b>
<b>Program</b>	<b>05</b>
<b>Business Session (First Round)</b>	<b>06</b>
Proceedings	
SACHET-Pakistan, National Secretariat PRHN	06
Formal Adoption of PRHN-Gilgit-Baltistan Chapter	06
<b>Chapter Presentations</b>	<b>08</b>
PRHN Lahore Chapter	
PRHN Karachi Chapter	
PRHN Multan Chapter	
PRHN Islamabad Chapter	
PRHN Peshawar Chapter	
PRHN Haripur Chapter	
PRHN Haiderabad Chapter	
PRHN Kasur Chapter	
PRHN Vehari Chapter	
PRHN National Secretariat	
PRHN Nushehroferoz Chapter	
<b>Formulation of Task force for Media and Fund Raising</b>	<b>13</b>
<b>Business Session (Second Round)</b>	<b>14</b>
Interactive Technical Session with Multilevel Stakeholders, Part 1	
Presentation by Ms. Tahira Abdullah, RHR Bill	
Session with Ms. Anne Keeling, Country Representative UNFPA-Pakistan	
Session with Abdul Basit Khan, Executive Director NIPS	
<b>Business Session (Final Round)</b>	<b>17</b>
Interactive Technical Session with Multilevel Stakeholders, Part 2	
Session with Mr. Qadeer Baig, Country Director RWPF	
Session with Dr. Yasmin Zaidi, Gender Expert	
<b>Closing Session</b>	<b>19</b>
Remarks by Madam Khawar Mumtaz (Chair NCSW)	
Remarks by Dr. Shafqat Javaid Shaikh, Director General NHSRC	
<b>Outcomes of the Meeting / workshop</b>	<b>21</b>
<b>Strategic directions for next 3 years</b>	<b>23</b>
<b>Expense Summary</b>	<b>25</b>
<b>Annexure</b>	
<b>List of participants</b>	
<b>Background document</b>	

## Executive Summary

---

SACHET Pakistan being the newly elected National Secretariat of PRHN, organized the NWG (National Working Group) meeting on June 5 2014 at SACHET Head Office in Islamabad. In this meeting and capacity building workshop, focal persons from 12 chapters of PRHN from all over Pakistan showed their participation on behalf of their chapters.

Guest speakers during the workshop included Ms. Anne Keeling- Country representative of UNFPA, Mr. Qadeer Baig- Country Director RWFP, Mr. Abdul Basit khan- Executive Director NIPS and Dr. Shafqat Shaikh - Director General Ministry of National Health Services. In addition to this Ms. Tahira Abdullah (Reproductive Health expert and Human Rights activist), Dr. Yasmin Zaidi (Gender Expert), Ms Khawar Mumtaz (Chair National Commission on Status of women) representatives of Civil Society Organizations and founding members of PRHN attended the meeting. Ms. Tahira Abdullah (Founding member of PRHN), presented a meaningful and thought provoking presentation on status of RH related Issues, challenges, constitutional Rights and Liberties, Civil Society initiatives for RH, legislations and bills.

The Participants (see annex 2 - list of participants) and guest Speakers shared their views, updates and status related to Sexual & Reproductive Health Rights in the context of Pakistan and global perspective, recommendations and suggestions for strengthening Pakistan reproductive Health Network (PRHN) were also presented. The participants also discussed the opportunities regarding effective utilization of PRHN platform for advocacy on RH and SRHR and suggested activities that need to be taken-up by the network at the National level.

The Meeting of Pakistan Reproductive Health Network (PRHN) was aimed to generate discussion and action points for sustaining the capacity of PRHN for the advancement of SRHR agenda in public policy with global perspective (See annex 1-Background paper distributed prior to the meeting).

## Program

Item	Time	Remarks
Arrival and Registration	8:30 am	
Business Session (first round)	9:00 – 11:30	Chaired by Dr. Muhammad Tufail (Focal person Peshawar chapter of PRHN/Chair BoD SPO)
Presentations by each Chapter on their work plans and performance		
Formal adoption of Gilgit Baltistan Chapter of PRHN		
Group photo and Tea Break	11:35	
Technical session with multilevel stakeholders	11:55 to 01:30	Jointly chaired by the Country Representative UNFPA (Ms. Anne Keeling) & Executive Director NIPS (Mr. Abdul Basit Khan).
Presentation by Ms. Tahira Abdullah (Researcher, activist & RH expert) about RHR Bill		
Remarks by Ms. Anne Keeling (Country Representative UNFPA)		
Remarks by Mr. Abdul Basit Khan (Executive Director, NIPS)		
Question and answer session		
Lunch Break / networking	01:35	
Business Session- Second & final Round	2:40 to 5:00	Moderated by Dr. Rakhshinda Perveen (Founding Executive Director, SACHET Pakistan) Chaired by Ms. Khawar Mumtaz (Chair NCSW)
Experts' view & Way forward -RH/SRHR issues to be taken up by PRHN		
Mr. Qadeer Baig (Country Director, RWPF)		
Dr. Yasmin Zaidi, PhD(Gender Expert)		
Remarks by Dr. Shafquat sheikh (DG Ministry of National Health Regulation)		
Feedback on the activity	5:10	
Vote of thanks by National Secretariat	5:20	
Refreshment and Departure	5:30	

## Business Session (First Round)

### Proceedings

After presenting arrival Tea and registration of guests, a formal round of introduction session held, this session was moderated by Dr. Rakhshinda Parveen, Founding Executive Director SACHET Pakistan.

Dr. Tufail Mohammad Focal person Peshawar chapter and Board of Director of Strengthening Participatory Organization (SPO) formally chaired the session.



### SACHET-Pakistan, National Secretariat PRHN

Dr. Tufail Mohammad, Chair of the session appreciated SACHET team's efforts for arrangements to convene meeting with in the available resources, he also congratulated SACHET-Pakistan for selecting National Secretariat of PRHN for the next three years period, all the participants and focal persons wished optimistically that SACHET team would sincere contribute to strengthen the effectiveness of PRHN and will rejuvenate the courage of all PRHN chapters to achieve the Vision of the Network“ Sexual and Reproductive health and rights ensured for all in Pakistan” .

Then, he initiated the second round formal session according to agenda items.

### Formal Adoption of PRHN-Gilgit-Baltistan Chapter

A formal process for the adoption of PRHN chapter Gilgit-Baltistan was initiated in April-May 2014, by PRHN Islamabad Chapter, the step was taken on the basis of prevailing situation related RH/RSHR, advocacy, and service delivery. A group of individual and member of PRHN Chapter Islamabad hailing from Gilgit-Baltistan with experience and exposure of



working with SACHET-Pakistan carried out meetings with actors and volunteers in Gilgit and floated the idea to stretch-out the network to area. Meetings with Organizations, currently started interventions on Reproductive health focusing on youth and adolescents were held and a comprehensive briefing session was carried out to orient on network, the policy document was shared and discussed and oriented the potential members of the area on membership policy.

- 5 individual members previously affiliated with PRHN chapter Islamabad submitted the request to create PRHN chapter for Gilgit-Baltistan.
- Focal person GB chapter briefed the forum regarding the chapter members, shared names and brief profiles of GB chapter members.
- Open discussion and question answer session was held regarding the creation of GB chapter, focal person of GB answered the questions of forum, after a discussion and briefings chair of meeting in consultation with members endorsed the adoption of GB chapter by raising hands in favor of creation of new chapter.

### Outcome

- Official endorsement and granted approval of establishment of PRHN chapter Gilgit-Baltistan.

### Individuals/ founding members of PRHN-GB Chapter

- 1) Mr. Khalid Nadeem (Focal Person GB-Chapter)
- 2) Mr. Karim Ullah Khan
- 3) Mr. Shakir Ullah Baig
- 4) Ms. Dur-e-Yasmeen
- 5) Ms. Yasmeen Karim
- 6) Mr. Mushtaq Hussain
- 7) Mr. Karim Ullah Baig



## Presentations of PRHN chapters on activities, Updates, plans challenges and issues

PRHN Chapters & Focal Persons	Activities/discussions/achievements	Plans/Recommendation/Suggestions
<p><b>PRHN Lahore chapter</b></p> <p><b>Ms. Samina Ejaz</b></p>	<ul style="list-style-type: none"> <li>• Activated Local chapter, registered individual members for PRHN chapter</li> <li>• Revised Policy, Procedure guidelines were revisited and approved.</li> <li>• Carried out research study in the villages of South Punjab on RH issues and challenges by SMFS. Study outcomes revealed the urgent need to develop linkages for safe deliveries with MSS if present in the area.</li> <li>• Organized Candle Light Memorial Services for gypsies in Shahdra, HFO &amp; SMFS joined hands for the event.</li> <li>• Involved local chapter members in Information dissemination, engaged members for awareness raising campaigns on reproductive health.</li> <li>• RH material displayed at PRHN Focal Points.</li> <li>• PRHN members voluntarily delivered Session on RH Right and issues.</li> </ul>	<ul style="list-style-type: none"> <li>• Be a resource to the integration of various groups.</li> <li>• Strengthen the working of PRHN members.</li> <li>• Urdu version of ICDP+15 is needed for an orientation to the community workers.</li> <li>• Facilitate learning of members through sharing of experiences.</li> <li>• Help pool resources to undertake activities of common concerns.</li> <li>• Establish regional and international linkages.</li> <li>• Identify barriers through joint action research and sharing with other networks</li> </ul>
<p><b>PRHN Karachi Chapter-</b></p> <p><b>Aahung</b></p> <p><b>Mr. Suhail Dossa</b></p>	<ul style="list-style-type: none"> <li>• Held Coordination meetings with civil society organizations, Government department, health services providers, Dow University of Health Sciences</li> <li>• Designed, introduces and developed life skill based curriculum</li> <li>• Trained 172 teachers &amp; 199 students on life skills based education, 1295 stakeholders sensitized on the LSBE</li> <li>• Capacity building of medical practitioners, Civil society organizations, faculty, master trainers, teachers social workers and nurses on Adolescent sexual &amp; reproductive rights, sexual and reproductive health management, sexual rights and child abuse.</li> <li>• Outreach and areas covered in all Pakistan, including Punjab, Sindh, Baluchistan, KPK and Gilgit-Baltistan</li> </ul>	<p>Effective use of social media to take forward the activities of PRHN to the larger audience.</p>

<p><b>PRHN- Multan Chapter</b></p> <p><b>Mr. Zahid Zahoor</b></p>	<p>Total members = 13</p> <p><b>Member Organizations PRHN = 10</b> Roshni organization, Mamoona development Foundation, Pakistan Girls Guide Association, Aghaz development Organization, Rifa-e-Ama Society, Saiban Development Foundation, Shelter organization, Al-Nisa development Organization, Ujala Foundation, Youth Group,</p> <p><b>Member Individuals Of PRHN = 03</b> Mrs. Lubna Akhter, Dr. Muhammad Masood, Mrs. Fozia Tabasum</p> <p><b>Achievements</b></p> <ul style="list-style-type: none"> <li>• 185 participants (LHVs, nurses &amp; doctors) attended awareness session at Nishtar hospital, session was facilitated by Prof. Dr. Huma Qadoosi and Prof. Dr. Sami Akhter Principal Nishtar Medical College Multan</li> <li>• 48 LHWs attended Awareness session from 53 union councils, session was facilitated by Dr. Masood</li> <li>• Condolence session (Murder of Rashid Rehman) was held, 40 women from different walk of life and 16 PRHN members participated.</li> </ul>	<p><b>Plans</b></p> <ul style="list-style-type: none"> <li>• 6 Community Sessions on Early Marriages.</li> <li>• Session with LHWs</li> <li>• Planned activities of PRHN</li> </ul>
<p><b>PRHN- Islamabad Chapter</b></p> <p><b>Mr. jamil Asghar Bhatti</b></p>	<ul style="list-style-type: none"> <li>• Focal organization -SACHET Pakistan 2007 – 2013</li> <li>• Focal organization –LOK Parya since Jan 2014</li> <li>• 24 Organizations are members (local and national NGOs and Education Institutions)</li> <li>• 32 individuals members working at INGOs as well as in public sector</li> <li>• Monthly meetings of PRHN Islamabad Chapter have been conducted till July 2009.</li> <li>• August 2009 onwards- Quarterly Meetings</li> </ul> <p><b>Lok Parya – Newly inducted Focal Organization - PRHN Islamabad Chapter</b></p> <ul style="list-style-type: none"> <li>• Elected Focal organization –on Jan 10, 2014.. Endorsed for Islamabad secretariat, by raising their hands</li> <li>• National Organization working since 1989, registered in 1991</li> </ul>	<p><b>Challenges</b></p> <ul style="list-style-type: none"> <li>• Lack of volunteerism, time and financial resources</li> <li>• IEC and BCC on RH</li> <li>• Capacity Building of PRHN members on RH</li> <li>• Active Membership</li> </ul> <p><b>Plans</b></p> <ul style="list-style-type: none"> <li>• New membership</li> <li>• Redesigning the membership criteria and rules for increase active membership</li> </ul> <p><b>Way forward</b></p> <ul style="list-style-type: none"> <li>• Policy Dialogues on RH &amp; RR</li> <li>• Collaboration with National Secretariat in Advocacy, orientation and lobbying with legislators</li> <li>• RH awareness sessions with University students</li> </ul>

	<ul style="list-style-type: none"> <li>Center for Action Research, Advocacy and Capacity Building</li> <li>Working in the field of Health, RH, Environment, Human Rights, DRR and community infrastructure</li> <li>Head office at Islamabad, with project offices</li> </ul> <p><b>Activities carried out by PRHN-Islamabad Chapter</b></p> <ul style="list-style-type: none"> <li>Total chapter meetings conducted: 05</li> <li>Conducted Interactive Seminar on Reproductive Health and Dowry Violence</li> </ul>	
<b>PRHN – Peshawar chapter, Dr. Tufail Muhammad</b>	<ul style="list-style-type: none"> <li>Held Seminars and meetings from chapter members and stakeholders</li> <li>Keeping Low profile PRHN-Peshawar chapter due to volatile security situation</li> <li>1.2 million Internal displaced people residing in Peshawar-KPK</li> <li>205 Million afghan IDPS living in Peshawar-KPK</li> <li>2200 IDPs recently migrated from Waziristan</li> </ul>	<p><b>Challenges</b></p> <ul style="list-style-type: none"> <li>Security situation, law and order situation, threats to social activists</li> <li>Need to be devised strategy to carryout tasks in volatile security situation</li> <li>Level of commitment by Government to address issues related to reproductive Health</li> </ul>
<b>PRHN- Haripur Chapter Mr. Adeel Ahmed</b>	<ul style="list-style-type: none"> <li>Mother &amp; child Health program in Haripur District, program run by NGOs/INGOs, addressing issues related to adolescents, women, children and jail inmates, sensitization and awareness on related issues</li> <li>Rural areas need to be focused in order to address reproductive health related issues,</li> </ul>	<ul style="list-style-type: none"> <li>Challenges in rural areas to implement Reproductive health programs</li> <li>Loans should be given to PLWHs, conditional grants linking to MNCH program and reproductive health</li> </ul>
<b>PRHN- Hyderabad Chapter Ms. Rubina Chandio</b>	<ul style="list-style-type: none"> <li>2 Meetings with PRHN members and organizations held, reconnected members with PRHN</li> <li>Individual members drive campaigns to expand membership of PRHN</li> <li>PRHN membership approached to 7 Districts with intention to develop alliance of change makers</li> <li>Develop registration format and data base</li> <li>Celebrated National woman Day</li> <li>Develop master trainers on “ Mehfooz Zindagi” aiming to address Reproductive Health related issues</li> </ul>	<ul style="list-style-type: none"> <li>Devise and Improve communication methodology of network</li> <li>Macro level/policy level initiatives are needed to mainstream the RH related matters,</li> <li>Mind set of communities and stakeholders related to RH</li> <li>Time constraints for voluntarily work, needed policy and mechanism to attract volunteers for PRHN platform</li> <li>MoU will be signed with services providing organizations for safe</li> </ul>

		<p>abortions</p> <ul style="list-style-type: none"> <li>Services and competencies of Aahung and Shirkat Gah can be utilized RH advocacy, awareness and services</li> </ul>
<p><b>PRHN-Kasur Chapter</b></p> <p><b>Mr. Safdar Ali</b></p>	<ul style="list-style-type: none"> <li>20 PRHN members including 12 females and 8 males.</li> <li>Conducted PRHN meetings on monthly basis, attended meetings by chapter members and organization</li> <li>Conducted health awareness sessions, 30 females attended sessions on Reproductive health &amp; rights.</li> <li>Mother &amp; Child week celebrated</li> <li>PRHN-Kasur chapter acquired membership of family Planning Network</li> <li>Coordination meetings with Health Department Kasur</li> </ul>	<p><b>Challenges</b></p> <ul style="list-style-type: none"> <li>Financial resources</li> <li>IEC Material advocacy and Awareness on RH</li> <li>Networking</li> </ul> <p><b>Suggestions</b></p> <ul style="list-style-type: none"> <li>Capacity building initiatives for PRHN members on networking, advocacy and awareness on RH Issues</li> </ul> <p><b>Plans</b></p> <ul style="list-style-type: none"> <li>Network sustainability, increase membership at organization and individual level</li> <li>Seminars and workshops for PRHN Chapter members.</li> <li>Advocacy campaigns for promotion of + RH health rights</li> <li>Develop advocacy material on RH for adolescents</li> </ul>
<p><b>PRHN-Chapter Vehari</b></p> <p><b>Ms. Saima Batool</b></p>	<ul style="list-style-type: none"> <li>14 PRHN members, including 7 organization and 7 individual members</li> <li>Held Meeting with Population welfare department of Vehari, oriented officials on PRHN objectives and activities.</li> <li>Organized sessions on Sexual health rights and issues,</li> <li>Arranged youth sessions, discussed and sensitized participants on environmental and ASRH related issues</li> <li>Focus group Discussions (FGDs) held on earl marriages</li> </ul>	
<p><b>PRHN-National Secretariat (NS), SACHET-Pakistan</b></p> <p><b>Mr. Amin Muhammad/ Dr. Rakhshinda</b></p>	<ul style="list-style-type: none"> <li>Communication and follow-ups are on the move with Shirkat Gah for formal handing and taking of documents, data and related matters with PRHN</li> <li>No any formal meeting is held with Shirkat Gah for data transferring to NS-Secretariat Islamabad</li> </ul> <p><b>Items received for Shirkat Gah</b></p> <ul style="list-style-type: none"> <li>PRHN Google group password</li> </ul>	<ul style="list-style-type: none"> <li>PRHN official website re-opened, paid dues for website</li> <li>Website need to be updated by uploading data, advocacy material, researches and findings on Reproductive Health rights</li> <li>PRHN website need to be linked up with SACHET, Sahil, Aahung, Rozan, Shirkat Gah and other</li> </ul>

<p><b>Parveen</b></p>	<ul style="list-style-type: none"> <li>List of focal persons of PRHN chapters</li> <li>Minutes of meetings including NGW meeting</li> </ul> <p><b>Items not-received</b></p> <ul style="list-style-type: none"> <li>PRHN website management password</li> <li>Audit report</li> <li>Membership status of PRHN members</li> <li>List on national and International Contacts</li> </ul> <p><b>A CD containing folders received from Shirkat Gah on April 18 2014</b></p> <ul style="list-style-type: none"> <li>PRHN Email addresses</li> <li>PRHN Group SWOT</li> <li>PRHN Members List updated 2013</li> <li>New updated PRHN Database</li> <li>NWG</li> <li>Major Activities</li> <li>PRHN Membership form</li> <li>PRHN List serve guidelines</li> <li>One hard copy of policy procedures guidelines of PRHN (English)</li> <li>One hard copy of policy procedures guidelines (URDU)</li> <li>PRHN pamphlet (URDU)</li> <li>PRHN pamphlet (English)</li> <li>The password and guidelines of managing PRHN website is still outstanding</li> <li>Website annual hosting charges of www.prhn.com have been paid through contribution from Chapters</li> </ul>	<p>Civil society organizations, advocacy and IEC martial, researches and policy statements related to RH could be accessed by PRHN chapters members.</p> <ul style="list-style-type: none"> <li>Agreed that a committee should be formed to negotiate and settle down the issue related to transfer of data from Shirkat Gah, Aahung will facilitated the process to complete the handing taken process</li> <li>NS will draft a letter to Shirkat Gah, AAhung will take lead role to facilitate the process of data transferring including website management password.</li> </ul>
<p><b>PRHN- Chapter Naushero Feroz</b></p> <p><b>Mr. Kanwal Sindhi</b></p>	<ul style="list-style-type: none"> <li>8- 10 CBOs in the chapter, however, meetings do not take place due to communication problems.</li> <li>He was also pleased with the work being done by the secretariat, because all their materials are now printed in Urdu as well, but suggested Sindhi translations also to further facilitate dissemination.</li> <li>Lack of resources are main hindrances in coordination among members in Sindh</li> </ul>	<ul style="list-style-type: none"> <li>In Sindh many-folded issues erupted, in terms of drought, flooding,</li> <li>A strategy needs to be developed for ensuring participation and coordination between chapter members and stakeholders</li> <li>Suggested a comprehensive medial policy at PRHN level, engage local media for sensitization and advocacy, he commended the formation of media taskforce committee for policy formulation</li> </ul>

## **Formulation of tasks force for Media and fund Raising**

---

It was unanimously decided that the committee will devise strategy to generate identify funding sources, the recommended committee will also chalk out Terms of Reference (ToRs) in order to make the PRHN an effective and resourceful platform for advocacy and lobbying to promote Sexual and reproductive Health rights according to PRHN objectives and strategies. These tasks force will submit recommendations and findings with national working group for finalization; senior PRHN members will assist NS on voluntarily basis in identification of funding sources/potential donors, proposal development, IEC material development, establishment of coordination mechanism, capacity building of individuals and organization members. The following names for Task force finalized with mutual consensus.

### **A. Proposed name for strategy development for fund raising**

- 1) PRHN National Secretariat, SACHET-Pakistan
- 2) Dr. Yasmin Zaidi, Founding member PRHN
- 3) Dr. Tufail Muhammad, PRHN-Peshawar Chapter
- 4) Mr. Kanwal Sindhi, PRHN Nowshero Feroz Chapter

### **B. Proposed name for tasks force on Media, Networking & Communications strategy development**

- 1) Mr. Kanwal Sindhi (Nausharoferoze)
- 2) SACHET-Pakistan (Islamabad)
- 3) Rozan (Islamabad)
- 4) Sahil (Islamabad)
- 5) Aahung (Karachi)

## **Agreed points and actions taken**

---

- Strengthening of internal communication, linkages and networking among PRHN-chapters members
- Sharing of information on Reproductive health Rights among PRHN Chapters
- Focus on sexual and Reproductive health issues and services
- Develop and strengthen linkages with Government, INGOs and engage National program for primary health care & family planning, NIPS, FPAP and MNCH Program
- PRHN member organizations can contribute PKR 15,000/- annually towards sustainability of PRHN.
- Individual members either on their own or their institutions will work on capacity building of PRHN members through sharing experiences or training opportunities.

## Business Session (Second Round)

### Interactive Technical Session with Multilevel Stakeholders

The Session was jointly chaired by Ms. Anne Keeling, country representative UNFPA, Mr. Abdul Basit Khan, Executive Director NIPS and Prof. Dr. Khalida Waheed, gynecologist and member BoD SACHET Pakistan.



### Presentation by Ms. Tahira Abdullah, RHR Bill

Ms. Abdullah, Researcher, activist and Reproductive Health and human rights activist started her presentation with requesting all the participants to observe 30 seconds of silence to express solidarity with departed soul of Ms. Farzana Bibi who was brutally killed while she was eight months pregnant.

- Ms. Tahira Abdullah, shared status of RH related Issues, challenge, constitutional Rights and Liberties, Civil Society initiatives for RH, legislations and bills, She also discussed and highlighted the status of women, rights and liberties granted by constitutional of Pakistan regarding women, children and minorities, enforcement level and policy, structure and dynamics of Pakistani Society in feministic perspective.
- A comprehensive and well-researched presentation delivered with evidences related to incidents and events of gross violation of constitutional rights & liberties and highlighted gaps in enforcement of laws, she also surfaced-out loopholes to ensure protection of women, children and minorities Rights.
- Elaborating her presentation, she believed that unique dynamics of society, having hatred feelings for women & girls (Misogynist), tribalism, jirga system, poverty, patriarchy(sm), anti women traditions, misuse of religious laws, misconception regarding Sex education and family planning are main causes and



challenges for enforcement of laws, she categorically presented the attempts of legislators in order to create laws and bring amendments in existing laws in past many years, but due to stated factors their process became halted and all efforts went futile. She condemned the promulgation of early marriage bill by national assembly, meanwhile she appreciated the efforts taken by Sindh Assembly and Civil Society organization regarding early child marriage bill.

- She stressed that there is dire need to bring changes in the mindsets; furthermore, Ms. Tahira Abdullah suggested that Government apparatus should engage civil society organization for consultation; she affirmed that at certain level CSOs are being invited to share their views on certain issues, this need to be more strengthened to a paradigm shift in society. She highlighted Farzana case and condemned the atrocious killing and sadly criticized the un-steady actions of Government.
- She discussed the shadow reports and MDGs, achievements and failure, level of commitment to attain the desired results,

#### **Salient points of Presentation by Ms. Tahira Abdullah**

- *The post-ICPD review of progress specific to Pakistan, includes gender equality, safe motherhood, ASRH Rights, safe abortion services*
- *International conferences, declarations, treaties & conventions, signed by Pakistan*
- *National level laws, Policies on ASRH; women/gender equality, Violence against Women, rape & Sexual Harassment.*
- *Socio, cultural and religious hindrances fueling, contributing towards human rights violations in Pakistan*
- *Strong activism is dire need to enact, implement and enforce the Laws, action*

### **Session with Ms. Anne Keeling, Country Representative UNFPA-Pakistan**

During her remarks Ms. Keeling mentioned that she is witnessing visible positive changes in Pakistan during last 25 years. Encouraging trends have also been observed in family planning, contraceptives, legislations, engaging Civil society in consultative processes related Health, poverty, nutrition, and rights.

She further mentioned that perception regarding family planning has been changed and acceptance to avail services for family planning has been improved, increasing trends are seen in contraceptive use. These positive trends are observed with improvements in health care indicators but there is still lot to do and for that matter Civil Society Organization should take part of consultative process on National and International level.



### **Session with Abdul Basit Khan, Executive Director NIPS**

Mr. Abdul Basit Khan shared the mandate and introduced the National Institute of Population Studies, he shared that NIPS is a premier research organization established by the Government of Pakistan in, it works under umbrella of the Ministry of National Health Services, Regulations & Coordination (NHSR&C). The NIPS has been mandated to act as a technical arm of the Government for undertaking high quality research and to produce evidence-based data, information for utilization by the Public sector and others agencies for policy formulation, strategic planning and making reference in the spheres of demography, population & development and health.

- NIPS website is updated and uploaded population and health related data, findings and researches
- Government is taking interest to address issues and concerns associated to population issues, health and Rights. .
- Civil Society organizations contributing well to bring change in society in all spheres including RH
- ICDP program of action, civil society and women rights activists actively engaged in the process.



## Business Session- Final Round

---

The final round of business session was moderated by Dr. Rakhshinda Parveen, Founding Executive Director SACHET Pakistan and chaired by Madam Khawar Mumtaz, Chair National Commission on Status of Women (NCSW).

The expert panelists included Mr. Qadeer Baig, Country Director RWPF, and Dr. Yasmin Zaidi, PhD Gender Expert.

### Session with Mr. Qadeer Baig, Country Director RWPF

Mr. Baig expressed his compliments over re-organization and reunion of PRHN chapters/members; he also appreciated the PRHN initiatives, advocacy on Sexual & reproductive health and other associated activities being carried out by PRHN members.

He further stated that the overall situation for advocacy and service delivery for ASRH is improving gradually, masses/communities started to realize RH issues in their context, but need to be more focused to address issues, once it was very difficult and predicament situation to talk about ASRH related issues in forums, threatening and challenging conditions were there in all over Pakistan, recent trends even in KPK are very convincing to work on ASRH.

He elaborated that Researchers and media are very keen and cooperating and convinced to take active part in ASRH advocacy and lobbying

He emphasized that there is a need to provide young people with necessary knowledge and life skills, for preventing social and health problems, with focus on young girls and underage marriages and PRHN can come-up with needs and areas to work on, identify issues viewing the ASRH situation in Pakistan,



### **Session with Dr. Yasmin Zaidi, Gender Expert**

Dr. Zaidi stated that appropriate information on ASRH specific issues for adolescents' girls are necessary to take proper decisions in life and well versed advocacy mechanism to sensitize masses and community level will help to get realization about Family planning, contraceptive use and SRH rights.

She emphasized that strong coordination within PRHN chapters and members and other sectors like Population welfare, health and education is needed with a purpose to accelerate Advocacy with provincial Governments to incorporate SRH element in policies that would result in equipping Provincial and District level health facilities to tackle issues of Sexual & reproductive health.

Further she mentioned that low profiling and low visibility at field level can be helpful in carry out SRH activities and service delivery in volatile security situations and areas

While talking regarding strengthening of PRHN she mentioned that there is a need of effective coordination among PRHN chapters, pool and share expertise, necessary for desired results and outcomes.

She urged the representatives of PRHN chapters to identify areas and issues at District or chapter level for setting priorities, identify source of funding for activities at chapter level through coordination with National Secretariat.

She requested PRHN members to voluntarily contribute/spare time and render services in proposal development and identification of funding sources.



## Closing Session

Closing session was also chaired by Madam Khawar Mumtaz, Chair National Commission on Status of Women (NCSW)

Ms. Mumtaz commended the work of network and appreciated SACHET for organizing the meeting, she focused and stressed on setting priorities at District and Chapter level, she suggested that PRHN chapters should come-up with the genuine needs and issues of ASRH at Chapter level therefore each chapters/PRHN members are required to develop strong coordination within chapters and other stakeholders, pool expertise, share and disseminate information and advocacy material among chapters. She supported the idea of formation of task force committees to develop and design strategies for funding, development of proposals, communication and media policy. She emphasized on the integration and holistic approach in all spheres of PRHN activities.



### **Remarks by Dr. Shafqat Javaid Shaikh, Director General Ministry of National Health Services Regulation and Coordination**

Dr. Shaikh discussed and shared about devolution plans, introduced by Government of Pakistan, according to this plan powers are delegated to provinces for implementation of Health related matters.

- At government level a comprehensive data sharing mechanism is in-place, providing data and relevant information to provinces for policy making.
- Funds are being transferred to provinces for implementation of projects and programs
- Province in collaboration with Civil Society organization can be addressed un-met needs related to Sexual & Reproductive Health Rights and family planning,
- Misconception, cultural & political barriers can be removed through strong lobbying and advocacy.
- Consolidated efforts by Media, CSOs, networks and Government organs can bring positive changes in society, help to achieve desired results.
- Male involvement and introducing Peer education, advocacy using media as a catalyst can be effective in shaping, re-shaping behavioral patterns and practices to bring improvements in health matters.



Dr Shaikh expressed that PRHN network could be the best forum to forward recommendations to Government for legislations, take actions and enforce policies, advocacy and provision of services for sexual & reproductive health rights.

Chair of the Session closed the meeting, Dr. Rakhshinda Parveen on the behalf of SACHET-Pakistan and National Secretariat PRHN expressed thanks to guest speakers, focal persons, representative of organizations and PRHN members for their keen participation and a productive meeting, Presented souvenirs to guest speakers, Panelists sand refreshment was served after a Photo Session



## Outcomes of the meeting / workshop

- Formation of tasks force for development of Fund raising and Media strategy, task force will chalk out Terms of reference (ToRs) and would forward recommendation regarding the source of funding, proposal development and media and communication strategy.
- Formal adoption and approval of PRHN Gilgit-Baltistan chapter.
- Updated NWG on PRHN Chapters activities, challenges, and issues, shared future plans, discussed chapter level implementation plan of proposed activities, decided that PRHN chapters will identify funding sources in close; National secretariat in consultation with PRHN chapters will provide technical feedback to chapters on funding sources.
- Engaged stakeholders-UNFPA, Ministry of national Health Regulations, RWPF, National Commission on status of Women and National Institute of population studies in consultative process for making PRHN as resourceful platform for policy making, advocacy and service delivery for Sexual and Reproductive health rights in Pakistan.
- informative presentations by Human rights, Gender and Reproductive Health right experts on current situation, policies, overview on legislations on human rights and reproductive health rights in the context of constitutional rights and liberties, discussed factors affecting to achieve desired results of MDGs implementation and enforcements of national and International treaties,
- Setting of priorities:
  - Strong coordination with stakeholders and PRHN chapters for sharing of expertise on Sexual & Reproductive Health and rights
  - Identification of thematic areas viewing mandate and vision of PRHN, chapter at district level may carried out needs identification exercises, pooling of expertise can be helpful in this regard.



## Pakistan Reproductive Health Network (PRHN)

### *Needs not Numbers*

#### **Strategic directions for next 3 years**

A meeting of the National Working Group (NWG) was organized by the National secretariat SACHET Pakistan on June 5, 2014.

It has been decided that PRHN would contribute towards the cause of SRHR with a renewed focus on Family Planning with culturally compatible, socially acceptable, technically feasible and inclusive approaches through:

#### **1. Advocacy:**

##### **Advocacy means bringing together and making a meaningful noise**

PRHN's forte should remain advocacy. PRHN would focus on advocating the SRHR through political and social advocacy. All PRHN chapters would work closely with relevant stakeholders to formalize the RHR bill in their respective provinces, G-B & ICT.

- PRHN would further enhance strategic collaboration with important and effective networks like IHI, EVAWG, and PAPAC.
- PRHN would also work with the relevant stakeholders in the Government particularly health, population and youth departments/ministries.
- PRHN's National secretariat would engage more actively with the National commission on the Status of women (NCSW) to visibly enhance the nexus of rights of women and RHR.

#### **2. Financial sustainability**

Fund raising task force has been setup. It is hoped that sufficient funds would remain available to run the basic operations of the PRHN with cost minimalist approach. The National secretariat would initiate Associate Membership with an annual fee (50,000PKR) for INGOs and donor groups (100,000PKR) that are committed to the similar causes. Regular audit reports would be generated to maintain the transparency.

#### **3. Communication & Media**

## **Seeing is believing**

A calculated risk free presence on social media and periodic engagements with traditional media would be a part of PRHN's activities.

- Website would be maintained by the National secretariat.
- Any interested and expert member organization e.g Aahung can take the lead in designing, initiating and maintaining twitter account and face book page. The links would appear on the website of PRHN.
- A media task force has been set up. It is expected that it will work for image enhancing of PRHN and highlighting relevant issues in the traditional media.

### **4. Capacity Building of PRHN Chapters**

Members (organizations and individuals) themselves are a rich resource. They should be able to invite relevant members/organizations in their respective training programs.

The National Secretariat would be (as it is already doing it) sharing information about international training/fellowship opportunities.

It is requested that influential members also share relevant opportunities with the forum.

## Financial Summary (PRHN Workshop expenses)

---

Sr No	Expense head	Total Cost Rs.	Financial Contribution
1	Travel and transportation for PRHN focal person (air fare, by road, local travel etc)	200,000	UNFPA
2	Accommodation Charges for PRHN invitees (outstation participants, 1 or 2 nights stay)	100,000	UNFPA, SPO
3	Food Charges for workshop participants, PRHN Focal persons	100,000	UNFPA, SPO
4	Multimedia and sound charges	20,000	SACHET
5	backup generator charges	20,000	SACHET
6	Communication Charges	30,000	SACHET
7	Workshop facilitation charges (pre and post event coordination, event management support staff, venue, report etc)	200,000	UNFPA, SACHET
8	Workshop stationery charges	25,000	UNFPA, SACHET
9	Workshop Backdrop and banner printing charges	20,000	UNFPA, SACHET
	<b>Grand Total</b>	<b>715,000</b>	

## **Annex 1**

---

### **Goal of the meeting cum workshop**

### **Sustained Capacity of PRHN for advancement of SRHR agenda in public policy with global perspectives**

#### **Objectives of the meeting cum workshop**

1. To exchange information about achievements, challenges and opportunities of each PRH chapter in connection with the promotion of awareness and sensitivity about Sexual and Reproductive Health (SRH) rights, information, education and services
2. To formally endorse and adopt G-B chapter of PRHN.
3. To determine SRHR advocacy priorities and chalk out a plan of action.
4. To formulate fund raising task advocacy steering committee
5. To ensure funds for regular meetings of PRHN and public policy advocacy of agreed RH/SRHR issues.
6. To provide a forum for learning new skills and networking.

To achieve these objectives a consultative process was initiated by the NS (SACHET) of PRHN through emails and telephonic conversations. All chapters were requested to propose the agenda items and a document was circulated. Based on the responses received an agenda was developed by the NS and the draft was again shared with all the focal persons.

#### **Expected outcomes**

1. Presentations by all chapters including the NS as per the agreed format.
2. Formulation of the fund raising task force
3. Formulation of the steering committee for advancing the agreed RH/SRHR issues at the policy level.
4. Formal adoption of the G-B chapter of PRHN.
5. Participation of important stakeholders like public representatives, Population Council, UN agencies etc. to contribute towards collective learning and actions.
6. Setting of priorities for a work plan/way forward.

## Annex 2

### List of Participants (PRHN NWG, June 5 2014)

Sr#	Name	Designation & Organization	Contact Number	Email Address
1	Ms. Khawar Mumtaz	Chair, NCSW	051-9209885 / 0300-8475052	khawarmumtaz@gmail.com
2	Ms. Ann Keeling	Country Representative UNFPA	051-8355742	keeling@unfpa.org
3	Mr. Abdul Basit Khan	Executive Director NIPS	051-9262753	abdulbasitkhan79@yahoo.com
4	Dr. Rakhshinda Perveen	Executive Director, SACHET Pakistan	0333-5895541	Ed.sachet@gmail.com
5	Ms. Tahira Abdullah	Development Expert & Mentor	0321-8545171	tabdullah501@hotmail.com
6	Mr. Qadeer Baig	Country Director, RWPF	051-2110539	qadeer.baig@rutgerswpfpak.org
7	Dr. Yasmin Zaidi	Gender Expert	0300-5001769	Yzaidi55@yahoo.com
8	Prof. Dr. Khalida Waheed	Gynecologist, Member BoD SACHET Pakistan	0300-9548139	drkw@hotmail.com
9	Stenly Hely Sajow	UNFPA	051-8355752	sajow@unfpa.org
10	Dr. Shafqat Javaid Sheikh	Director General Ministry of National Health Services, Regulation	051-9216280	shafqat.sheikh@yahoo.com
	Mr. Safdar Ali	PRHN Chapter: Kasur	0321-6591130	ittehad_pak@yahoo.com
12	Dr. Tufail Muhammad	SPO, PRHN Chapter Peshawar	03149001069	tufailm@brain.net.pk
13	Mr. Sohail Dossa	PRHN Chapter: Karachi	021-35821654 / 0321-3779077	sohail.dossa@aahung.org
14	Mr. Kanwal Sindhi	PRHN Chapter: Nausharoferoze	0333-3188971	kanwalsindhi@yahoo.com
15	Ms. Samina Ejaz	PRHN Chapter: Lahore	0423-5857148 / 0321-4073838	samina.ejaz@hotmail.com
16	Mr. Adeel Ahmed	PRHN Chapter: Haripur	0344-9428848	adeel@hdopk.org

17	Ms. Robina Chandio	PRHN Chapter: Hyderabad	0301-3292893	pirbhat@yahoo.com
18	Mr. Zahid Zahoor	PRHN Chapter: Multan	0334-7037073	roshniorg@gmail.com
19	Ms. Saima Batool	PRHN Chapter: Vehari	0333-6294829	sdoburewala@yahoo.com
20	Khalid Nadeem	PRHN Chapter: Gilgit Baltistan	0300-5282983	nadeemhunzai@gmail.com
21	Mr. Jamil Asghar Bhatti	PRHN Chapter: Islamabad	0300-8562524	jamilasghar@yahoo.com
22	Dr. Ghulam Asghar Abbasi	Planning Commission	0301-5147783	asghar42@hotmail.com
23	Dr. Shabir	IPAS	0304-2225681	shabirg@ipas.org
24	Ms. Arifa Mazhar		0300-5559787	arifamzh@yahoo.com
25	Mr. Qamar-ul-Islam Siddique	Program Manager, WRAP	0333-5559585	Qis95@yahoo.com
26	Mr. Muhammad Dawood Khan	Chairman, NDSP	0345-8881983	chairman@ndsp.org.pk
27	Ms. Arifa Shamsa			arifa_shamsa@yahoo.com
28	Ms. Naheed Aziz		0300-5002244	Naheed79@hotmail.com
29	Mr. Tariq Ghouri	PODA	031-4479409	Tariqghouri21@yahoo.com
30	Syed Waheed-ul-Hasan	Population Welfare Department, KPK	0333-9887383	
31	Raja M. Ali	Planning Commission	0333-2375121	Rajresh12@yahoo.com
32	Ms. Sumera Javeed	HANDS Islamabad	0300-5675886	sumerajaveed@hands.org.pk
33	Mr. Naveed Sultan	Sahil	051-2260636	poc@sahil.org
34	Ms. Roohi Ghani	Rozan	051-2890505-7	yhl@rozan.org
35	Ms. Sara Muhammad Abbass	American Refugee Committee	03325559969	sara@arcpakistan.org
36	Mr. Amin Muhammad	General Manager, SACHET Pakistan	051-2254933	amin@sachet.org.pk